FEBRUARY - 1940 TEN CENTS



Beginning & Theilling 1910 Novel .: THE DOCTOR'S PARTY ... E. Mary Princes Don

## "I was wrong-dead wrong-to think that 'Pink Tooth Brush' couldn't happen to me!"

Protect your smile! Help your dentist keep your gums firm, your teeth brighter, with IPANA AND MASSAGE!



IPANA TOOTH PASTE

YES, I certainly was wrong. There must be loads of complacent people like me! People who go along blithely brushing their teeth—paying no attention to their gums—thinking that 'pink tooth brush' is the one warning that is reserved for somebody else.

"Well, now I know better! That tinge of 'pink' on my tooth brush may only be a warning that my gums have grown soft and tender—but it's a warning all the same. And I'm not going to ignore it.

"That tinge of 'pink' on my tooth brush is my cue to do one thing and do it promptly see my dentist!"

Your own dentist will most likely tell you that "pink tooth brush" is far too common today because most of our food is soft . . . creamy . . . fiberless. As a result, our gums often become flabby and tender. They need more hard chewing, more work. That's why so many modern dentists suggest "the healthful stimulation of Ipana and massage."

#### Ipana and Massage is a Double Dental Aid

Why Ipana with massage? Because Ipana, when used with massage, is especially designed to aid the gums as well as clean the teeth. Massage a little extra Ipana Tooth Paste into your gums every time you brush your teeth. You feel a pleasant "tang" . . . exclusive with Ipana and massage. It's a sign that gum circulation is awakening . . . that gums are tending to grow stronger, healthier.

Get a tube of economical Ipana at your druggist's today. Give yourself the advantage of Ipana and massage . . . help yourself have firmer gums, more sparkling teeth, a lovelier smile!



#### Refreshing touches make a house a home

Everybody welcomes those things that brighten a home, that make it a pleasant place to be and to see. Flowers, pleasantly arranged, add to the spirit of living. So does ice-cold "Coca-Cola." It's one of the pleasant

things of life that belongs in every home. The life and sparkle of ice-cold "Coca-Cola" add life and sparkle to any occasion. Pure, wholesome, delicious,—"Coca-Cola" fills a unique place in the scheme of refreshing things.



Roses and Bouvardia,—one of a series of flower arrangements illustrated and diagramed in the book offered below.



The Six-Bottle Carton

Get this beautiful book

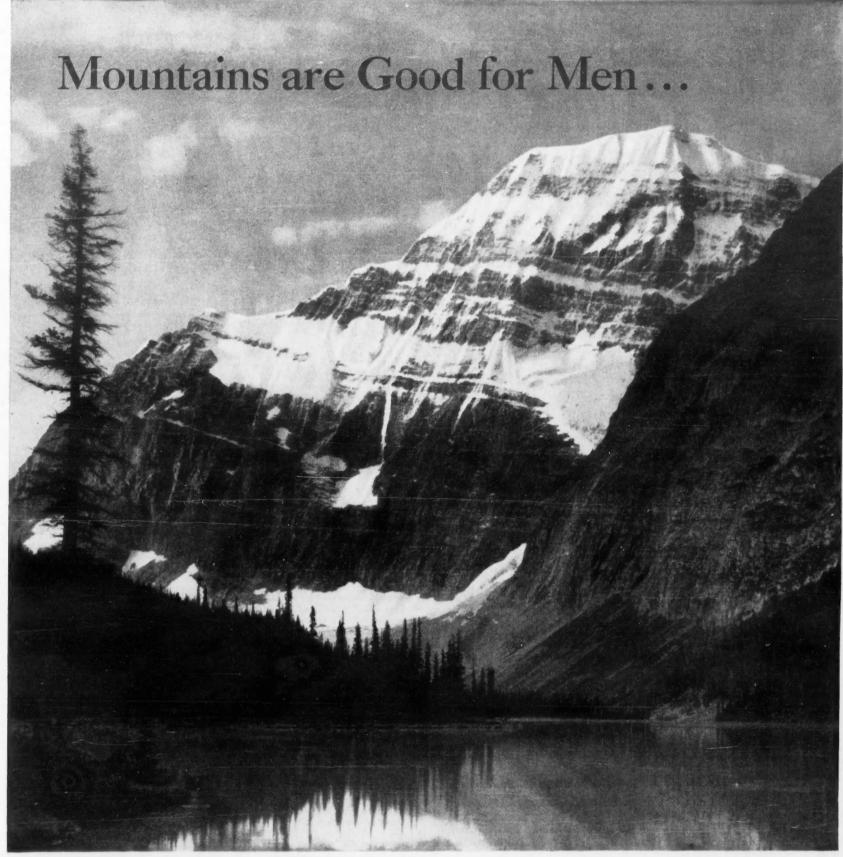


• "Flower Arranging" by Laura Lee Burroughs contains 48 exquisite colour reproductions of flower arrangements and many practical suggestions on this rapidly growing and fascinating art. Send your name and address, clearly printed, enclosing ten cents (coin or stamps) to cover cost of handling and mailing, to The Coca-Cola Company of Canada, Limited, Toronto, Ont., Dept. D.



Always serve "Coca-Cola" ice-cold. That means to pre-cool the bottles in your refrigerator. Then use ice to keep them cold. There are many attractive ways to do this. And remember, there is a very convenient way to get "Coca-Cola,"—in the handy six-bottle carton, from your dealer.

THE COCA-COLA COMPANY OF CANADA, LIMITED



MOUNT EDITH CAVELL . JASPER NATIONAL PARK, ALBERTA . ONE OF CANADA'S MOST BEAUTIFUL MOUNTAINS

IT TAKES TOIL AND EFFORT to reach the mountain top. You must *keep climbing*. You cannot stand still.

This is just as true of the man-made "mountains" of care and responsibilities that loom up in everyone's life. You cannot avoid them. But you can determine for yourself how you meet them.

Not to shirk the "mountains" in our lives, but to accept their challenge with spirit gives men the power to strive after great things.

#### Get the MOST OUT OF LIFE by Giving the MOST TO LIFE

A life of strenuous endeavor is what makes vital, enterprising men and women. But to be ready for every opportunity we need to stay well—optimistic. Tired, nervous bodies can turn us into pessimists, full of gloomy forebodings.

#### Live More Fully, Be Happier THIS WAY

Many today are discovering a way to help the dragged-out feeling that can hold you back from busy, happy living.

Twice each day they add a tonic food supplement to their diet. This food supplement is Fleischmann's

High-Vitamin Yeast, rich in the vitamins A, B<sub>1</sub>, D and G you must have to feel vigorous and well. Vitamins in this *fresh* yeast can give more effective help because the yeast stimulates digestion, helps you assimilate the vitamins better.

Start now to eat two Fleischmann's Yeast cakes daily, one cake ½ hour before any two meals. See if you don't soon notice a difference—in what you can accomplish, in how you feel. See if the "mountains" you have to meet are not easier to conquer!

FREE BOOKLET "Getting More from Life" will bring you a sheaf of thoughts to remember. Write to—Fleischmann's Yeast, Dominion Square Building, Montreal, Que.

MADE IN CANADA

#### THEIR GREATEST ENEMY-THE



nately, too, no one has as yet discovered a

Certainly Listerine Antiseptic should not be so considered. Yet tests made during eight years of clinical research convinced us that this safe antiseptic often has a marked preventive effect.

These tests revealed over and over again that those who gargled Listerine Antiseptic twice daily had fewer colds, milder colds, and colds of shorter duration than those who did not use it.

#### Kills Associated Germs

The reason for this success, we believe, must be that Listerine Antiseptic kills vast numbers of germs on mouth and throat surfaces . . . the so-called secondary invaders that many authorities say are largely responsible for the distressing manifestations of a cold. Listerine Antiseptic kills millions of these germs before they can invade the delicate membrane and aggravate infection.

#### Reduced Germs up to 96.7% by Test

After the Listerine Antiseptic gargle, actual tests showed bacterial reductions on mouth and throat surfaces ranging to 96.7% even 15 minutes after gargling . . . up to





#### NOTE HOW LISTERINE REDUCED GERMS

The two drawings above illustrate height of range in germ reductions on mouth and throat surfaces in test cases before and after gargling Listerine Antiseptic. Fifteen minutes after gargling, germ reductions up to 96.7% were noted; and even one hour after, germs were still reduced as much as 80%.

#### TAKE CARE OF A COLD

- 1. Go to bedatonce and take a mild laxative, and con-sult your doctor.
- 2. Drink plenty of cold water and plenty of fruit juices, and eat
- 3. If your nose is stopped up, use a salt water nasal douche if your doctor advises it, and gergle with full strength Listerine every 3 hours.
- 4. At night, a hot drink, such as hot lemonade, will help you to perspire. Keep well covered with blankets.
- **5.** Don't blow your nose too hard. This may spread infection to other parts of the head or to the ears.
- 6. Always cough or sneeze into a cloth or paper napkin that can be burned.

80% an hour after the gargle.

Isn't it sensible then, to use Listerine Antiseptic promptly and often to help head off a sore throat and keep a cold from becoming troublesome?

We do not pretend to say that Listerine Antiseptic so used will always ward off a cold or reduce its severity once started. But we do say that its record in such a large number of test cases is so impressive as to entitle it to consideration as a reputable first aid.

Get the habit of gargling with full strength Listerine Antiseptic morning and night and if you feel a cold coming on, increase the frequency of the gargle and call your physi-Lambert Pharmacal Co. (Canada). Ltd., Toronto, Ont.



"Someone ought to set down the womanly virtues that bring peace and happiness to a man. And who is better fitted for the task than a bad husband?

MY WIFE wrote an article for the October Chatelaine on "How to be a Good Husband," in Ten Easy Lessons. With womanly skill, she had selected all my worst faults; learned from her friends their husbands' worst faults; and then she chose the opposites as marks of a good husband.

Naturally, when she later wrote another article on "How to be a Good Wife," Chatelaine's editors rejected it. Doubtless it was obvious that my wife did not know about good wives.

But someone ought to deal with the subject; someone ought to set down the womanly virtues that bring peace and happiness to a man. And who is better fitted for the task than a bad husband?

So with pure scientific detachment. I have studied available material. With the truth about good wives my only goal, I studied my friends, and the men on the street car, and books in the library, and even some wives.

"Why do you love your wife, old chap?" I asked my friends. On the back seats of street cars, instead of talking about dictators, I casually brought up the subject of wives. "Any of you boys ever seen a good wife?" I asked.

In the public library I learned a lot about wives from books. Our library has eighty-six books on the subject; (it was necessary to ignore twenty-three of them that were written by women.) But most of all I learned about wives from wives, discovering that as a class they are sorry for other wives' husbands, and full of useful ideas on wife improvement.

And now, having gathered all necessary material, I present ten little lessons on how to be a really good wife.

#### Lesson I. How to be Boss.

You cannot be a martyr and be boss at the same time. But you have your choice. Any reasonable husband will admit that according to the law of survival of the fittest, his wife is head

But he won't be bossed by a martyr.

So don't sulk soulfully each time he makes a mistake.

And when he describes his minor successes at the office, don't remind him with patient resignation that Mr.

Jones has a new car.

And don't—whatever you do, don't get a headache each time he goes out with the boys.

Don't even be a cheerful martyrthe type that bravely smiles, "I know you do your best, dear;" and means, "I guess I must put up with you to the end,"

It is not hard to be boss

Do just what you wish, but do it to please him. "I know it is what you want," tell him; and he will agree.

Respect his conviction that his wife has made a brilliant marriage.

Sometimes you should pamper the dear man; hold his coat, or light his



cigarette, or even bring him his slippers in the evening.

Once there was a wife who said, Before I would wait on my husband, I would leave the house and never come back again!" She missed so much in life, poor, silly, little thing. She never was her husband's boss.

#### Lesson II. How About His Rights?

Legally, your husband is your equal, though it doesn't matter much. The ☆ Continued on page 33

LISTERINE FOR COLDS AND SORE THROAT

### your February CHATELAINE





She wished the evening was over, and began to dread it definitely as she prepared to leave for the doctor's house.

# The CTIPS OF THE STATE OF THE

By MARY FRANCES DONER

ES, SIR. Thirty years of practice," mused Doctor Martin Brady as he strolled about the candle-lit table, pausing thoughtfully and with a secret smile to consider each place-card before he finally disposed of it. "That's a long time, Annie; a mighty long time to listen to people's woes and treat their ills. Thirty years—"

"A person would think you were an old man." Annie Drummond screwed up an uncompromising eye to appraise the effect of the table, and tried to compute the number of years since Doctor Mart had given such a dinner in this house—when the best silver and the rock-crystal goblets and the long-dead Meg Brady's monogrammed linen had been used. He wasn't a sentimental man, nor was he given particularly to remembering anniversaries or dates. And never since she had kept house for him had he gone to such extremes—as if where a person sat at the table was a matter of life or death.

Usually if folks came to a meal, he just said, "Sit right here beside me, Mrs. Garfield. Over there, Jed. You take the other end of the table, Nancy..."

Nancy . . ."

To tell the truth, he hadn't acted like himself since the night over two weeks ago when he had called her into the den. She had thought many time since of their talk regarding this dinner. Something funny about it. You couldn't fool her! Something queer going on around here.

He had looked so mysterious that night as he tossed some slips of paper on the table and said to

He had looked so mysterious that night as he tossed some slips of paper on the table and said to her, "I've been playing a game with myself, Annie."

"Well, that's good news, Doctor Mart," she had said. "As a rule, you never give yourself a thought, but go around carryin' the burdens of half the town on your shoulders—and then you never get after them to pay what they owe you."

Annie Drummond had been a fixture in this



**EVERY DAY** Seven \$100.00 Bills!

**EVERY WEEK** *A \$1,000.00 Bill !* 

and

A new daily contest each day from January 22nd to March 1st, except Saturdays and Sundays, with 7 daily \$100.00 cash prizes. Plus weekly grand prize of \$1,000.00 cash—and \$5,000.00 Giant Grand Prize at end of contest! Enter now -get your entry in the first day's contest.

IT'S EASY-HERE'S ALL YOU DO

JUST FINISH THIS SENTENCE

I like Oxydol because.... (Complete this sentence in 25 additional words or less)
Use free entry blank below

PURPOSE OF CONTEST:

To Induce More Canadian Women to Try This Amazing New "No-Scrub" Laundry Soap-That's Really SAFE.

Here's a golden opportunity, knocking right at your door! Seven crisp new \$100.00 bills given EVERY DAY for six weeks. And \$1,000.00 extra in cash EVERY WEEK! Plus a \$5,000.00 "Pot of Gold" as a Giant Grand Prize at the Carnival's close.

What you do is so simple it won't take five minutes of your time! Just finish the sen-tence, "I like OXYDOL because . . ." in 25 additional words or less!

And note-flowery words or fancy phrases do not count extra. Just give your own hon-est opinion of Oxydol—as you'd say it to a friend. A plain, simple statement that pops into your mind while you're reading this announcement may win the big \$5,000.00 prize. (See examples below.)

In completing your sentence, remember olutionary "new-contains a new in-mazing things.

For example: (1) Soaks out dirt in 10 minutes! No scrubbing, no boiling-a few quick rubs for "extra-dirty" spots, douse, rinse and you're through. (2) Gets white clothes as much as 9 to 11 shades whiter! Actual Tintometer shades, proved by our laboratory tests against many popular bar and package soaps. (3) Yet is SAFE for washable colors, fabrics, hands. So safe that even cotton prints given the equivalent of a full year's washing, came out looking bright as new! (4) And so economical, each cup goes up to 1/4 again as far as less efficient soaps.

So enter now! Remember, there's a new contest every twenty-four hours (except Saturdays and Sundays), for six weeks. Seven chances every day to win a crisp \$100.00 bill. A \$1,000.00 grand prize every week besides-AND a breath-taking \$5,000.00 giant grand prize at the Carnival's close. Which means you stand to win \$6,100.00 in all! Get busy now—and enter as many times as you wish. Read easy rules at left.

Ask for OXYDOL at your dealer's. Mail the free entry blank today! Procter & Gamble. MADE IN CANADA

#### **FOLLOW THESE EASY RULES**

1. Simply complete the sentence, "I like OXYDOL because . . "in 25 additional words or less.

30th daily contest on March I will include all
entries postmarked not later than midnight of
sheet of paper. Print or write plainly your name
and address. Please send no extra letters, drawings, or photographs with your entry.

5. Entries will be indeed for originality, sin-

ings, or photographs with your entry.

2. Mail entries to Oxybot, Dept, CH, 1600 De-lorimler Avenue, Montreal, Quebec. You may enter every day and as many times each day as you choose. Each entry must be accompanied by the top of any size Oxybot, package (or facelimile). Be sure to use sufficient postage.

3. There will be 30 daily contests, running from January 22 through March 1, 1940 (except Sat-urdays and Sundays). Prizes are us follows:

Every day Seven prizes, each \$100 cash. Every week—An additional \$1,000 cash prize awarded to the best daily \$100 winner of that

At the end of 6 weeks An additional \$5,000 cash grand prize awarded to the best weekly

S. Entries will be judged for originality, sin-cerity, and aptness of thought. Decision of the judges will be final. Fancy entries will not count extra. Duplicate prizes will be awarded in case of ties. No entries will be returned. Entries, con-tents, and ideas therein become the property of Procter & Gamble.

7. Winners will be announced one week after the close of each contest over Oxyool's "Ma Perkins", and "The Man I Married" radio programs. The winners of the final day's \$100 prizes, the final week's \$1,000 prize, and the grand prize of \$5,000 will be announced over these programs on approximately March 18. Cash prizes will be mailed to winners on the day lists of all winners will be sent to anyone writing to Oxyool, 1000 Delorimiter Avenue, Montreal, Quebec after March 25.



"I like Opydol because  "I like Opydol because  (Complete the above sentence in 25 additional words or less)  OXYDOL, Dept. CH, 1600 Delorimier Avenue, Montreal, Quebec. Gentlemen:—Here is my entry. I am also enclosing an OXYDOL box-top (or facsimile).  Name  Address  City	Mail Clow	WINNERS ANNOUNCED over the radio on OXYDOL'S "Ma Perkins" and "The Man I Married." Tune in these programs for further details. See local newspaper for exact time of broadcast.	type" granulated soap. It of gredient, and does many a
OXYDOL, Dept. CH, 1600 Delorimier Avenue, Montreal, Quebec. Gentlemen:—Here is my entry. I am also enclosing an OXYDOL box-top (or facsimile).  Name  Address		Oxydol because	
OXYDOL, Dept. CH, 1600 Delorimier Avenue, Montreal, Quebec. Gentlemen:—Here is my entry. I am also enclosing an OXYDOL box-top (or facsimile).  Name  Address	(Comple		
Address	OXYDOL, Dept. CH, 1600 Delo	orimier Avenue, Montreal, Quebec.	r facsimile).
	Name		
CityProvince	Address		
	City	Province	

#### HINTS ON HOW TO WIN!







m."

reat

and-little

o set

ints

it?"

you you yin' her

ney

she

l up

Pine

low.



Illustrated by Arthur Sarnoff

wouldn't you just know it would be a fresh young one like that you'd pick out of a hat! Never a civil word from him. They say he makes that woman's life a hell on earth."

"What woman, Annie?"

"Why, his father's new wife, of course—as if you didn't know! She'd have been better of it he'd it and the same has the same had to be a life."

didn't know! She'd have been better off if she'd stayed where she belonged, teachin' music in the schools, and bein' independent. She's a nice girl. Pity she has to put up with that young scamp. He won't be no addition to your party, Doctor Mart."

"The name was in the hat, Annie."

"The name was in the hat, Annie."

"Well, then, fate ain't so smart, I'd say." Annie had a way of closing one eye and nodding sharply to indicate emphasis. "Oh, doctor!" She gazed at the last slip sadly. "Do you think you ought to ask poor Tommy Crawford here—even if his name was in the hat?"

"Why not?"

"Well, in the first place, he's never solver any more."

"Well, in the first place, he's never sober any more when he's home from sailing in the winter time. Ever since Jane Lowry went East that summer with her sister Miriam to wait table down at that summer resort, and got into trouble-Tommy Crawford's been a changed

A silence had greeted her words, a brooding, un-

happy silence.

"A girl like Jane Lowry has got a lot to answer for,"
Annie had declared. "When I think of it—Jane Lowry
engaged to Tommy Crawford, one of the cleanest, finest
boys in this town. And then goin' off and gettin' herself

into trouble and havin' a baby—with no weddin' ring on her finger, and none yet, either! And the baby over a year old. She's wise enough not to show her face around here any more. It's no wonder poor Tommy is drinkin' himself to death—and him with a fine engineer's job on that big lake boat, and climbin' right up the ladder to success."

THE PROLONGED silence had not encouraged her. But Annie's hard virtue had recoiled at such an appalling circumstance. "It wasn't as if she was the youngest and prettiest, and exposed to the greatest temptation—like Miriam. With their mother dead, and she the oldest, Jane Lowry should have been an example to her sister instead of shamin' her that way. Thank the lord she had sense enough not to come back here and try to spoil Miriam's life, And when I think of her innocent baby starting life without a father—"

"Is it quite fair to judge so harshly," Doctor Mart had wondered, "when we know only what we gather from the surface?"

"Is it fair to send a lad like Tommy Crawford to the dogs?" she had countered bitterly. "Is it fair to cast a cloud over the life of a girl like Miriam—a girl with an angel's heart? You can't tell me that that Seaver boy didn't get wind of Jane Lowry's reputation. That's why he didn't go through with his marriage to Miriam."

"If his love for Miriam was founded on her sister's

"If his love for Miriam was founded on her sister's reputation," Doctor Mart had put in grimly, "he would Continued on page 57 have made





house for over twenty-five years. A frank sixty-two, she seemed a formidable person. Her code was stern, and her virtue, but her heart knew a furtive tenderness. She was a mountain of strength in the starched white uniforms that she wore because she loved their rustle and immaculateness.

"Well, I've practiced medicine for thirty years," Doctor Mart had continued. "My anniversary falls just before Christmas. I've brought a lot of people into the world, and I'm curious about them." He had filled his pipe thoughtfully. "What has it all amounted to, I wonder? Has it been worth while? Have they—have

"Are you feelin' well, Doctor Mart?" Annie had

asked anxiously.

"And so I played a game with myself tonight." He had disregarded her question. "I looked back over the years, and began to count up the folks I've brought into the world. One by one, I wrote down the names on some slips of paper. Then I flung the lot of them into my hat,

shook 'em up—and drew out six. Here they are."

"And now what?" she had demanded, mystified.

"I'll give a party on my anniversary," he had decided.

"It's the night before Christmas Eve. I'll have these six to dinner. Then we'll six around the fire and talk. I'll see what they've done with themselves, and what life has done with them."
"If it's many a one I know of," Annie had remarked

sourly, "it would be better if they paid what they owe you, instead of you spendin' your hard-earned money for victuals for them."

"I'll take the fun I get out of it, Annie, in lieu of

fee . . "
"And you ought to be used to that, too," she had sniffed. "Now would it be too much to ask what six they are?"

"Help yourself." He had gestured toward the slips.
"Shiela O'Connor, is it?" She had glanced down at him sceptically. "Are you forgettin' that she ain't livin' here in the country any more since summer, but in the city—sellin' cigarettes in some big hotel?"

"No, I'm not forgetting ... Shiela O'Connor," he had mused aloud dreamily. "She came into the world on a wild night, Annie—a wicked night in November, long about 1920, I'd say. It was her mother's worrying that brought her into the world ahead of time. Tim O'Connor was lost the day before with his crew in a storm on Lake Michigan, and he never saw his little daughter. Lucy O'Connor has done well for her children and Tim's. It takes a brave woman to meet such tragedy without defeat."
"Too bad she didn't keep that girl home with her,

instead of lettin' her go to live in the city and sell cigarettes to drinkin' people all hours of the night in that hotel. It's no place for a girl. She'll get into trouble yet."

"There's good stuff in Shiela," Doctor Mart had maintained. "Give her time."



"I put all the names into a hat," said the doctor, "and drew out six. I was curious about them."

ANNIE HAD stiffened as she glanced at the next slip. "Gail Chisholm, is it? And what makes you think she'll give up any of her valuable time comin' to dinner in this house? It ain't excitin' enough here for the likes of her who has all the money in the world to spend, keepin' herself amused. She's too busy ruinin' the lives of good young fellows like Dermot O'Connor. Wild as a hawk, that's what she is, Doctor Mart. And you well know

"Consider her start, Annie."

"Her start, is it! Well, if she wasn't born with a gold

spoon in her mouth, I'd just like to know!"
"I remember that night," he had said slowly. But he had not reminisced aloud. She did not know that on that night he had seen old Walter Chisholm, the lumber king, give his wife a substantial cheque in payment for bearing a child that should have been a son; nor did she know that on that night he had heard Gail's healthy, shallow, pretty young mother declare in outrage that not for a

million dollars would she endure this torture again . . . "Warren Blodgett!" Annie's eyes had actually bulged at the name that met her gaze now. "Surely you askin' him!"

"His name was in the hat." Doctor Mart had seemed

to find a grim fascination in the flames.
"Well, I wouldn't be so proud of havin' brought the likes of him into the world, I must say. He's just plain evil. A woman ain't safe in the same room with him. He thinks his grandfather's money can buy his way straight through life and into heaven."

"What is it they say about charity, Annie?" He had

poked absently at the logs.
"And don't be tellin' me he was a beautiful baby—or anything like that!" She had ignored the quiet question.

"I don't remember that point in particular. But he had a beautiful mother . . . Agatha Blodgett had great plans for her son. It wasn't her fault that his grandfather ruined him with too much money and too little discipline

"Well, I must say I never thought I'd be asked to set food down before Warren Blodgett-the rogue!"

"I'm afraid you'll have to register your complaints

with fate, Annie."

Her smoldering gaze had fallen next on the name of Estelle Randolph. "Mrs. William Randolph, is it?"

Her voice had been thin with shock. "Doctor, have you gone and lost your mind entirely? Mean to tell me you don't know that Estelle Randolph has been playin' around most of the year with Warren Blodgett- and her nice young husband away on the lakes earnin' the money she squanders on liquor and cigarettes and clothes she don't need?"

"You don't tell me!" Doctor Mart had glanced up innocently with a pained frown.

"If you don't know it, you're the only person in Pine Harbor that ain't heard."

"I don't have time to listen to gossip," he had reminded her. "I'm a busy man, Annie."

"It's a mixed crew you'll have, all right. Let's see

now, who's this one-Buddy Harper?

# Affect our Fashions?

favorite for resort wear today. Watch out for a big spread in its sphere of influence!

Then, you'll probably go in for homemades, and hand-dones to quite a degree. Don't think you won't feel repercussions of the mass movement of Canadian women back to the sewing machine and the knitting needles. You'll wear less leather, more handmades. Factories, in wartime, are often kept busy turning out things for soldiers. Even New York is taking to long hand-knit woollen stockings. Smart knitting bags are among the big style items of the season. Those quaint little imported touches you used to get will be farther apart and fewer. You'll look with new eyes on the brilliant cross-stitch of our Slav, the lovely lace work and fine needlecraft of people who have come to live

with us from the Scandinavian countries, and of our own French Canadians.

#### Women Dress As They Feel.

There's a lovely legend woven about the brilliant French designer, Chanel. It's said that when someone dear to her died, she vowed that the women of every land should mourn his passing. And so she made black the hallmark of the well-dressed feminine world. Maybe it's true. At any event, so long as the French couturier sets the fashions, women's clothes will echo the triumphs and the heartaches of France. Soldiers march through the streets of Paris again . . . and again our styles are designed with dashing capes, brass buttons, swagger backs, epaulettes, officers' caps and

French shakos. There is a sudden resurgence of khaki and all shades of grey and fawn, touched off with sparks of clear red, white and blue. European women must wander blindly through nightly blackouts, and so we feel the echo in glowing white accessories with our dark dresses. (For such things are a protection to them against the passing traflic.) Our shoes become sensible ... don't France's smartest women wear low heels for

don't France's smartest women wear low heels for new hard-working days? Evening clothes are less formal, shorter, more enveloping. For in Europe's style marts one needs skirts that won't catch under heel if the siren blows, frocks that will look right with the ungarnished military uniforms of this war . . . covered backs, for even at formal parties, soldiers are unglov-

Suzy and Molyneux and Patou have no heart for silly headgear. So they make (and we wear) hats that can go anywhere, from a Red Cross canteen to a hotel supper party. Gay scarves and hoods (useful for air-raid calls) add color. Skirts for daytime remain short and easy to get about in. You'll notice that tricky pleats and gathers are replaced by the unpressed, simple variety. Easy, swing styles. Comfortable coat dresses. Too many workmen have been called to service to allow for hours of fussing over a single tuck or gusset.

Perhaps—one wonders—the United States will win its long-sought supremacy over fashions. Native designers there have tried & Continued on page 23

Europe's gas masks won't lit over elaborate coiffures...

London women haven't time to grab their hand hags
when they make for air raid shelters... Paris has no
heart for silly head gear... and so the war begins to
affect and change our fashion ideas

#### By LOTTA DEMPSEY



in the o wear nglish will be corate quetry to and The o look

omen is an enfolk

ather you'll ssible being at, or labor enty. ance. yore?

# Will War

Paris women haven't time to grab their handbags as they make for shelter in the face of an air-raid siren's urgent whining. So you and I in Canada are going to wear the biggest pockets we've ever seen in our spring clothes. And it's chilly in English houses, with wartime rationing of fuel and petrol. So, many of our dinner dresses will be wool, with long sleeves and snug necklines. Europe's gas masks won't fit over elaborate coiffures. Presto! Into simple hairdresses we go, without a murmur. The day of coquetry has died in Helsinki, in Warsaw, in Vienna, in Prague. And on the streets of Toronto and Vancouver and Montreal, women are beginning to wear simple and quiet clothes. The cockeyed hats, the kittenish bustles, the mincing fancy footwear are beginning to look outmoded.

Will war affect our Fashions?

Decidedly!—with the first soldier. For the clothes women wear are—and have been for generations—the barometer of the times.

In the first place, there's a whole new setup in the fabric situation. Secondly, women dress to express their feelings as well as to cover themselves. Finally, the new woman is an individualist, and goes into service, according to her lights, as definitely as her menfolk go to fighting.

#### Why Our Fabrics Change.

Rayon was the stepchild of the last war. It came in through the back door as a rather timid substitute for silk. But today rayon is fashion's brightest glamour girl. And you'll see her leading a whole troupe of new synthetics as time goes on. Already it's possible to go to tea in rubber, dine in coal and tar, dance in spun glass. For fabrics are being made of these substances, experimentally. And if it's hard to get silk from the Orient, or wool and linen from England (as it was in the last war, what with shipping and labor problems), they'll zoom ahead. Cotton, too. Next door, down south, they raise plenty. But it's harder to send out and about now. So we may be in for a cotton renaissance. Remember how cotton was suddenly accepted everywhere in the fighting days of yore? The summer evening frock, gaily patterned, smartly made and easily launderable, is a

From left to right:—
There's a military precision to this costume from Paris, with a green top and black skirt. Courtesy Robt.
Simpson Co., Toronto.

"The last war took women out of corsets. This one will put them into trousers," says one style authority.

A dashing use of astrakhan fur on this coat in black wool is typical of the black wool is uniforms are way the uniforms are affecting women's clothes.

As jaunty as any soldier, this girl wears a tailored wool with suit in grey wool with grey astrakhan. A French model worn with black hat and gloves.



THE TELEPHONE rang. If that's Duncan, she thought . . . If he's going to say he can't come . . . He's been late before; but he's never broken a date. If

he does . . . She took up the instrument. "I want to speak to Mr. Kaufman!" said a stern voice. "Sorry, you've got the wrong number," said Carla. But that's an idea, she thought. I can pretend that it was Duncan

She put on her long black velvet wrap in a hurry, and went into the sitting room. Bess and her boy were

looking at an atlas, and talking about the Dnieper River. It gave her a little stab of pain. When I'm with

Duncan, she thought, we're always fencing. We're never like that, just friendly, "I'm going to meet Duncan uptown," she said. "Good night, people!" She went into the hall and rang for the elevator. I

wish I hadn't told Bess a lie. It makes you feel hateful and cheap. And suppose Duncan comes when I'm not there? Then she'll know, and she'll despise me. No, she

won't. She's not like that. But she couldn't help

She was dismayed to find a quiet steady rain falling. But I've got to go on with this now, she thought, and

ran down the steps and along the street to the drugston

on the corner. He's forgotten all about our date. All right, I'll remind him. I'm not going to be nice about it, either. He's just—a little bit too offhand. She shut

herself into a booth, and dialled his number. Trying

thinking it was pretty cheap.

who rang up. Because maybe he isn't coming

They both heard someone opening the door with a latchkey. Duncan came in, and stopped, staring at them in astonishment.

to keep up that little flare of anger. Trying not to be worried, or miserable.

"Hello," said a slow, amiable voice.
"Hello, Peter," she said. "May I

speak to Duncan, please?"
"Well, Carla, he's not around,"
said the slow voice. "Has he gone out?" she asked. "Hasn't come home yet," said Pete.

I don't exactly know what to do, she thought. I'm certainly not going home, with Bess and that boy there. And I'm not going to a restaurant alone, all dressed up . . . "Pete," she said, "would you mind if I came up there to wait? I—someone's giving me a lift uptown." "Sure!" said Pete. "Come right ahead, Carla."

SHE PUT up the hood of her wrap and ran outside and stopped a taxi. Duncan's been kept at the office, she thought. That's happened before. That could happen to anyone. By this time, of course, he's telephoned me at home. I'm sure of that. If Bess was still there, she'd tell him I'd gone uptown to meet him. If she'd gone out, he wouldn't get any answer, and that would worry him. Well, it wouldn't hurt him to do a little

But if he hadn't been worrying? If he had forgotten all about their date? Then this will be the last time, she thought. This will be the end. If he tried to be offhand and high-andmighty about forgetting, this will be the end. He's changed. I might as

well face that. He's late half the time now. He criti-

Well, who's fault is that? My fault. He was darling in the beginning. He was ready to do anything I wanted. And I spoiled it all by letting him see . . . That's the most fatal mistake you can make with a man. To let him see how much you care. I—this time I'm going to be different. Very different. I'm going to be the one who's offhand and high-and-mighty, this time . . .

The taxi stopped; she paid the driver, ran across the pavement in the rain. She had been here twice before, to Duncan's parties. Wonderful parties; actors and writers, well-known names, two colored maids to look

after the guests; an atmosphere.

She went toward the elevator, but the boy wouldn't take her up unannounced. "I'm expected," she said. "Well, Mr. Adams gave strict orders there wasn't anyone to be let up without phoning, miss," the boy said. You couldn't make a scene about that, but it was hateful, to hear her name being announced on the telephone. As if she were one of the many nuisances Duncan had to protect himself against.

PETE WAS standing in the open doorway of the apartment, tall and lanky and weather-beaten, with little grey eyes and sandy hair, and a long upper lip. He was nice, friendly and good-natured; but you just didn't notice him much when Duncan was around. He

was just someone Duncan had found to share expenses with him. He minds his own business, Duncan had said,

never gets in the way.

"I'll take your wrap, Carla," "Never mind, thanks,
Pete . . " "It's sort of damp," he said. "I'll hang
it up for you." She let him take it; she went into the sitting room, he came in after her, sitting down on the arm of a chair facing her.

I'm sitting here waiting for Duncan, she thought. Running after him. What's the matter with me? I never ran after a man before. Dad used to be so tickled because I was so independent about boys. When I first met Duncan, I was independent with him. And then I spoiled it all . . .
"Have you got a date with Duncan?" asked Pete. She

was surprised and not much pleased with this direct question. "Well," she said with a little laugh, "I'm not exactly sure—if our date was for tonight, or tomorrow. I got-rather mixed up about it, and I thought I'd ask Duncan."

Telling a lie now. I hate telling lies. I—sort of hate—myself . . . I wish I hadn't come. Oh, I wish I hadn't come! Dunean will come in and find me here all dressed up-

"If you're wrong about that date," said Pete, "will

you have dinner with me, Carla?"

She glanced up, and found his grey eyes fixed upon her in a steady unsmiling & Continued on page 38

ether. Bess

e he'll this. gainst

could would I have ee and d just about Well,

COSY ing to dy at inner. laces, like ou're very pretty

dad I ming. ey're well, ged a ivita-

erent

ot an But ıldn't

hing, Carla elf. You've our, That's be

HOLD everything, Carla said to herself. You've got half an hour. That's plenty of time if you'll just be quick and stop jittering. Only, you are jittering.

She turned off the bath and took the bottle of pine crystals from the shelf. And dropped it on the tiled floor with a crash. Two-dollar bottle . . . She felt like crying—or yelling. There was a knock on the door, "Anything serious?" asked Bess.

"It's nothing," said Carla. Why doesn't Bess go out? She

"It's nothing," said Carla. Why doesn't Bess go out? She said she had a date. I don't want her here when Duncan comes. It spoils everything. I wanted to light the candles in the sitting room, and leave him in there alone for a while, so he'd get the effect. I wanted it to seem like my place. It'll spoil everything, if Bess comes pottering in and out.

She whisked the broken glass into a corner with a towel. About five minutes for a bath. Not very relaxing. She stepped on some pine crystals, and they were sharp as glass under her bare foot. I feel like crying—or yelling... Being in love doesn't seem to improve my disposition much.

She put on her long black taffeta slip and looked at herself in the mirror. I hate my looks. Haggard—sort of brittle. A blonde in black . . . Tawdry. My mouth's too big . . .

She came out into the bedroom, and Bess was there, sitting on her bed, with a hand inside a stocking, inspecting it. Still in her taffeta housecoat. "I thought you had a date, Bess." "I have," said Bess. "Tommy's coming at six." "It's nearly six now," said Carla. "Oh, Tommy can wait," said Bess.

If Tommy's there when Duncan comes . . . Two suitors . . . That's comic. That's—hateful! I wish I had a place of my own. I'd have flowers all the time. I wanted to get flowers today, but Bess would have

Anyone who's been through it will tell you that the worst mistake a girl can make is to love a man more than he loves her. Yet what can a girl do when she finds that she doesn't mind?

Illustrated by Kay Avery

noticed. I don't want her to know what a fool I am.

SHE PUT on her long black skirt and her filmy orchid blouse and turned toward Bess. Really beautiful, Bess was; tall and strong, with a calm brow, and deep-blue eyes, and smooth brown hair. "You seem to be able to train your beaux," said Carla. "Easy," said Bess, with her usual candor. "Men just never lose their heads about me. They're too darn respectful." "That's not so bad," said Carla briefly. "It's not very exciting," said Bess.

This Duncan thing is a little bit too exciting, thought Carla. Being in love isn't much fun. She started to brush her hair, and stopped, overcome by that miserable doubt and hesitation. I never used to be like this. Only Duncan notices everything. Maybe he won't like the new hair-do. Well, why do I care? It's my hair, isn't it? After all, I've got a certain amount of taste.

That didn't work. No use pretending to be proud and independent. Everything's done for Duncan, and what be thinks is all that matters. I'm just a fool about him—and he knows it. "Do I look all right, Bess?"

"You look sweet."
Looking "sweet" wouldn't get you anywhere with Duncan. You had to be smooth, you had to be interesting and subtle. He thinks it's funny for me to come from Moose Jaw. Well, just the same, I've got a pretty good job in Montreal, and I could get plenty of other dates if I wanted to.

Bess was dressing now, in her own leisurely fashion. She wasn't trying to please someone else. She just put on a lavender sweater and a purple skirt, ran a comb through her hair, and she was really beautiful and perfect. And exactly at six the doorbell rang. Bess' date, of course. A new boy, tall and thin, in spectacles, a good-humored, clever face. He had brought a portfolio of photographs to show Bess,

and they sat down on the sofa together. They looked so cosy in the lamplight . . .

ELISABETH SANXAY HOLDING

There's nothing cosy about Duncan. We'll go to some restaurant that's "right." Where the right people go. People he'll recognize. If I didn't look right, he wouldn't take me. I mustn't do this. Mustn't work myself into a rage against Duncan—when I love him. He's late again

. . . But only ten minutes.

She stayed in the bedroom, waiting. If only Bess and her boy would go! If I could be here alone when Duncan comes, it would be different. If I lived by myself, I'd have everything so different. I'd serve coffee and have nice little canapés. I'd have a hostess gown. But if I got a hostess gown, Bess would know it was for Duncan—I'd just about die if she knew how I felt about Duncan. Fifteen minutes late now. Well, he wouldn't think anything of it if I were

Bess and her boy, sitting there, so cheerful, so cosy. There's nothing cosy about Duncan. It's always—so exciting to go out with him. He said to be ready at six, and we'd go to a new place for dinner. He always finds such interesting places, where well-known people go. It's so wonderful to go out with anybody like Duncan. I love the way he talks: "You're beautiful tonight, Carla — and very troubling . .." Of course, I don't take all that soo seriously. Only, he must be pretty interested, or he wouldn't take me around. "You're dangerous," he said. I'm not an idiot. I know that's probably a line. But if he wasn't pretty interested, he wouldn't bother to use his line.

Over half an hour late now. I'm glad I didn't tell Bess what time he was coming. All her dates are so darn good. If they're going to be late, they ring her up. Duncan used to do that, in the beginning . . Well, all right! I'll admit that he's changed a little bit. And I'll admit it's my fault. I've been—too eager. Accepting all his invitations. I've been stupid. But I'll be different from now on. I'll—



W. V. Chambers illustrated this story of

#### A Store-window Cinderella

you think. By means of the new Graduated Obligation Plan you can dine every night as graciously and charmingly as do the Mr. and Mrs. Smith you are now watching.

"I'd give a lot to be in Henrietta's right now," exclaimed George gloomily, with a humorous lift of his right eyebrow, the one the crowd could see, "with a plate of fried chicken."

If the food was bad, drink was worse. They were obliged to down two different kinds of wine -white with the fish course, red with the meat. Mrs. Jane Lyons, Social Adviser, each night an-nounced that while the red wine was served at room temperature, the white was fifteen degrees cooler. As a matter of fact, both were warm; and though they came out of imposing bottles, one was a sour vin blanc, the other a notably contemptible example of a cheap wine. The onlookers did not know the difference; but Mr. and Mrs. Elegant did. Yet each night he must make a connoisseur's fuss over the four bottles proffered by the maid, at last selecting that one which had been previously

selected by Mrs. Lyons.

"Can't we have at least hot food?" George, nodding amiably, growled at the maid.
"You're lucky," she replied with an obsequious smile.
"I don't git anything at all to cat."

"You're the lucky one! What do they do-bring this stuff from some Greasy Spoon three or four blocks

"Comes from the cafeteria up on the sixth floor, but the freight elevator's the only one that works after hours like this.'

'What a life!" George snorted.

He lifted a glass of the cheap wine and held it up to light, squinting fondly at it, smiling with pride.

"I want you to notice the claret glass Mr. Smith has just raised, a glass not only lovely in itself but indisputably proper, marking its possessor as a person of refinement and distinction. Available in sets of eight or a dozen, this glass is only one of the many entrancing and original models obtainable under the Levinson Graduated Obligation Plan. Each of these is a thing perfect in itself and correct to the last detail. Even if you should happen to be entertaining royalty, you need not fear that your glassware will excite unfavorable comment if you have taken the precaution of buying at Levinson's."

It was not likely that any of those on the sidewalk would ever happen to be entertaining royalty. But they listened. And with an even greater interest, they watched. Most of them probably knew Mrs. Jane Lyons from her radio talks and her Social Hints in the Levinson Store News, but to have two society people actually eating dinner right in front of you—

They saw the exquisite Mr. Smith hold his glass under his nose and sniff delicately. They saw eestasy slide

"The Smiths tonight are having that favorite of all bons vivants of the ancien régime—rich, ruby-red Chateau Lafite-Rothschild. It is unquestionably one of the greatest of clarets. Fifty years ago there was no king but would give his very crown for a sip of this rare and radiant vintage.'

Mr. Smith, having stalled as long as he dared, swallowed some of the rare and radiant vintage. He did not smack his lips afterward, for that would have been vulgar, but he spread his fingers and somewhat Frenchily rolled his eyes.

"Oh, what awful stuff!"

He smiled brightly at her, and she smiled back.

EACH NIGHT he wore different studs and links, a different style of collar, a different tie, which Mrs. Jane Lyons called a cravat, and each night he flourished a different cigarette case; but one tuxedo, referred to by Mrs. Lyons as a dinner coat, carried through. Hazel Carse, on the other hand, was attired or garbed in a fresh creation (to Mrs. Lyons no woman wore merely a gown) at every dinner. Each of these was described in rapt detail, and in each, George thought, she looked a little sweeter. He told her so.

"I wish you wouldn't disappear every night," he complained.

"I have to go to work."

"I never knew a woman to change clothes so rapidly." She smiled, lifting a demitasse cup. Her hooked little finger stood far out from the others, as commanded by Mrs. Lyons. He hoisted his own cup in more manly

"I'd make even better speed," she said, and smiled, "if it wasn't for my maid."

"Missus Elegant! A maid?"

"Oh, she's not there to help me. She's there to see that I don't tear the gown when I'm getting it on and off. Still, it's the nearest I've ever come to having one at all."
"Well, anyway, you certainly look marvellous."

"Cinderella stuff," she murmured, and her smile was sadder than it should have been, considering the size of the crowd. "Any woman would look wonderful in gowns like these."

Hands on the edge of the table, he stared at her as a young husband should not do. Certainly she seemed familiar. Yet that was a characteristic of models, most of whom indeed were familiar, having posed in advertise-ments of cigarettes, underwear, cold cream, laxatives, perfumery, breakfast cereals, bath salts. Total strangers often approached George with "Haven't I met you somewhere?" obliging him to explain that they had probably only seen his likeness on the back of some magazine. He didn't like this. It would be bad when he set up his law practice, for a lawyer needs at least dignity of appearance: a judgeor juror either consciously or unconsciously reminded of certain toothpastes, dandruff cures, rubber heels or deodorants, is not the

best possible person before whom to plead.
"Sometimes I think you're actually trying to avoid
me. It isn't natural, clearing out so promptly every

She blushed a little, and George felt his chest grow

tight. "No, I'm not trying to avoid you. Why should 1? But I have to work

"Every night?"

It was his belief that if he & Continued on page 21

posed with many pretty girls. But this one, Hazel Carse, had something more than mere looks. Also she seemed somehow familiar.

He mentioned this fact the second night.

"I don't mean to flirt or anything," he protested, leaning across the table and touching her hand tenderly, as though she were his bride, "but haven't I seen you somewhere before?"

She beamed, making no answer. Nobody outside

could hear what they said.
"Do you model much?"

This is only the third time." She smiled brightly. "It's an awful way to make a living, isn't it?"

'It certainly is!"

aw.

ist!

bell

ind

ıd-

"It certainly is!"
"I have another job, a regular job." Diamonds flashed as she toyed with a salad which looked excellent. but wasn't, "I'm only doing this on the side."

"I suppose that's the way with most of us. Me, I'm a lawyer. At least I'm going to be one as soon as I can afford to set myself up. I've just passed my bar examinations. What I'm worried about now is whether I'll survive a whole week of eating stuff like this."
"It is terrible," she agreed, and twinkled at him.

"Last night, after I was able to face food again, I went to Henrietta's little place out on Browning Avenue, and polished off an honest-to-goodness T-bone with fresh lima beans."

"It must have been a relief."
"It was heaven. I'll take you there tonight, if you care to come. I'm hoping that they'll have O'Brien

"I'm afraid I have to go to work as soon as I change. "Observe especially the table covering and the napkins," Mrs. Lyons urged via the loud-speaker. "Nothing finer has ever been offered by the Levinson Store linen department. And yet this costs less than



By DONALD BARR CHIDSEY

GEORGE DRANK the tomato cocktail in two exact draughts, neither sipping nor gulping, and then he smiled brightly.

"Swell start. Watered tomato juice. No Worcestershire. And warm, too. I'm George Laidlaw. What's your name?"
"Hazel Carse," she replied, smiling brightly. She rang a little silver bell.

Somebody out of sight whispered, "Not so fast! Mrs. Lyons hasn't finished describing the layout yet!"

Nevertheless, since everybody had seen the bell rung, a negro maid appeared, took away the glasses, served the soup. The soup was out of a can, and lukewarm.

They could not see Mrs. Jane Lyons, but they could hear her voice transmitted through a loud-

speaker to the crowd outside.

"You will observe that while Mr. Smith wears a conventional dinner coat with the latest and smartest accessories fresh from the Men's Shoppe on the ground floor, Mrs. Smith is attired in an exclusive Levinson creation of stiffened celanese satin, a rich royal purple in color, the deep décolletage of which—" "Smith, eh? Original. They ought to call us Mr.

and Mrs. Elegant. I hope it doesn't keep up like this. The food, I mean."

He smiled at her, his eyes dancing. She leaned back with a rippling laugh.

THAT FIRST night she got into her own clothes and disappeared before he could offer to see her home. He felt like a walk, too. He needed to get the taste of that food out of his mouth before going to Henrietta's for a real meal.

A pretty girl, of course. All of them were. He had

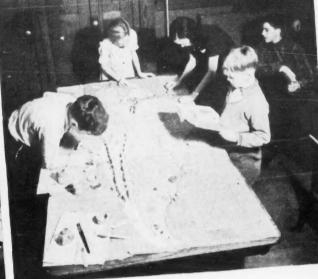
### Believe it or not! Children are enjoying school hours . . They like to study . . and want to talk about their work. What's happened?

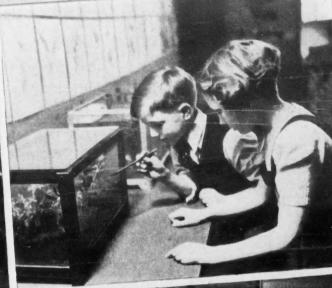
What are the notes of scale? These boys make them with water bottles, and learn rhythm on cans covered with rubber.

Groups of children selected in turn from a large class, have made this map. "Imports" are written on the paper boats.

Searching for the living evidence of what they've read about, becomes a vital adventure to boys and girls today.







for Old-

by MARY LOWREY ROSS

TEACHER OF THE PARTY OF THE PAR

theory of education in Normal School, have been able to adapt themselves to the new curriculum without great difficulty. But the older teachers, trained in the former inflexible methods of drill and routine, often find the new system a very real hardship. "It was hard work persuading them that the new method was an improvement," the principal said to me. "But I usually find that once they have given it a fair trial they are ready to admit that children learn more, and learn more easily and enjoyably in today's schools than they ever did under the old forcing system."

In this principal's school you will see children sitting at their desks through the entire recess period, too absorbed in their work to take time off for play. They are still there long after school, reading in the library, or busy in modelling classes or mechanical construction groups or dramatic clubs. The school in fact has become a sort of community in which work and play are organized rather than regimented, and work itself becomes at times an absorbing form of play.

In other words, the school child of today is playing a positive role in his own education. By comparison, the pupil of a generation ago was a passive receptacle into which knowledge was poured until it overflowed the brim. It was always the same quantity of knowledge, regardless of the child's capacity. What wouldn't go in was wasted; and a great deal that went in was wasted as well. Still, the process went on, for it is possible to teach a child against his will, if you have the law behind you and enough doggedness of purpose in your own soul. It went on and it brought certain rewards. It was "character-building," as any hard process is bound to be for anyone with enough character to take advantage of it. For the teacher there was the occasional brilliant pupil who learned without effort and enjoyed schooling for its own sake. For the competitive there was the fun

and excitement of beating the slower pupils in the class. But for the average or less-than-average pupil it was a dull and meaningless grind that had nothing to do with his real world.

It took the educationalists a long time—a hundred years in this country—to discover what the child's world really was. His world was the streets and the playground and the stores, and the policeman on the corner and the fire-engine that went past the school window while he stayed chained to his desk. It was the farm in summer and the factory in the next block, and the movies and the fall fair and the garage around the corner, and glimpses of strange countries that he sometimes found in books but never in his school geography. And cars and airplanes and radios, and the rumors of wars and distant terrors. It was a fascinating world and he never got enough time for it. Every morning at nine o'clock he had to surrender it and devote himself for seven mortal hours to meaningless learning.

In CANADA compulsory education was first undertaken a century ago. It devoted itself to teaching pupils simply to read, write and compute. As society grew and diversified, other subjects were added; but these were merely accretions to the original curriculum. The theory of education behind the curriculum remained unchanged. Education was, in the most literal sense of the word, "compulsory." In the meantime the educators in the United States had been making & Continued on page 30





In the two photographs above, children study projects they have made themselves—one a primitive settlement, and the other a farm scene.

. The I of all e into to VI

orce of e when s care

, 1940

atural
But
rigid
uggessed to
cover
single

ion of estine, nven-

ndals, andy.

learn thems and which m, in

new



POR YEARS the big public school in our neighborhood ran, literally, like clockwork. At a quarter to nine there would be the warning bell. Then an increasing uproar till the schoolbell in the yard brought sudden convulsive silence. Then the shuffle of feet, the downstairs gong, the silence, the drone of class recitation, the roar of recess at a quarter to eleven, the bell and the silence once more and the recitations beginning again. We didn't need clocks in our neighborhood. We could tell the time with reasonable accuracy, just by the recurrent clamors, murmurs and silences from the school and playground.

Recently I visited a modern school. It didn't look like a modern school. It looked exactly like the schools of twenty years ago, except that there were now two buildings instead of one, with a playground in between. The interior, too, was familiar—the long corridors set with closed doors, the scuffed stairs, the air of deadly

seemliness, the remembered smell of chalk and ink.

I found the principal's office. And it was there I began to detect the first difference. The office was large and bright, and a brown paper mural of vigorous childish drawings ran right round the room. Presently the principal himself came in. He was a young man

glanced at my watch, I found it was a quarter to one. We had been sitting there over an hour and a half, and in the meantime the entire school of several thousand children had emptied itself without a sound.

The principal drove me to my belated appointment. And on the way he told me about one of his early experiments in liberating school children from the chain-gang routine of a generation ago. He decided that instead of regimenting the children into line with police squads of teachers to keep order, he would simply let them find their way at nine o'clock into their own classrooms.

"The first morning," he said, "was absolute pandemonium. The teachers came to me afterward and told me that if we kept it up some of the children were going to break the necks, or each other's, on the stairs. As a matter of fact I was pretty scared myself. However, I persuaded the staff to try it out for a week. At the end of the week the children were coming into school in the morning like an orderly crowd coming into a theatre or a church. Except for fire drill we've never had a school line-up since.

This is, to a large extent, the theory on which the new philosophy of education works. Discipline, imposed arbitrarily and often harshly from without, has given way to the order that comes voluntarily from the child's understanding of his own best interests. Children are

not"made" to behave and to learn, by the sheer force of the teacher's will. They learn and behave because when learning becomes an adventure behavior takes care

THIS THEN is the aim of the New Curriculum. The new curriculum in Ontario-which is fairly typical of all the new curricula across the Dominion-came into force in 1938. The Program of Studies in Grades I to VI comprises Health, English, Social Studies, Natural Science, Arithmetic, Music, Art and Enterprises. But you will not find under any of these headings a rigid program to be carried out. You will find simply suggestions and ideas which the teacher herself is supposed to develop. Thus under Social Studies, which cover geography, history and citizenship, all under a single heading, there are such suggested topics as:

Stories of daily life in primitive times—invention of

weapons, the wheel and the boat.

Stories of ancient Egypt, Babylonia and Palestine, illustrating the improvement in means of travel, invention of money, of writing,

Stories of ancient Greece

Movements of races - Goths, Anglo-Saxons, Vandals,

Birth of New Races-England, France, Normandy, Feudalism. The Crusades.

Thus the children learn how, and where, civilization developed through the centuries. And they do not learn any of it by rote. They learn it by reading for them-selves, through dramatizing the material in plays and pageants, and through open discussion in class, in which reading and knowledge are shared. The curriculum, in other words, is no longer a crutch to the teacher, but

Younger teachers, already familiarized with the new

Y, 1940

ent's

ou off with

I've

But

aced the med

p in welople

ould se 40



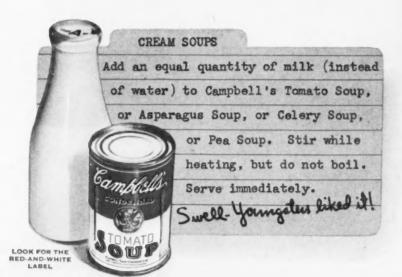
### Four tempting ways to give your child

# Misselfille

Your youngster needs milk—plenty of it! Doctors agree that every boy or girl should have at least a quart a day. For romping or studying, or simply growing, young bodies call insistently for the food elements that milk supplies so generously.

And here's an easy way to make sure your children get all the milk they need. Nearly every child is fond of soup. (The four Campbell's Soups at the right are especial favorites.) Simply make these soups extra nourishing, by adding milk instead of water! It will be an actual pleasure to see how the children go for any one of them! And your pleasure will be doubled when you realize that, in this way, they are getting a most healthful combination—the nourishing benefits of good soup and the high nutritional value of milk.

Remember these four easily made, easily digested, cream soups. Let the youngsters enjoy them often. Incidentally, why not make it a point to have them frequently yourself, and to serve them to the whole family? And another thing to keep in mind: Any one of them makes a delightful party soup. Won't you put at least one of these soups on your next grocery order?





MADE IN CANADA BY THE CAMPBELL SOUP COMPANY LTD, NEW TORONTO, ONTARIO



BIFF-JANEY looked past herself in the glass and smiled at them both. The sight of the two of them together was becoming familiar. But Ma herself wore a look of faintly disapproving incredulity, as though she did not quite believe what had happened to her. Sam, undeniably, had worked fast. He must have ransacked Bond Street for those clothes and incited some expensive beauty specialist to do her darndest. As a result, Ma was not beautiful. But she was very

Biff-Janey's eyes returned to her own reflection. She looked, she thought rather grimly, a perfect lady-a rather expensive lady perhaps, but one who had learned to be expensive with the utmost discretion. She wasn't beautiful either. But she knew from experience that once people looked at her they went on looking. They liked what they saw a little more each time they saw it. Not that she cared much what anyone thought. But she wanted David Gretorex to know that she was there, standing by, as it were, in spite of the fact that they weren't on speaking terms. And she did not want him to think, "Thank goodness, I escaped that!"
"I'm almost ready," she said.

But at that moment the telephone bell rang again. She had already had a call from Frank. He had said the sale of Longspere had been a feather in his cap and he thought he ought to thank her. Yes, he was going to be married before Christmas. He sounded still rather aggrieved but very gentlemanly. She could almost see the smart morning coat and grey striped trousers. Dear old Frank. Whatever he did he did thoroughly. And now he was going to be a capitalist and marry a nice

But at the last moment he'd broken.

"Bless thee, Janey. Thee's a gradely lass."

She'd retorted not very steadily either: "Thee's champion, Frank."

This time it was Bill Scoffield calling. She knew by the peculiar quality of his voice—at once hectoring and cajoling—that he wanted something.

"Janey-I was out in front last night. Seemed to me the show had slipped a bit. Not quite enough Biff to it, eh? What about a rehearsal, darling?"
"When?"

"This morning. Ten sharp."
"Can't be done."

"Look here, what d'you think I pay you for?"
"I've told you—I don't know."
"Why can't you?"

"I've got another date."

"Where?"

"At the Old Bailey."
"Oh," Mr. Scoffield said. There was a moment's awkward silence. "All right," he said. "I'll let you off if you'll let me off. I mean—do we have to go on with this business? I mean—this darn-fool engagement? I've never really liked it."

"The engagement between Miss Jane Janeway and Mr. William Scoffield is herewith broken off by mutual consent," she said. "I never really liked it either. But it was useful whilst it lasted."

"Always ready to oblige a lady."

She knew he grinned. And she laughed back at him. Then she stood up briskly.

"Let's go, darlings.

THERE was a big crowd outside the grey stony-faced building. A friendly, good-natured crowd. It took the curse off the place, so that in a dignified way it seemed to be friendly too. Limousines and taxis drove up in rapid succession. Celebrities were recognized and welcomed with varying degrees of enthusiasm. Mere people were passed over in disappointed silence. The celebrities did not seem quite certain whether they should respond gaily or with \*\* Continued on page 40

Y, 1940

### ... ever pack a suitease?





Why be self-conscious! With Kotex your secret is safe! Pressed ends (patented by Kotex) never make embarrassing, tell-tale outlines... the way napkins with thick, stubby ends so often do!

And—for complete peace of mind—remember this. Between the soft folds of Kotex there's a moisture resistant panel! A special safeguard...newly developed by the Kotex Laboratories!



Kotex\*comes in 3 sizes, too! Super — Regular — Junior. Kotex is the only disposable sanitary napkin that offers you a choice of 3 different sizes! (So you may vary the size pad according to each day's needs!)

All 3 sizes have soft, folded centers . . . flat, tapered ends . . . and moisture-resistant, "safety panels". All 3 sizes sell for the



PROVE ITS NEW SAFETY
COMPARE ITS NEW
FLATTER ENDS

"You scarcely know you're wearing it!"

#### The Enchanted Castle

So PETER and Mary and Robert went down into the kitchens of the Enchanted Castle to get the food ready for their rescue trip to the Africans. They had to rescue the Africans because Robert had fallen on the storm machine in the Weather Man's tower, and had sent out a terrible storm, with thunder and lightning and torrents of rain, so that the Africans were flooded out. Those of you who read the first story of all will remember that the three children had come to the Enchanted Castle on the advice of a black cat, so that they could make a magic wish for their mother, who was so poor that she worried all the time about getting enough food for them to eat. The children wanted to make a wish that she needn't worry any more. Remember?

Now we start the new part of the story.

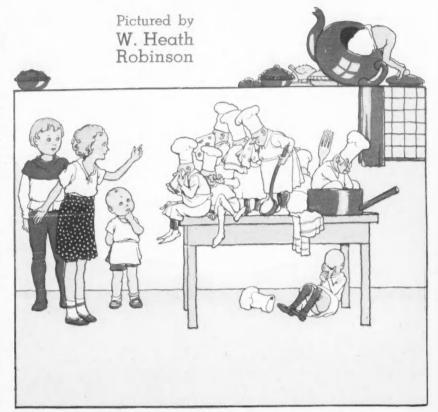
When the three children walked into the kitchens they saw the fairy cooks, all dressed in white uniforms, crowded on a large kitchen table, crying and sobbing. The children watched them in bewilderment for a moment. Then Mary said, "Whatever is the matter?"

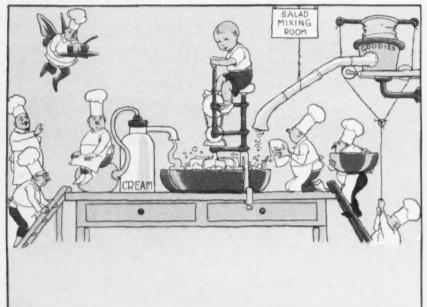
"It's the poor Africans," sobbed one of the cooks, "They've been flooded out, They'll have nothing to eat!"

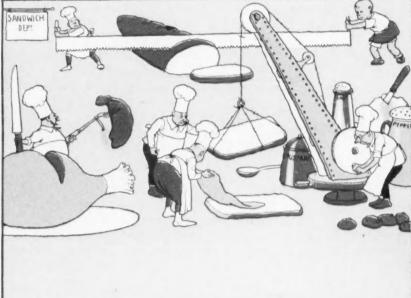
"But how do you know about them?" asked Peter.

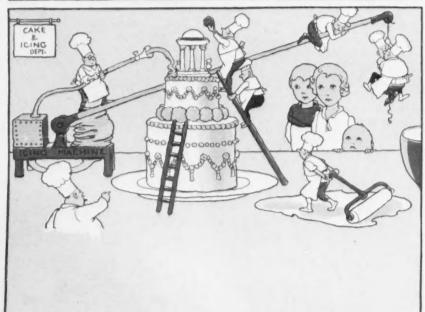
A glum-looking cook who was sitting in the frying pan, turned his head. "Silly!" he said crossly. "This is a magic kitchen, of course. Or it wouldn't be in the Enchanted Castle. We know everything that's going on. We saw that little boy fall on the storm machine. We saw it rain cats and dogs on the poor little Africans." And he started to sob again.

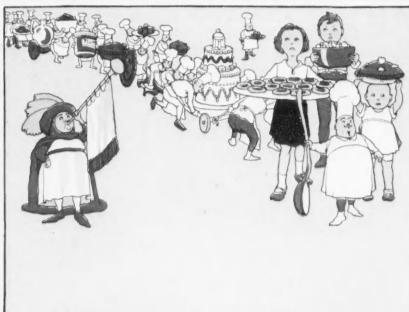
"But you don't know it all!" said Mary. "I bet you all started crying so quickly you didn't wait to see what happened after!" \* Continued on inside back cover











#### Mr. & Mrs. Elegant

Continued from page 13

caught her on the way out she would permit him to walk with her to the place of her employment. He walked at that hour each night anyway, in an effort to live down the effects of the store window dinner, and he would like to know more about this girl. He would like to talk with her when it was not necessary for them to smirk at one another across an impeccably set table. He even thought wildly of following her. He felt panic when he contemplated the end of the week, which would be the end of their professional association.

Prince Charming was given only one night—but Prince Charming had a glass slipper to work with, and plenty of money and pull with which to organize a search.

The trouble was, she was gone each night before George could reach the only street door left unlocked. George had to walk several hundred yards between closed counters to the Men's Shoppe, whereas her dressing compartment was within a few feet of that

On the Friday night when he saw her, and blinked at the sight, he supposed with a burst of gladness that at last he would be able to catch her. For though he knew little enough of the mechanics of Levinson creationsand Mrs. Lyons' descriptions, to which he listened with less than half an car, told him little more-nevertheless even his masculine eye could perceive that getting into and out of this particular gown would require much time. It was an elaborate black affair, rigid with brocade, and against it she wore breath-snatching rubies.

She was unusually quiet that night, though whether this was because of her private thoughts or because the gown itself discouraged loquacity, George did not know, It was a mature thing, very grand. A less lovely woman, or one not authentically blond, would never have dared to

"Smelly fare, Mrs. E. If they were going to permit this fish to hang around so many days before they cooked it, they might at least have put it into an icebox. Have some of this delicious Barsac. It's as bad as ever."

She smiled gravely.

"Was Henrietta's up to snuff last

night?" she asked.

"Better than ever. Great place. I went there originally a month or so ago because I'd heard it was cheap and good too. I always used to have a book with me then. I was boning up for bar examinations. But lately, since I've been subjected to these publicized torturings, I've begun to really appreciate Henrietta's cooking. Last night I had wiener schnitzel and cabbage boiled the way cabbage should be boiled. Just what I'd been pining for."

"I remember you mentioned at dinner that you hadn't had wiener schnitzel for a long time."

"And there was apfelstrüdel which must have been made by an angel. And I finished up with two cups of the best coffee I have ever tasted."

Later he said anxiously, "You must have formed an opinion of me that I'm Think of all coarse materialism.

nothing but eat, eat, eat." He spread his hands in a gesture which caused women on the sidewalk to shiver in delight. "But after all, say what you will, your stomach is the centre of you. It's the organ all the other organs are built around. I'd like to think of higher things, but it's pretty hard to do when you're chained to this swill. The only thing that makes it endurable is being able to look at you and talk to you. If I'd had to work here with anybody else I'd have chucked the job after the first night, contract or no contract."

She stared at her plate.
"It must be hard," she murmured.
"Women can stand it, but it must be hard on a man. Good food means so much to men."

"It does to this one anyway! I've had to go without lunch every day in order to get up enough appetite to consume this stuff without bursting into roars of rage."

At the conclusion of dinner he went to her side of the table, offered his arm, and as always escorted her out of sight, while a silk curtain stuttered down over the window. He whispered, "I'll see you soon," and scurried across those dim acres toward the Men's Shoppe.

In a matter of minutes he was in street clothes, his only suit. He would see her tonight! This Cinderella stuff was going too far.

But outside the dressing room a great obstacle loomed.

Mrs. Jane Lyons was large and determined to get ahead. This whole idea was hers. She'd had to fight for the appropriation, and she was going to prove she was right. Anybody who got in her way-

Mrs. Jane Lyons, in her capacity of Social Adviser, talked and wrote about the value of good manners. A smile, she contended, would accomplish more than any bawling-out; and that person who had developed his or her natural charm to the utmost, and was softspoken, diplomatic, considerate of the feelings of others, had every advantage, not only socially but also in the business world, over the blustering uncouth. However, with those working under her, and especially if she thought she was being crossed, Mrs. Lyons did not always behave in this manner.

Now she levelled a forefinger at George. It was fat.

"You're not eating enough!"
"Are you," George asked bitterly,
'worried about my health?"

"Don't get flip, young man! I'm putting this thing over and I'm going to see that it goes over right. The first few times you weren't bad, but last night and again tonight you hardly touched your food. That's one thing for Miss Carse—she's a lady and she ought to have a delicate appetite-but it's another thing for you!'

"Does it occur to you," he asked ldly, "that if you gave us food at least fit for pigs, we might both get rid of more of it?"

Properly, this should have ended the conversation, but Mrs. Lyons had more to say. It was fully five minutes later when George broke free. He all but ran across the floor.



ks at have look day.'

V-8"

yself. ioned look

in to

will

ds!

vely

"Who says a
woman doesn't
know her own
mind?"



"Joe started it. He came home last night and made some cracks at our old car. So I said, 'Out with it, my man, just which new car have you been looking at?' And he said, 'Oh, not any, really. Might look around a bit. But I did watch a swell new Ford go by downtown today.'

"So this afternoon I took a long look at the new Ford myself. That's easy to do! And the salesman was grand. Never mentioned fan belts or fuel pumps or anything like that. He just let me look around and open things and ask questions. Pretty soon, I began to get as excited as Joe was. . . . Then we went for a ride.



"FIRST I SAT IN BACK It's simply marvelous how they've put so much downright comfort and roominess in that car! The cushions are deep and soft, with lovely upholstery. There's more room for your legs — four inches, the salesman said—and more elbow room. So quiet, too. I couldn't hear a sound!



"THEN I TOOK THE WHEEL—a clever two-spoke wheel with the Finger-Tip Gearshift right under it. I was amazed at how nicely it shifted. There's nothing tricky about it at all. It's just the regular shift turned on its side. And there's nothing in the way when three ride in front and I have to sit in the middle!



"IT'S FUN TO FEEL THE POWER of that 8-cylinder engine. It sweeps you ahead so smoothly.... That new ventilating system is simple and sensible.... Wish you'd seen me park. I eased right into a tight place the first try.... The Ford is certainly easy to handle.... And Joe will be, too, when I tell him that I've made up our minds!"



IF YOUR JOE IS TALKING about a new car, do something. You know a good buy when you see one, so go see the new Ford cars. Take a ride. Take the wheel. Then take your choice of nine different models and six lovely colors. Prices are low, and probably your present car will more than cover the down-payment.

### FORD V8 for 1940

FORD MOTOR COMPANY OF CANADA, LIMITED: FORD, MERCURY AND LINCOLN-ZEPHYR CARS

The crowd was thrilled, Old

Mattress-Bosom, though doubtless in a

rage, kept her head. Her voice in the loud-speaker became honeyed. Not

good at improvising, she was yet no

ervice

you," The link,

The coat, d be "At r," he

Hazel

s last gh to vould food ually

alone Mrs. s, for , and tered tated corge

s, he sible. her le by em-have had ame.

the anv

lessorry istewere ever

that

out s of here the tens

He lat-

niling nding nd by gation

coward.
"But even in such beautiful sur-roundings as the Levinson Store furnishes, the course of true love is not always smooth. Even such darlings as our Mr. and Mrs. Smith must have their lovers' quarrels. But they'll make up. Oh, they'll make up," she added with heavy significance. George went around the table. He

had ceased to look as though he wanted to smash a platter over rhe head. He was letting himself look the way he felt, which perfectly fitted the part.

SHE ROSE to meet him. A smile

trembled at her lips.
"I—I couldn't believe you did want to see me outside," she whispered. "I waited on you every night for weeks, and you never even looked at me. You were always studying some law book. You never looked at me until you saw me here, in an expensive evening

gown."
"You waited on me?" Flabbergasted, he held her at arm's length. "I'd been boning for my bar exams every night until this week, yes, but what in the world are you talking about?"

She's my mother, and we run that place together. That's why I had to hurry away each night. There's only the two of us. I used to wait on the table, but when you really had a look at me here And that night, it was Monday night, you didn't bring a book. I was afraid to have you see me when I wasn't dressed up like this. I was afraid you'd—" She swallowed, moving closer to him. Her head was low. "So I stayed in the kitchen every night this week. I did the work there, and I got mother to serve you instead. I-I felt sorry for you, having to eat this awful stuff in the store window

Now his arms went around her, and no stage director could possibly have found fault.

"You mean to tell me that you're the one who's been cooking all that wonderful stuff? Why-why-"

"Observe the tenderness in the face of each of them as they come at last to their sweet reconciliation," advised

Mrs. Jane Lyons, Social Adviser,
"—Why, now I know I love you!"
The crowd outside went wild when they kissed. Absolutely wild. &

#### Will War Affect Our Fashions?

Continued from page 9

hard. During the last war Paris was bombed, and long-range German guns spat at the gates. Yet the Government released men and women with the style strings of the world in their hands, to keep on making clothes. Create . . . create . . . create! was their watchword. Here in a little room, there in a forgotten old building, designers plied their needles. And the French Government is doing every-thing in its power today to keep its needles stitching. For it cannot afford to lose either the trade of the world at its notion counter, or the services of its couturiers as unconscious propagan-

Already in the furor of bringing out their new designs American creators show a tendency to jump in every direction at once. It has taken centuries of artistic surety to give the French designers enough confidence to say, "This shall not be," as well as "Wear that." Will America be able to discriminate? To choose? To be authoritative as well as creative?

France will hold the reins as long as she can get one ship across the dangerous Atlantic to New York, For even if fabries shrink and workmen dwindle, it will carry designs . . . dicta . . . ideas.

But here we stand in Canada, a warring people away from the war. Europe dresses in clothes suitable for women who may at any moment need shelter from bombing attacks, who work with soldiers close to lines of battle. The United States is at the height of its frothiest and most festive peacetime season. For the first time Canada evolves a clothes philosophy all her own. She will follow the allied sisters in choosing conservative clothes. Yet there is another, different problem. Men are sent thousands of miles

away with a picture of women as they saw them last. On a station platform . . . in the bare corridors of an improvised barracks . . . in the doorway of a simple house on a quiet Canadian street. Remember how many Canadians came back from the last war with English and French wives? Prenez garde!

Woman Goes to War, Too.
To a New York designer has been credited the statement that the last war took women out of corsets . . . and this one will get them into trousers. English women, able conscripts for duty relative to wartime, have leapt at the chance to do away with skirts for working hours. Certainly women everywhere are taking a new interest in slacks, smartly tailored. It's still a moot question whether they'll ever become an official working garb. French women will have none of them. They cling to skirts as essential to femininity. As to Canada? The tailored suit, the simple well-made dress, become the regalia of the hour. For duty here, to date, consists of going to first-aid classes, working for the Red Cross, knitting, sewing, lending a hand wherever needed. For many, it means spending many hours away from home. Smart, simple hats, coiffures that will stand up under them, walkable shoes, clothes that won't crush or soil easily, are part of the program.

Good wearable clothes for travel, which will be mostly on land or by air now. But definitely glamorous, feminine, subtly alluring things for

Does fashion go to war? For the women of Canada, it fights with their

And for them. :

### Lady Esther says You can't win New Luck with an Old Shade of Powder!"



Is the shade that flattered you once...spoiling your charm today? Find the one shade of my powder that's lucky for you now!

How MANY MONTHS have passed since you checked up on your face powder? Can you be sure that right now you're not wearing a shade of face powder that is robbing you of your charm, ruining your chance for popularity?

The shade you wore four months ago can be all wrong for your skin as it is today. For skin tones change with the seasons—and the right shade will flatter you, but the wrong shade can make you look older -vears older.

That's why I make my powder in ten lovely and lucky shades. This year my new Rachels are particularly flattering. And in every one of my 10 shades you will see not the dead grey of a coarse, dull powder...but only the opalescent film that lets your own true beauty come shining through.

Find Your Lucky Shade! Send for all ten of my shades which I am glad to send you free. Perhaps my new Champagne

Rachel will be your lucky one—perhaps Brunette—or Natural. I urge you to com-pare—compare—compare! Try all ten— don't skip even one. For the shade you never thought you could wear may be the one right shade for you.

Make the "Bite Test." When you receive my ten shades, make the "Bite Test," too. Put a pinch of the face powder you are now using between your teeth and grind your teeth slowly upon it. If there's the slightest particle of grit in the powder, this test will reveal it.

Now, make the same test with Lady Esther Face Powder. And you will find not the tiniest trace of grit. Then, you'll under-stand why Lady Esther Face Powder never gives you that flaky, "powdered" look and why it clings so perfectly for 4 full hours.

So write today for my glorious new powder shades. Find the one that transforms you into a lovelier, luckier you!



(You can	paste this on	a penny	postcard)

I ADY ESTHER, (2-33)

FREE! Please send me FRIT AND POSTFAID your 10 new shades of face powder, also a tube of your Four Purpose Face Cream.

Address

City\_\_\_\_

# Fighting Another Plague

A SARESULT of a great educational movement, countless people today have enlisted in the fight against a great plague-syphilis. They have learned that syphilis can be cured and syphilis in the new-born prevented-by prompt, proper treatment.

More people now than ever before realize that, while syphilis may be acquired innocently, no one need remain in doubt as to whether he or she has syphilis. They have learned that a thorough medical check-up, including blood test and microscopic examination, reveals the truth to the skilled physician.

Every thoughtful citizen, naturally interested in stamping out this menace, should know and help to make known the following cardinal principles concerning syphilis:

- 1. Prompt recognition of the disease is vital.
- 2. There is as yet no practical short-cut treatment.

Many a victim of syphilis is deceived into neglecting medical attention - while the disease slowly entrenches itself in one or more vital organs.

Self-treatment, non-professional treatment, quack remedies are worse than useless. The guidance of a reputable physician is the first dependable step toward real cure. Proper treatment consists of a systematic series of injections given by a competent doctor over a period of many weeks.

In progressive communities throughout the country, examinations, blood tests, and treatments are being made available to those unable to pay for private care. Names of doctors and locations of public health centres and clinics offering these services are readily supplied by local health departments or medical societies.

So that you may better understand the syphilis problem and be better equipped to help your community solve it, let us give you additional information about this disease. Send for the free Metropolitan booklet, "The Great Imitator."

	politan 2-L-40,				any, Ottawa.
	send :		of y	our	booklet,
Name.		 			
Street.		 			
City		Prov	ince		

#### Metropolitan Life Insurance Company NEW YORK

FREDERICK H. ECKER



LEROY A. LINCOLN

CANADIAN HEAD OFFICE-OTTAWA

"Miss Carse? She went out just a few minutes ago."

THEY WERE a success. Even the advertising manager, who habitually begrudged praise to Mrs. Lyons, conceded this. He had said that one night of it might not be such a bad idea, but a week, six nights, was preposterous. Mrs. Jane Lyons had been obliged to carry her plea right up to the two aged Levinsons themselves; and incidentally she had been careful to forestall any attempt on the part of the advertising manager to claim full credit when the business fooled him by going over big, as she was sure it would do, and sure be would do, and as in fact they both did do.

Each night Mrs. Jane Lyons' voice reached a larger audience, and by the middle of the week it had been found not necessary, but anyway excusable, to call in special duty cops. Mr. and Mrs. Smith fascinated. Stepping gallantly around in front of the maid, Stepping he pushed Mrs. Smith's chair under her at 5.10 o'clock, and in spite of an air of leisure he was offering her his arm at exactly 5.45. This being winter, it was dark enough then to get the full effect of the candles, yet not so late that passers were obliged to hurry Practically all those who watched were women. An occasional man would stop, but only to stare a moment in amazement, and sniff, and walk on. Salesgirls and female office workers, late shoppers too, remained fixed on the sidewalk, admiring while they critically appraised this model They learned how the elite eats, and they enjoyed it. When demi-

for their husbands' dinners. For Hazel Carse and George Laidlaw looked well together, acted well together too. Mrs. Lyons, no fool, had selected them from among many. "You fit one another," she'd said.

tasse and liqueur were finished and the

exponents of graceful living had

strolled off-window, the women outside

had a strange light in their eyes as

they went home to open cans of food

Mrs. Lyons, through the loud-speaker, wove a little romance about them. They were the ideal couple. He was desperate that last night.

Listen, can't I at least know your address? I don't make passes, ordinarily, but this is different. I want to know you better. I want—"
"Mr. Laidlaw!" They could not see

Mrs. Lyons, only hear her. "You're supposed to be dining with your bride, not trying to make a date! Please remember that! I don't care what you say, but show a happy expression!

Then she must have switched to the microphone, for the voice, dulcet again, sounded outside.

"I want to call your attention

particularly to the Wedgwood service our dear young couple are using. The Levinson Store, the Store of Smiling Service, carries a truly astounding stock of this historical china, and by means of the Graduated Obligation

"I'm sorry I embarrassed you," muttered George.

After this final performance tonight his finery would be checked. The cigarette case, each stud and cuff link, would have to be accounted for. The shirt, collar, tie, shoes, socks, coat, waistcoat, trousers, all would be examined for possible damage. "At least I brought my own underwear," he thought savagely.

And by the time he got free, Hazel would be gone.

THIS JOB would probably be his last as a model, for he had saved enough to set himself up in an office. He would not again be forced to eat beastly food for the edification of morons casually foregathered. But Hazel? She alone had made those meals endurable. Mrs. Elegant. Locally she was famous, for hundreds had studied her features, and the way she held a fork, buttered bread, used a fingerbowl, were imitated all over the city; but who was she? It was not absurd to suppose that George would never see her again. It was, he knew in agony, altogether possible. He might of course encounter her fortuitously, but he could not count upon that. She would be accessible by telephone-every model seeking employment, like every actor, must have the use of a telephone but he had searched the book in vain for her name. The agency would not help. It had a strict rule against giving out the address or telephone number of any model, even to a fellow model.

Suddenly George slammed his palm upon the table, violating its flawlessness of arrangement.

"No, I take that back! I'm not sorry I embarrassed you!"

There was a stir behind the pasteboard wall. Mr. and Mrs. Elegant were allowed to say pretty much whatever they pleased, always provided that they looked their parts and carried out their pantomime; but this business of walloping the table was not a part of the routine.

See here, you'll either tell me where you live, or where I can get hold of you afterward, or else I'll stage a scene right here and now! That's what the woman usually does, isn't it? Threatens to stage a scene. Well, this time the man's threatening it."

He slapped the table no longer. He pounded it with his fist.

"And I don't care what old Mat-tress-Bosom back there thinks or says either, or any of the rest of them!"

#### FOR THE GENTLEMAN HOUSEKEEPER



Chatelaine sympathizes heartily with the man who has to "batch it" and offers practical help in "Man-Made Meals." This Institute bulletin gives useful pointers about meal preparation, suggests menus and cents to Service Bulletin Department, Chatelaine, 481 University Avenue, Toronto. Number 2204.

#### BEAUTY CULTURE



A DEPARTMENT OF STYLE, HEALTH AND PERSONALITY



Ten commandments that will help you to sell your most valuable asset—yourself—in whatever job you're after by CAROLYN DAMON

You've got to be able to do the job you're after—and do it well. The new place may have all sorts of fancy frills and fritters of its own you have to acquire, but the basic three R's of your training must be so well grounded that you can forget about them and concentrate on the more superficial aspects of the job hunt.

pass a sparrow off as a canary.

T TUNTING for a job?

Maybe you want work as a secretary, clerk or schoolteacher. Or perhaps you're running for office in your club, or would like to register as permanent heart- and house-keeper for one man. Whatever you're after in these competitive days, your possibilities are being rated with a thoroughness that would amaze you. So you'd better put your best foot forward—and see that it's well shined, to boot.

Your kind of job hunt may not take you to an employment office to sit and wait. But if you could study the girls and women there, you would get some pretty striking ideas of what to do—and what not to—when you want to present your best self for an all-important interview. I went to see some big-time employment managers, and talked to a lot of stylists about it. And out of their findings grew the ten commandments of job hunting. Here they are:

(1) Want the Job

Don't amble in with a "just looking around, thank you" air about you. Your desire to fill the particular post you're after more than to do anything else in the world, is the first thing that will convey itself to your interviewer. Even if it's scrubbing floors. It's just as bad to give the impression that you're too big for the job as that it's too big for you. But there's a fine distinction between "wanting" and "needing." Of course you need it, but don't fall into anybody's lap in your eagerness to get it, and don't try to get by on your widowed mother or three hungry children. The employer wants a worker, not a new problem, for his staff. One employment manager told me the reason older women often fail to click is because they are so overanxious.

(2) Be Well Trained

No amount of slick grooming or presentation will

(3) Fit Into the Setting

At this point you start to sort yourself out from the crowd. Every business, every institution, every office, has its own particular rhythm. The prospective employer is subconsciously fitting you into that rhythm, as he talks to you. Quite aside from being adaptable, you can acquire some of the flavor of the place before you even go. Find out all you can about office routine, customs, taboos. If you can get a description of the girl whose place you are to take, and find out whether or not she was satisfactory, so much the better. If the employees all wear dark clothes, I wouldn't apply in a South Sea Island print. If their nails are pale or colorless, it would be inadvisable to knock the boss dead with a scarlet polish. If the place has an air of dignified quiet, don't come in with a clatter. On the other hand, if it hums and vibrates don't be too mouse-like. Size up as much as & Continued on page 28





"Not today, Janet!" she moaned. "I feel just miserable and I'm so chafed I could scream!" Well—I wanted that picture, so I blurted. "Good grief, Martha, why be tortured when Miracle Modess now brings you 'Moisture Zoning'?"



Martha was amazed, but I wasn't through. "Look," I rushed on as I opened a Modess pad. "This is why Modess is softer. It's made of fluff — entirely different from layer-type napkins."



And I quickly rounded up some Modess and showed her why "Moisture Zoning" is the grandest napkin improvement in years—because it acts to direct moisture *inside* the pad, leaving the sides dry and comfortable longer than ever before!



Then I got some water — poured it on Modess' moisture-resistant backing — and proved that not a drop went through. "See? Modess means greater safety against accidents, too," I crowed. Well . . .



I certainly got my reward! Five beautiful shots of Martha, and the nicest little note: "You can take more pictures any day you want," she wrote. "Believe me, I never knew what real comfort and peace of mind were till you told me about Miracle Modess."

New Miracle Modess with "Moisture Zoning"

#### Don't Throw It Out!

There may be a skirt for daughter in daddy's old trousers . . or a suit for junior in your discarded woollen outfit, if you know how to make over



MAYBE THERE'S the nucleus of a wardrobe for the children-and some odds and ends for yourself-right in that old clothes bag you were going to clean out. As a wife and parent, the able maker-over just can't be beaten. The secret of her success is a willingness to rip . . . seam . . . and press. Add to that an imagination, and she may turn out some pretty amazing little numbers.

Daddy's old clothes are your treasure trove. Trousers, for instance. Ripped up, washed, pressed and turned, they can be made into fourpiece skirts for girls. Put a kick pleat in with the extra length. The coat of the suit could be made into a smart tailored jacket to match the skirt. Or, if it's pretty badly worn, you could get a bolero out of it rather than a jacket. If the coat is just too far gone for use, make a skirt with suspender tops, and a blouse from an old dress of your own, carefully choosing the best parts of the material.

DID YOU ever try using a man's shirts to make aprons? The tail part in the back will make the body of the apron, and ties and a bib can be cut out of the sleeves and front, taking the pieces that show the least wear.

Then—take that worn-out under-wear in your collection of rag-bag souvenirs. A man's union suit can be used for aprons, too-grand soft ones for your heavy household cleaning work. Take out the worn part. Use the legs, narrowed with felled seams, and cut the arms at the elbow, where they have probably worn through.

Slim the sleeves with the same felled seam used in the leg. To seam to-gether, put the wrong sides together, leaving the raw edges on the right side, press open flat and use a soft cotton material, pressing edges back and stitching on both sides, on the right side, to cover the seam. This will give a flat appearance around the waist, be strong, and avoid bulk.

Get one of your star knitter friends to show you how to reknit the feet in your children's socks.

IS THERE an old fur coat in the house? It can be cut down and the good parts used to make a smart, warm coat for daughter. The lining must be ripped, washed and pressed. Rip the seams in the coat, and discard all the worn parts. All seams in the fur must be ripped with a razor blade, taking care to rip the seams only and not cut the fur. Replace the worn parts with pieces taken from the extra length not needed. Be careful to match skins as closely as possible. If a fur machine is not available, skins must be sewn with an overhand stitch, using coarse thread, and being careful to keep the fur from becoming entangled with the thread. Then block out the pattern with chalk on the skin, and cut from the inside with a razor blade. Finish the side seam in the same manner as skins were joined together. To make a collar with satin lining, cut the pattern in the same manner and take the edge, inserting padding of sheet wadding which is first tacked to the fur. Buttonholes are made of heavy braid. In sewing



COLGATE'S COMBATS BAD BREATH ... MAKES TEETH SPARKLE!



COLGATE'S special penetrating foam gets into the hidden crevices between your teeth . . . helps your toothbrush clean out decaying food parti-cles and stop the stag-

nant saliva odours that cause much bad breath. In addition, Colgate's safe polishing agent makes teeth sparkle with natural brilliance! Always use Colgate's Dental Cream
—regularly and frequently. No
other dentifrice is exactly like it.





midtence louse town es are n or

vomen white. Saw a redin-harmare in lovely

RY, 1940

hose ce a pers with

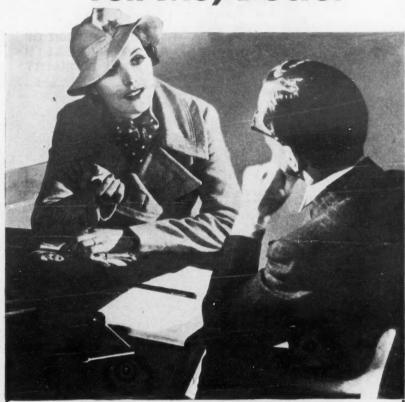
illies,

how

avbe

n a ash-may trap king unrap sely

#### "Tell Me, Doctor



#### ... what is meant by a 'modern' antiseptic ... for personal uses?"

Fastidious women are now using 'DETTOL', the Modern Antiseptic, in their health-and-daintiness routine because, while so highly effective, it is pleasant to use and non-poisonous. 'DETTOL' is a clean, clear liquid which has an agreeable odour, will not even stain the finest linen, and is an excellent deodorant. Although several times as strong as pure carbolic acid it cannot harm even the delicate skin of a child and is safe to use.

'DETTOL' has been used for years by British doctors and in British homes. It is now in use in the maternity and surgical wards of leading Canadian hospitals. Keep 'DETTOL' handy in the home not only for personal uses, but also to prevent infection on cuts, bruises, and bites, for the bath and as a gargle for sore throats.

#### 'DETTOL' Antiseptic Offers You ALL These Qualities:

Non-Poisonous! Non-Staining!

ing! Does Not Hurt?

Several Times as Strong as Pure Carbolic Acid!

Pleasant Odour!

Gentle to Human Tissue!

YOUR DRUGGIST HAS

### 'DETTOL'

THE MODERN ANTISEPTIC

RECKITTS (OVER SEA) LIMITED

Pharmaceutical Dept.

MONTREAL





Reckitts (Over Sea) Limited, Pharmaceutical Dept., 1000, Amherst Street, Montreal, P.Q. Please send me FREE trial bottle of 'DETTOL' Antiseptic with instruction booklet.

ADDRESS....

#### **Fashion Shorts**

#### Kay Murphy Says:

Wear patent leather pockets

Put gardenias on floppy velvet hats

Combine rosy shades and grey at fifty

Give your ears a fashion hearing

TAKE OUT those dark dresses of yours and dazzle 'em up with the newest" clown" or harlequin collars. Make them of filmy chiffon, in white or a pastel color, and let them ripple right out to your shoulders. Add cuffs for good measure—smooth flattery, take my word.

And another spring fad. Patent leather pockets on dresses, coats and jackets. Cut them out in tulip or leaf figures—all the better. Schiaparelli had the idea. I'm passing it on to you agile-minded gals who have a couple of patent handbags that may be outmoded as purses, but probably not as pockets!

Prints and taffetas are stepping out all over. So many lovely little prints. And the big news in patterns from New York is tiny regiments of soldiers walking all over the background. Taffetas are either plain or printed, and many of them are very slim-bodiced with sweeping skirts, either gored or flared.

If at the moment you insist on having a new, dressy hat (for afternoon affairs and "Little Evenings"), may I suggest the New York midwinter fad of floppy black velvet hats, with streamer ties and white gardenias either on the crown or under the brim?

Longing for a slim new wool dress but don't want to strain the budget? Paris comes through with a honey of an idea (oh, yes, styles continue to slip through). Over there, women are having their late winter dresses made of wool, very streamlined, and then when spring comes along these very dresses start out again as spring coats. Most of them are in wrap-around coat styles, although many boast those fulllength zippers.

And patent leather belts, in any width you wish, are another Frenchy idea for those earlier spring frocks in pastel colors.

Combined colors are excellent on the southern resorts this winter. Watch out for them in our fashions next summer. Two colors are daringly, and frequently, combined. Red and yellow—to rhyme with, "Catch a fellow."

A brimmed hat that needs a tonic may find it best to swathe itself in twin chiffon scarves, bi-colored—that may be draped around the hat, or flung around the neck flirtatiously.

Another new hat? See those dashing caps the naval officers wear? Now we are wearing them, with high crown and tiny peak. Awfully good, made of flat fur such as Persian lamb.

I LOVE black and grey on women whose hair has turned graciously white. But have you ever tried rose? Saw a rose-colored dress, with a grey redingote. The combination was so charming I felt I must tell you. If you are in the graceful fifties, think about rosy shades. You'll find them a lovely complement to your greying locks.

Blouses have remained in the midwinter scheme with unusual persistence. So little material is needed for a blouse—yet it is one of the smartest town fashions. The long-sleeved blouses are the newest, for either afternoon or evening wear. Velvets, metallies, striped satins are all good, and how they do dress up older skirts or maybe skirts snitched from dresses whose bodices have lost their flavor.

Making new nighties? A very swank idea is to have the bodice a different color from the skirt. Toppers of lace exceptionally good tied in with satin.

Spring comes to handbags, in a bigger and better way. Yes, the fashion is for larger bags. Those that may be slung from the shoulder on a strap are extra special. Very good looking with our first spring suits and untrimmed coats. I've known gals who had the local shoemaker shoulder-strap bags that would otherwise be unwisely dated. Do you?

If you covet crown jewels, there is a "Princess Royal" sweater fancy you'll like. Tight-fitting sweaters, for afternoon or evening wear, are being embroidered with colored sequins, stones and beads at the throat, forming a brilliant necklace effect. For further brilliance, thread matching bracelets of the same trimming for each slender wrist.

How are your ears? I don't mean the hearing part (which I hope is good). But I mean their appearance. Did you know that men prefer to see women's ears, if they can stand inspection. Ona Munson, who takes the part of Belle Watling in the fabulous movie, "Gone With the Wind," is a great believer in a gal showing her ears. A touch of rouge on the eartips may help their appearance. And if your ears are small and close to your head, bring out this beauty with little eardrops or long rings. Give your ears a fashion hearing!

RY, 1940

ion

not

used

from

aless

eing

ION

day

leat

tidy, hands immaculate. Most employers accept colored polish now, but unless you're a receptionist or a beauty shop employee, it's better to wear the paler shades. If your hands are in the least grubby, the shop manager is going to fear for his precious merchandise. So do be careful there. Hairs or lint on the shoulders of your dress or sweater will lessen your chances of employment amazingly. A ripped hem, a transgressing petticoat line, a soiled or rumpled appearance in any respect will bar you from the magic portals of the job you want to win.

#### (6) Be Dressed Suitably

And therein lies a whole volume that will read you in or out of meeting like a shot. One stylist tells me she has to exercise all the control in her power when she goes into the employment office of her organization. She wants to go from girl to girl and clutch off all the cluttering junk she sees marring the appearance of the eager applicants. Too many flowers, brooches, scarves, earrings and bracelets are disastrous. A good rule of thumb is: leave them all off.

thumb is: leave them all off.

If it's a clerk's post you're trying for, and the shop likes its girls to dress in dark colors, do you likewise. All you need to do is look around the counters. If you're at a model agency, wear high heels instead of the sensible three-quarter ones you would otherwise. It gives you a better stance. But do dress simply. The shop wants to picture its clothes on you, rather than any elaborate getups of your own. If it's a school board, you'll adjust your clothes to those parents think their children ought to see you in.

The ideal frock for a stenographer, according to a woman who gets jobs for hundreds of them, is a smartly tailored frock of wool or crepe. And a vital point she suggests is: don't wear the inevitable black if you don't look well in it! You can be conservative without being drab. And woe betide you if you give the employer an impression that he's hanging a bit of crepe over one of his desks. Suits are ideal for office workers, particularly as the jacket is often useful on chilly days. A single flower or clip is a good idea. But here's a point many girls forget. They dress smartly and suitably—and then, particularly in winter, are interviewed in a heavy coat and never seen in the frock at all! So in order to counteract the effect of dull bulk, wear a gay scarf or belt or flower, or see that your hat has color. It will give your employer an idea that you're not a doleful Dora. The dark frock with white lingerie touches is the favorite of many employers.

#### (7) Make Up in Good Taste

I heard of a nice girl the other day who lost a possible job because her lips were too pale and her hair was

untidy. Sounds surprising, doesn't it? But one of the leading woman employers of a big Canadian city tells me it's almost impossible for a girl to get a job without make-up. She looks so completely out of touch with the modern business world. The square peg again. Make-up must be cleverly done and certainly not overdone. And it's wiser to use a foundation that won't rub off, particularly if you're "going the rounds" and likely to be fagged before you're through. Never let an employer hear the whisper of a powder puff. He will imagine you setting up business on your typewriter when there's a client in, or during a sale in the lingerie department. Make-up should be felt but not seen. A neck clip, by the way, is important. And a hair style that is smart but simple. Have it done the day before you apply for your job, so it will be good but not too set looking.

(8) Have a Pleasing Personality

Maybe they should change it to "Even your best friend won't hire you." In order to please your boss—and his public—you must be clean, delightful to be with. Deodorants hold a large place in the training department of many big organizations. Your employer will be more interested in your smile and your pleasant, healthy, sound appearance than in your Schiaparelli model. And if you look sullen or grouchy to him, you wouldn't have a chance in his firm.

#### (9) Stand Out From the Crowd

Something has to make him choose you, from among a group of other smart, well-groomed women. Maybe it's the fact that you stand a little more erectly. That you have one bright touch somewhere to give your outfit character.

That there's a little more animation about the way you talk. Figure that one out yourself. But point up your best feature to make you stand out in the crowd.

#### (10) Be Well Mannered

You'd probably never dream of sitting down while your interviewer is standing; but you'd be amazed at the number of young girls who do. Or who come in chewing gum and say something like: "Anything doing around here?" One woman employer holds bad manners as the biggest black mark against the new young crowd of girls looking for their first jobs. It is bad enough to carry over the sloppy, free and easy clothes of school into the business world. But the free and easy manners just won't go down.

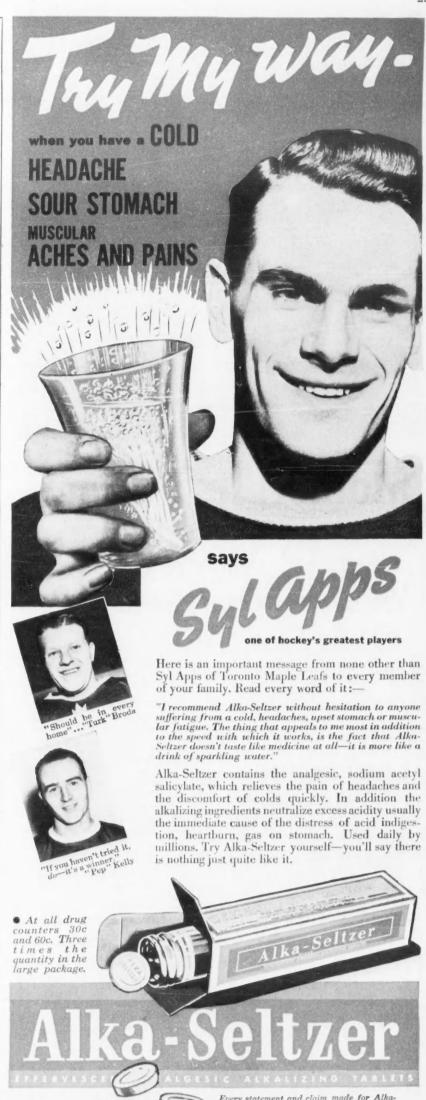
Recently a big Canadian organization took a survey of one thousand of its best employees. Only ten of them didn't pass the looks-and-manners tests with flying colors. I have an idea those ten jobs will be open shortly.

So how about you? \*

If your skin is normal, oily, dry or sallow you'll be interested in Service Bulletin Number 18—priced at ten cents. It will help you correct complexion faults. Service Bulletin Department, 481 University Avenue, Toronto.



A Lovely Skin





\*Nancy Kelly and Joel McCrea in the 20th Century-Fox hit "He Married His Wife". Her hands are delightful! Cultivate romantic softness in your hands
—so easily—by using the famous Jergens Lotion.

#### Your Hands need not get wretchedly Rough and Chapped. How Other Girls help Prevent this . . .

On, Poor Girls with harsh, rough hands!
If you'd only use Jergens Lotion!
You'll hardly know your hands after just a few applications of Jergens—they're so much lovelier! More desirably soft to touch.

Jergens supplies beautifying moisture most girls' hand skin needs, especially in winter. Gives your skin the benefit of 2 fine

ingredients many doctors use to help harsh skin to satinsmoothness. Regular use helps prevent sad roughness and chapping. No stickiness! Easy to apply after every handwashing. No wonder more women use Jergens than any other lotion. Have romantic, smooth "Hollywood" hands. Start now to use this famous Jergens Lotion. Smooth plentifully on your wrists, fingertips and elbows, when you use it on your hands. Smooth, white wrists are enchanting! 50¢, 25¢, 10¢—\$1.00, at beauty counters everywhere. Get

fit of 2 fine Jergens Lotion today, sure.

Rotare
Jergens Rotare
J

CUPID'S HINT
Rough, red hands
are so disillusioning!
Jergens Lotion furnishes beauty-giving
softening moisture
for your skin. Helps
keep your hands
lovably smooth!

JERGENS LOTION FOR SOFT, ADDRABLE HAND

New-for satin-smooth complexion— Jergens all-purpose Face Cream. Vitamin blend helps against dull dry skin. Try it! 25s. 15s. FREE... PURSE-SIZE BOTTLE
See—at our expense—how Jergens Lotion helps you have adorable, soft hands. Mail this coupon today to:
The Andrew Jergens Co., Ltd., 4312 Sherbrooke St., Perth, Ontario.

Street

(MADE IN CANADA)

buttons on, be sure to leave a fairly long rope of thread between button and coat to avoid wear on the fur when buttoning. A parka could be made with the fur left, instead of a collar, if you like. It will serve as both hooded collar and hat. Put a zipper around the bottom.

When sweaters get worn at the elbow, rip the sleeves out and crochet around the armholes. Crochet a bit of trim at the neck to match, and they will make attractive sleeveless sweaters to be worn with blouses (made out of mother's old frocks) for a girl, or shirts for a small boy.

Old knitted suits can be cut down and sewn in the same manner as cloth. But be careful to zigzag or overcast your seams.

IF YOU'RE making a coat for daughter, and have a worn-out plaid skirt, use it to line a hood of the coat fabric. It will give her winter outfit a gay lift.

Snow suits for the pre-school brigade are often turned out from mother's old suits which have been ripped, washed and turned. If there's not enough material for a whole suit, make a contrasting top with something else. This is a day of color and fabric combinations.

When big brother outgrows his overcoat, cut the bottom off and make a windbreaker of the coat, using the bottom for a band around the waist. Other extra material can be used for cuffs.

#### Put Your Personality Over

Continued from page 25

you can on the spot. But whatever you can get beforehand is so much to the good.

(4) Be Alert

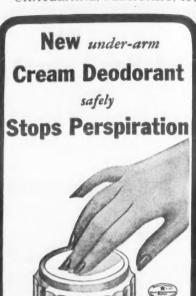
Engaging girls for a modern beauty salon has made one woman employer I know a keen judge of workers. "Awareness and cagerness are the first qualities I look for,' she said. "Give me those and I'll teach her all she needs to know." Dopey made a grand Walt Disney character, but he wouldn't get to first base with the modern employer. You're not required to turn the business upside down, it's true. But you ought to be able to recognize an idea when you see one, and move with the times in the modern business world. And they travel, believe me.

If you seem bored to the employer, you may be sure he'll picture you as bored with his customers or clients.

(5) Be Well Groomed

"A clothesbrush is the best jobgetter I know," one woman employer told me. "It's grooming—that ability to keep oneself well cared for from head to foot—that rates far more than the actual clothes you wear. Your employer knows circumstance may change those. But it won't change your way of wearing them."

If you're looking for a job in which you'll be before the public, your hair and hands are of utmost importance. They're the key spot with most department store and other shop managers. Hair must be brushed and



- 1. Does not harm dresses—does not irritate skin.
- 2. No waiting to dry. Can be used right after shaving.
- 3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
- 4. A pure, white, greaseless, stainless vanishing cream.
- 5. Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabric.



More than 25 MILLION jars of Arrid have been sold...Try a jar today.

#### ARRID

39¢ a jar

AT ALL STORES WHICH SELL TOILET GOODS
(Also in 15 cent and 59 cent jars)



Attractive - Economical - Durable - Neat TRIAL OFFER: Send 15c for one dozen at your own first mamm woven on fine cambric tape, and sample of No-So Cement.

CASH'S 10 GRIER STREET BELLEVILLE, ONT.

CASH'S 3 doz. \$1.50, 6 doz. \$2.00 NO-50 Cemer NAMES 9 doz. \$2.50, 12 doz. \$3.00 per tube 25°



There is welcome comfort in Murine. It thoroughly but gently removes dust particles, leaves the delicate membranes soothed, refreshed. Use Murine after glare, wind, reading, knitting, fine work. Free dropper with each bottle.

AT ALL DRUG STORES

works

hool-being

at is

ago,

dden

with , the back

and

nory to be

very

the

arc

apils ves.

e on

asti-

read

tain

BILL WON'T BE IN TODAY, rience gained MR. SMITHe this: HE'S IN BED rough y, net WITH A BAD of his class-st he-COLD nwo s ects," iving.

Yesterday Bill felt chilled and headachy. He didn't pay much attention to it. Today he's home in bed. Result - lost time, expense and a general lowering of his resistance to other ills.

When you feel a cold coming on, don't take any chances with it. A slight cold today can be something altogether different tomorrow. Take Grove's Laxative Bromo Quinine Tablets at the first sign of a cold.

Grove's Bromo Quinine Tablets go right to work on a cold by relieving the headache and other pains which go with a cold. They help reduce the fever. They help rid the system of poison-ous waste matter by laxation. They lift that heavy and depressed feeling caused by colds.

If you're wise you will get a box of Grove's Bromo Quinine Tablets today and keep them handy where you can use them the minute you feel a cold coming on.

AT ALL DRUGGISTS'.

You get 20% more for your money when you buy the large size box.

GROVE'S Laxative BROMO QUININE

#### Scratching Relieve

35c trial bottle proves it, or money back. Ask nggist today tor D. D. D. PRESCRIPTION.

Brush Away

-SEND FOR TEST BOTTLE-

Kenton Pharmacal Co. rownatone Bidg., Covington, Kentucky send me Test Bottle of BROWNATONE and sting booket. Enclosed is a 3c stamp to cover, cost of packing and mailing.

inde wanted: e to Medium Brown | Dark Brown to Black

- Print Your Name and Address -

books from the school or public library, or they have brought books of travel from home. What do they eat in that strange country? What do they wear? What are their houses like What do and their furniture and pictures? How does one get there, by boat and rail? They are eager to ask and answer all these questions and to trace routes and journeys on the map. On the brown paper fresco running about the wall, they are drawing pictures in colored chalk of the life and people of that faraway land. The drawings are crude and violent, but they are very real to the artists themselves. At the moment life in the remote Orient is as vivid and actual as their own. Twenty years from now they may not be able to draw an accurate map of the country or list its imports and exports (but could you or I with all our drilling and memorizing do any better?). What they will always retain, however, is a lingering understanding of the life of an alien people.

OR COMPARE an old-fashioned class in "Reading" with a modern class in English. In the classroom of a generation ago, each child rose in turn to recite from memory a stanza from a poem in the prescribed Reader. "The boy stood on the burning deck" (yes, it is true, we did recite "Casabianca" They had read it a hundred times and had long since lost interest in the central problem: Why did the boy do such a preposterous thing, simply because his father told him to? In any case, only smart-alees asked such questions; and any such speculation would be suppressed by the teacher since the "subject" had to do with inflections and emphasis, and not with considerations of ethical conduct.

In the modern classroom they are reciting poems or stories of their own selection, sometimes of their own creating. Or they are dramatizing some story they have heard or read. with action, pantomime and costumes devised by themselves. Or perhaps they are listening to a story read or told by the teacher; and at the end they are eager to discuss it with her and with each other. They are acquiring skill in the use of literate English by employing it in their own ways. And they are learning how the language of literature is written and spoken, by reading it and speaking it and not by taking sentences apart and analyzing and parsing them, regardless of their

Then there is Natural Science. Science in any form was once reserved almost entirely for older pupils and high-school students. But now the babies out of kindergarten are introduced to Natural Science in the First Grade. And here as everywhere else their natural interest and curiosity are brought into the schoolroom. They learn the names of the trees and flowers in the school gardens and their own. They study the migration of birds and the changes in the seasons and the moon. They grow plants from bulbs, and they collect and dry and save the seeds of garden plants. They arrange paper stars to represent the constellations, they keep a class weather chart, they watch butterflies and moths emerging from cocoons.

All these modern courses of study -English, Art, Music, Arithmetic,





#### HAVE 45 CHILDREN

YOU SEE, I TEACH SCHOOL-HAVE 45 PUPILS-AND I WOULDN'T KNOW WHAT TO DO WITHOUT KLEENEX WHEN SNIFFLES START.

(from a letter by I. M.

#### DID YOU KNOW?..

DURING COLDS ESPECIALLY, KLEENEX TISSUES SOOTHE YOUR NOSE, SAVE MONEY, REDUCE HANDKERCHIEF WASHING. YOU USE EACH TISSUE ONCE-THEN DESTROY, GERMS AND ALL. KEEP THE KLEENEX SERV-A-TISSUE BOX IN EVERY ROOM IN THE HOUSE-KITCHEN, NURSERY, BATHROOM AND BEDROOM AS WELL AS IN THE CAR!

Only KLEENEX TISSUES have the Serv-a-Tissue Box to end waste!

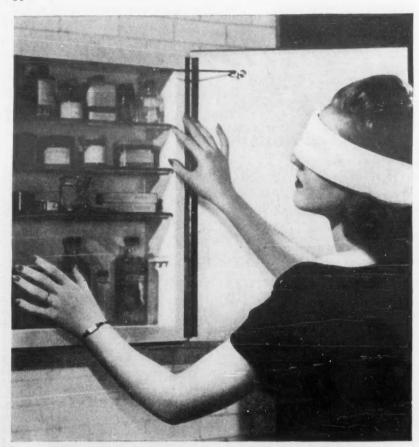






ADOPT THE KLEENEX HABIT!

KLEENEX\* DISPOSABLE TISSUES (\*Trade Mark Reg. Can. Pat. Off.)



# Mother! It's a Crime to "Grope"

#### when your child catches cold

WHEN COLDS STRIKE and spread misery—stuffiness, coughing, muscular soreness or tightness—it's no time to "grope." It's no time to experiment with untried remedies or risk upsetting the stomach with constant internal dosing. Most mothers realize this.

So to relieve discomfort they use the external poultice-vapor treatment developed specially for children ... VICKS VAPORUB.



Massage throat, chest and back thoroughly with VapoRub at bedtime—then notice how this home-approved treatment works! You will like it, and so will your child.

#### Relieves Misery 2 Ways

Almost before you have finished applying VapoRub, it starts to relieve colds misery two ways at once. It acts on chest and back like a good old-fashioned warming poultice. And at the same time its pleasant—helpful—medicinal vapors are released by body heat and are breathed into the cold-irritated upper air passages.

On into the night VapoRub's poultice-vapor action keeps on bringing relief. It invites refreshing sleep as it soothes away misery. And by morning you will probably understand why Vicks VapoRub is a family standby in homes all over Canada.

Ideal for Children

Just as Good for Adults

#### SENSATIONAL RESULTS IN CLINICAL TESTS

VapoRub is an important medication in Vicks Plan which was tested in a clinic of 2,650 children. Look at the results! Reports from supervising doctors show sickness from colds cut 54.95%; school absences due to colds cut 77.99% among the children following the Plan—who were instructed to obey specified health rules, use Vicks Va-tro-nol (nasal medication) when colds threatened, and use VapoRub if a cold developed. Look in your VapoRub package for story of these tests and directions for following Vicks Plan in your own home.

#### New Schools for Old

Continued from page 15

frequent and drastic changes in theory, and the authorities in England had worked out the new educational philosophy embodied in the Hadow Reports

The Hadow Reports are the work of Consultative Committee of the English Board of Education. Under the chairmanship of Sir William Hadow this group issued its first report in 1920. It is still at work, and over the past twenty years has done an immense amount of research in every field of modern education-curriculum construction, textbooks, psychological tests, nursery, primary and secondary school programs, and the school activity known in this country as "enterprises," and in the United States as "projects;" group activities such as plays, pageants, exhibits, classroom newspapers, all undertaken by the children themselves for a purpose that appeals to them.

Thus when the various provinces in Canada came to revise their curricula, they had an enormous field of experiment, mistakes and triumphs from which to draw their own conclusions. Saskatchewan started the educational reform in this country by a complete revision of the curriculum in 1929. Nova Scotia came next and was followed by Alberta, British Columbia, Manitoba and Ontario. And if you examine the reports on any of these new curricula you will find they are all based on the same theory. In the words of the Hadow report: "No good can come of teaching children things which have no immediate value for them, however highly their potential or prospective value may be estimated The curriculum is to be thought

of in terms of activity and experience rather than of knowledge to be gained or facts to be stored."

11 all works out something like this:
1. The child must learn through aroused interest and curiosity, not

through dead compulsion.

2. He must not be taken out of his real world and shut up in a classroom. The classroom must become an actual part of his own

3. He must learn, not "subjects," but the art and practice of living.

TO ILLUSTRATE how this works out in actual practice, it is interesting to compare an old-fashioned school-room in which, say, geography is being taught, with a modern class that is engaged in "Social Studies."

In the classroom of a generation ago, the children sat each in solitary confinement at his own desk, forbidden to speak or even exchange signs with his neighbor. At the blackboard, the teacher, vigilant even with her back turned, wrote out lists of Exports and Imports to be committed to memory and later recited in class. The children copied maps in lead pencil, later to be traced in ink and "marked." Every sound was muted to drill and discipline, and every car was cocked to the recess bell in the lower hall.

In the modern classroom they are also studying a point on the map—say a province in China. But the pupils this time are learning for themselves. At the back of the room is a table on which they have constructed a miniature landscape from sand and plasticene and cardboard. They have read at the teacher's suggestion certain



The ski pants are brown and the sweater's bright green . . . and the trimming's in three or four bright shades. Nobody's going to ski into you if you wear a suit like this one. It's warm and practical too. And if you hike on dazzling days in below-

zero weather, you'll make a jolly snowbird in this gay green and searlet plaid skirt and jacket of green heavy wool. The cap's green too—caught with a handy chin strap—and the gloves are scarlet suede. It's a Patou model. ÷ Y, 1940

AST

\*\*\*

his capacity altogether, but this doesn't matter as long as he is kept stimulated and striving.

THUS A great deal, it will be seen, depends on the teacher. "With good teachers, practically any program can be put through," an educator has pointed out. "With poor ones, the best course of study in the world will prove a failure." The new courses of studies in Canadian schools demand far more from the teacher than did the educational system of a generation ago. She can no longer fall back on the textbooks and the rigidly devised curriculum-so much knowledge to be imparted on a certain subject, so much within a certain time. She must to a large extent devise her own curriculum, she must constantly initiate, direct and stimulate. From being almost as much a bond servant to learning as her pupils, she is suddenly free, and dependent largely on her own resources. So it isn't much wonder that some of the older teachers,

fixed in the habits of years, are bewildered and upset by the responsibility of freedom suddenly thrust upon them.

"It may be fifteen years before the new system works properly," an experienced Ontario teacher said to me recently. "There will be a number of older teachers who will resist it or co-operate unwillingly; as well as a number of younger ones who will co-operate too far and give the children more freedom than they know how to use. We may even have to wait for a new generation of teachers—until the children now at school grow up and become teachers themselves."

So far we can only watch the process and wait for the results. But the process itself is a wonderfully inspiring one. I doubt if the most recalcitrant parent could spend a day in one of our modern schools without coming away impressed, in spite of herself, by the new and a little shaken in her faith in the old, \$\pm\$

#### How to be a Good Wife

Continued from page 2



would never reveal so detestable an emotion. But you can never be too careful.

Don't be a supper-time tattle-tale, greeting him each evening with weary stories of naughty children and leaking taps and noisy neighbors. (The strain of modern working life has already cut the average man's life two year's shorter than the average woman's. Don't add to the strain at home.)

Don't be proud of being silly. Don't be one of those creatures who bleat with an enticing smile, "Oh, I'm so terribly inefficient." It is only once in a while a man can stand a silly woman. You can make him feel like a great big wonderful man without being a fool yourself.

And don't be a machinery maniae. Too many women are allergic to screw drivers. With one in hand they lose control of themselves, wandering about tampering with the radio, the washing machine and the screen door; and too, too often losing the screws.

You know, perhaps, that eightyfour per cent of the country's manpower distrusts the woman car driver. It is not because she is a poor driver, but because she looks as though she is. It is the sleepy, glassy look in her eyes, and the lazy languid movements of her arms. A good wife is as alert and definite in her handling of tools and machinery as she is in her baking or her house cleaning.

Iaw isn't everything. But he has certain rights which you should respect. He has a right to his dignity, and

you should not insist on a kiss in public before dark. You should not expect him to do your matchmaking for you, or to change things in stores that you do not want to return yourself.

He also has a right to reasonable freedom about the house and, once in a while, to an hour of fun in the kitchen. Some men are quite good cooks and with a little encouragement will concoct the most remarkable sandwiches.

Certainly he has a right to his hobbies. So never lend his best saw to the neighbors, or let the children pull the prize cucumbers. And there is no need to accuse him of spending money foolishly on such nonsense. It may be money of his own that he has earned himself.

#### Lesson III. How to Avoid His Scorn.

Men are habitually proud of the things they pick up for themselves, like neckties and funny stories and wives.

But you should remember that your husband cannot discard you like a wornout necktie. Nor can he forget you the way he will forget a funny story if given time enough. You are his for keeps

So avoid his scorn. Probably he

#### Lesson IV. How to Cherish.

In your dictionary, under the letter C, you will find the definition of that seven-letter word from the marriage service spelled "Cherish." "To treat with tenderness, to take care of, to foster," it reads.

Do you take care of your husband? Do your meals agree with him? Does he purr with contentment in the evenings? Is his home environment healthy?

Is there at least one comfortable chair that is all his, that even you refuse when he is at home?

& Continued on page 36

#### Of All Leading Dentifrices..

# Pepsodent Alone Now Has Dental Association Seal of Acceptance!



#### LOOK WHAT WENT ON BEHIND THE SCENES BEFORE PEPSODENT GOT THE PRIZED A. D. A. SEAL OF ACCEPTANCE!



OVER \$1,000,000 SPENT TO DEVELOP PEPSODENT—The abrasiveness of every ingredient is tested to keep Pepsodent among the *least* abrasive of dentifrices.



OUTSIDE INDEPENDENT LABORA-TORIES DOUBLE-CHECKED . . . These tests proved all Pepsodent claims are conservative—and sound.



PEPSODENT MADE THOUSANDS OF CLINICAL TESTS—Dental schools cooperated...reports proved Pepsodent dentifrices remarkably effective—and safe.



THE PUBLIC PASSES ON PEPSODENT Folks like you—thousands of them—checked and proved both Pepsodent formulas effective.

#### Both Forms of Pepsodent get A.D.A. Seal of Acceptance

■ The A.D.A. Council on Dental Therapeutics checked every formula, every test, every claim made in advertising. PEPSODENT PASSED ON ALL COUNTS... and was then awarded the prized Seal of Acceptance by the Council representing 43,000 dentists! That's why we believe that SAFE PEPSODENT is the kind of dentifrice that dentifs want you to use... whether you prefer tooth paste or tooth pouder.

#### SAFETY FIRST . . . Demand Pepsodent!

**1.** Pepsodent Tooth Paste and Tooth Powder are SAFE—the *only* Council-accepted dentifrices among the leading sellers.

**2.** Only persodent among Tooth Pastes and Tooth Powders contains IRIUM—Pepsodent's patented, *more* effective ingredient.

**3.** Your dentist knows how effective IRIUM is—it is known to him by its scientific name, PURIFIED ALKYL SULFATE.

4. Pepsodent makes no exaggerated advertising claims.

5. Pepsodent contains NO BLEACH, NO GRIT, NO DRUGS.

6. Pepsodent is unsurpassed in EFFECTIVENESS.

BOTH ARE <u>SAFE</u>
...BOTH CONTAIN IRIUM
So take your choice!





# Did you ever hear of the Girl who slept her way to Loveliness and Romance?... well, I did and here's how



At bedtime...she cleanses her skin hygienically, with Woodbury Germ-free Cold Cream. She leaves on a thin film of this softening, invigorating cream...to work for beauty and perhaps for romance...while she sleeps!

By JANET PARKER Woodbury Beauty Consultant

You, too, can gain new loveliness while you slumber. Thousands of women report glamorous results from overnight use of Woodbury Cold Cream.

Your skin is attacked by enemies all day long. Wind, sun, fatigue rob your cheeks of bloom; leave your skin dull, dry. So nighttime is when Nature and the right cold cream have their best chance to repair your beauty, after the day's wear and tear.

Woodbury Cold Cream gives you ALL THREE of the following special virtues,

WOODBURY
3-WAY BEAUTY CREAM

CLEANSES safely Smooths as it LUBRICATES INVIGORATES



vitally needed for bedtime beauty care. (1) It cleanses hygienically—stays germ-free; (2) It smooths as it lubricates—liquefies at skin-contact; (3) It invigorates—contains a skin-invigorating Vitamin.

**Use Woodbury** for ordinary cleansing, of course. But to get its extra benefits, leave on a thin film when you go to bed. Get it today! Only 50c, 25c, 15c.

MAIL NOW FOR GENEROUS TUBE . . . FREE!
(Just Paste on Penny Postcard)

John H. Woodbury, Ltd., Dept. 6911, Perth, Ontario

Please send me, free and postpaid, a generous-size tube of Woodbury 3-Way Beauty Cream, enough for several "Beauty Nightcap" treatments. Also 8 fashion-tested shades of exquisite Woodbury Facial Powder.

Name\_\_\_\_\_\_\_Street\_\_\_\_\_\_\_Prov.

(MADE IN CANADA)

Social Studies, Natural Science-are skilfully and sympathetically adapted to the child's needs and understanding. Indeed those of us who got our education the hard way may sometimes wonder if things aren't being made too easy for our children. Old-fashioned education may have been a pretty blunt instrument, and some of us may have felt at times as though we had been hit over the head with it. But we survived and were able to make our way in a world that is certainly not notable for its consideration for the individual. We survived and were all the hardier because we learned to accept the humiliations of class defeat and the drudgery of drill and homework. If we were bright, we got along, and if the dunce's cap fitted we wore it-we weren't tenderly eased into vocational classes or workshops where our disabilities would pass unnoticed. More than that, we were writing a good hand at an age when our children are still childishly printing their letters. We learned grammar, the formal structure of language. And though we may be a little vague now about the meaning of the past participle and the imperfect subjunctive, we are a little scandalized to think our children are going to grow up without encountering them at all. A great deal of the knowledge we acquired may have slipped away from us. But the practical part stuck. We can spell accurately and read and compute with a reasonable fluency. We doubt very much if our children will be able to do the same when they reach our age.

THAT IS one side of the story. The modern educationalist's side is different and less dogmatic one. The education we received as children, they will point out, fitted us, though roughly, for the sort of life we were to lead as adults. But even the boldest and wisest of us can scarcely predict what sort of life our children will live when they reach maturity. We can't train them, specifically, to make a living in a world as shifting and unpredictable as our own. We can only train them to live; how to develop their own talents and resources, how to keep their minds and bodies healthy. their curiosity alive and their selfreliance unshaken. Then, since this is an increasingly technological universe, we want to teach them to use their hands. And since it is a world in which the mind of humanity is constantly played on by paid propagandists, both good and bad, we want them to learn to use their own insight and judgment. And, finally, we hope that by working together in groups where each is dependent on all the rest, they will learn to live acceptably and tolerantly with their fellowcreatures.

This is, briefly, the ideal program laid down by the modern educationalists. They believe that a pupil learns best through effort and activity that he enjoys, and that very little is gained in the end by humiliation and discouragement, however heroically borne They think things should be made hard for the child, but hard in an interesting way. The wise teacher will always set her pupil tasks that will tax all his resourcefulness and skill. Sometimes the work will be beyond



#### Hair Charm

WOMAN'S HAIR in its highest perfection—high lights sparkling like jewels—waves and curls reflecting rich tones of colour—a fragrance which has a subtle charm all its own—this is the reward of the regular use of

#### EVAN WILLIAMS SHAMPOO

ORDINARY' 10c. CAMOMILE'

Keeps the hair Young.

# MAKE YOUR OWN Jyella

BRITISH - UNSHRINKABLE - COLORFAST

36 or 54 inches wide. At all leading stores ar write Wm. Hollins, Ltd., 266 King St., Toronto

#### Smart Women

who seek a smart address in New York find it at this famous Club, which offers varied cultural and recreational facilities as well as full hotel service. Nonmembers welcome. No leases. From \$2.50 per day single for room with private bath; \$14 weekly.

AMERICAN WOMAN'S CLUB 353 West 57th St. - New York



Vaseline

Y, 1940

g



Simplicity Patterns may be obtained from your local dealer, or by mail through the Pattern Department of Chatelaine Magazine, 481 University Avenue, Toronto.

## First Flight into Dressmaking



Think of it - smart dresses made from remarkable new

You don't have to begin with one of those straight-cut ginghams for house wear, you know. Not when you can get as simple patterns as these two to work from. Because each one has only three pieces.

Smart tailored lines belie the fact that No. 3218 is very simple to make. Choose spun rayon, or a dress weight woollen in one of the stunning clan plaids that are so smart this season — and enjoy the thrill and economy of wearing something you have made yourself.

Darts at the waistline of No. 3220 give it the hourglass silhouette. Rayon crepe or sheer wool are styleright fabrics for this type of frock, and subtle shades of wine or blue would add a stimulating note of color to your winter wardrobe.

Pattern descriptions on page 36.



Y, 1940

ROAT

IN THE

DY BOX

or pocket andbag

kly and

Oc.

And when your husband flies off the handle, remain calm yourself. Smile and gently wave your fan from side to side. If he is in the wrong, be generous. It is hard enough for him, without your saying, "I told you so."

And if you are in the wrong, just put your arms about his neck and tell him so. He will forgive you and feel like a brute himself. If he is sometimes right -and stranger things will happengive him his moment of triumph. Let him crow.

### Lesson VII. How to be an Illusion.

When he married you, your husband had his illusions.

Men, you should know, still think they are the go-getters in the marriage game—choosing their mate, chasing her down, and carrying her off.

It does sound silly, doesn't it? But a man is funny that way. He lives in a sort of dream world. In youth he pieced together an ideal woman of the mind, from all sorts of romantic frag-

Then he met you and fitted you into the frame of his dream ideal. Now he expects you to live up to that. And why shouldn't you? It is a most complimentary frame.

#### Lesson VIII. How to Handle a Critic.

Your husband is your best critic. Always listen carefully to what he has

Remember, too, that many a husband has wished for a dumb wife, but never a man yet has wanted a deaf wife. So be a listener.

If he criticizes your clothes, rejoice. Give thanks that he cares enough to have an opinion.

You see, my dear, men are terribly unfortunate. Alone among the male creatures of the world, man is less beautiful than his mate. Among the ani-

mals and the birds and even the butterflies, the males are more beautiful, and dress better, and sing sweeter than

And if you want to be a really good wife, permit him to take you out some day, and choose a new outfit for you, dress and coat and hat and all the trimmings. If he chooses it all himself, and if he pays for it too, you can depend on it he will never criticize

#### Lesson IX. How to Stretch His Pennies.

First make sure he earns some pennies.

Most men need employment insurnce against wives with bad manners. Or did you know that jobs are endangered when wives wander into business places, stand idly around, park in hubby's office while his stenographer takes dictation, or drag out their dear one to go shopping, fifteen minutes before quitting time.

It is even dangerous to phone during business hours and ask, "Are you busy, dear?" And of course you never phone him when he is working evenings, to see if he is really there.

Rather than worry your working husband, set your mind to stretching the pennies he does earn. That is a task worthy of your natural intelli-

Stop turning up your nose at home-making, a job even your husband is beginning to respect.

Penny stretching is just another name for Canada's most scientifically managed industry, "Home Maintenance and Improvement." Universities teach it. Hundreds of industrial research Jahoratesian et ul. research laboratories study its problems. National magazines (like this one) exist for it.

If you are a good wife, always remember the importance of your own



## For 'Crow's Feet" and Eye Wrinkles

Be very gentle—but persistent. For the fine lines that ray out from the eyes, use the first and second fingers to open out the small lines, and massage with the first finger of your other hand—in light circular movements . . . For the circular lines round your eyes rotate the second fingers firmly around pressing lightly. Use a good cream and use it every night. You'll be surprised at the effectiveness of these exercises. Only you must

## "But mother... <u>nobody's</u> insulting you!"





SON: Take it easy, mother... I only said that Sally had a right to raise the baby in her MOTHER: All right, I won't say another word.



own way.

MOTHER: Oh well, if my own son thinks I'm perience, well—



3. SON: But mother, we've been over all that a million times. The doctor told Sally and me how to raise the baby. And we're going to

MOTHER: What did he say that I don't know?



4. SON: He said that babies today should get special care. Their vegetables should be specially prepared...their milk formulas specially worked out, even their laxative should be made specially for them!

MOTHER: Special laxative? Just name me one!



5. SON: Certainly! It's called Castoria. And it's designed only for children. It's mild... as a child's laxative should be. Yet it works thoroughly. And it's safe. You'll never find take a medicine and think it fun at the same a harsh drug in Castoria.



## CASTORIA

The modern—SAFE—laxative made especially and ONLY for children





## -CANADA'S ORIGINAL SKIN SOFTENER

1. Italian Balm is different from anything you've ever used — it's a "skin softener": rich and con-centrated, not thin and watery.

2. Softens and smooths skin. Helps hands appear youthful by supplying beautifying moisture; soothing and softening agents that protect your skin against chapping, redness and roughness caused by cold weather, hard water and housework.

3. Less than 5% alcohol. Cannot dry the skin. Contains COSTLIER INGREDIENTS than any other popular, nationally-advertised brand — yet saves you money because only one drop is needed for application to both hands.

4. Accepted for advertising in the Journal of American Medical Association.

NEW LOW PRICES NOW AT TOILET GOODS COUNTERS 50¢ and \$1.00

OVER 90 MILLION BOTTLES SOLD

And the lights? Remember that you are not a cat and cannot see in the dark. Neither can your husband. Avoid those little blue and rose and orange bulbs in your principal lighting fixtures.

It has long been recognized that successful man-feeding is a tough job made worse by the persistent mannish craving for dangerous foods. But it is not only his food you must watch.

Mouthfuls of the best breakfast sandwiched between earfuls of family problems, almost always equal indigestion. Peace before breakfast is the rule if you want him to tackle the earning of your daily bread with a smile.

Daily attention to the care and feeding of husband is the only way to avoid the development of a dyspeptic, middle-aged grouch, who will scold your frivolous remarks and mock your serious moods.

#### Lesson V. How to be a Whole Wife.

You are doubtless a lady and polite to your friends, gentle and understanding with your children, and civil to all the world.

But are you a whole wife or half a

Are you patiently attentive all day with others; and then when your husband asks you a question in the evening, do you snap, "Now what is it?"

Do you sigh with annoyance if his presence interrupts the consideration of important things like a telephone gossip or a neighborhood scandal?

Is he the man of the house or a useful domestic animal? When he returns from work, does your spirit light up and sing, "He's home!" Or do you turn back to the bridge table and say, 'It's nothing. It's just my husband.

Do you line up wonderful gifts for the whole family, and then hurriedly pick up a pair of socks for father?

Do you know that half a wife is insulting?

### Lesson VI. How to Quarrel.

You shouldn't, you know, you shouldn't be his bitter half. Are you? "The common scold," reads a health note with a typographical error, "is due to habitual carelessness."

How true.

Remember that the weepy waily voice of the woman with a grievance is as easy to catch as a cold and far harder to lose. So watch your sound effects. & Continued on opposite page

#### Descriptions of patterns on pages 34 and 35.

34 and 35.

No. 3297—Sizes 2, 4, 6, 8. Size 4 requires, Dress: 1% yards 35-inch, 1% yards 39-inch fabric, 1% yards 38-inch habric, 1% yards 34-inch width purchased frilling to trim, 34 yard 35-inch, 36 yard 39-inch fabric, for panties, Price, 15 cents.

No. 3397—Sizes 6, 8, 10, 12, 14, Size 12 requires, Coat with Cape: 4¼ yards 35-inch, 2¾ yards 54-inch fabric, Price, 15 cents.

No. 3293—Sizes 1, 2, 3, 4 Size 2, 1½ yards 55-inch 1¾ yards 39-inch fabric; 1½ yards 35-inch checked fabric, ½ yard 35-inch; ½ yard 39-inch fabric, Price, 15 cents, No. 3291—Sizes ½, 1, 2 years, Size 1 for Shorts and Bib: ½ yard 32-inch; ½ yard 35-inch; ½ yard 35-inch fabric, Price, 15 cents, 15 cents.

No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, 10, 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, 14. Size 12, No. 3290—Sizes 6, 8, No. 12, No. 3290—Sizes 6, 8, No. 12, No. 3290—Sizes 6, 8, No. 12, No. 3290—Sizes 6, No. 3290—Sizes 6, No. 3290—Sizes 6

Jacobs. The state of the state



Craven 'A' bring you extra smoking enjoyment. They are so cool, so fresh, so kind to the throat.

#### WILL NOT AFFECT YOUR THROAT





Use Mercolized Wax Cream to help you obtain a fresher, smoother, lovelier complexion. It flakes off the duller, darker, older superficial skin in tiny, invisible particles. You will be thrilled with the wonderful improvement in your appearance. Try Margolized Wax Cream today.

Mercolized Wax Cream today.

Use Phelactine Depilatory
REMOVES superfluous facial hair quickly and
easily. Skin appears more attractive.

Try Saxolite Astringent
SAXOLITE Astringent refreshes the skin. Delightfully pleasant to use. Dissolve Saxolite
in one-half pint witch hazel and pat briskly on
the skin several times a day.

Sold at all Cosmetic Counters

FOR PLANT GROWTH

AN HORTICULTURAL SENSATION

Inch Rose buds. Daffodlis as true as a salad plate. Hyacinih coms over I foot long, Snap-Vitamins bud

## ught. lot to

RY, 1940

t that ody's rather made

ainty. enu," e for

s, and ourple said.

t. It inned ought ately.

Pete,
" she good i. "I said, ," he e and

order soup, idaise went sting hat's

ed his heard ith a

her, lean, omey.
iling.
y not
He
it off

ere," were nging

tirely as for orgot, said,

said. , just e me

nt to t mv

Iring

healthy grawth. This is only part of the story. In October Issue of Better Homes & Gardens', that has electified the bortie-livral world by its description of the marvellous results ontained through scientific study of the newly discovered effects of vitaming it on plant growth.

Vitamin B-I gives new vigor to the world plant food or fertilizer but imparts new vigor to the whole plant

Not a plant food or fertilizer but imparts new vigor to the roots so that the plant obtains the maximum benefit from the soll in which it is growing THES PRODUCING FIRESE ASTONISHING RESULTS IN SIZE AND RATE OF GROWTH.

Easy—Safc—Economical

FOR PLANTS INDOORS AND OUTDOORS. We supply Vitamin B-I in a new convenient powder form, severally prepaired for plant growth. No complicated

FREE TOUT Seed and Nursery Book. DOMINION SEED HOUSE, Georgetown, Ont.

Now Many Wear FALSE TEETH

With More Comfort FASTEETH, a pleasant alkaline (non-acid) powder, holds false teeth more firmly. To eat and talk in more comfort, just sprinkle a little FASTEETH on your plates. No gummy, gooey, pasty taste or feeling. Checks "plate odor", (denture breath). Get FASTEETH at any drug

TO WOMEN AFRAID

TO DYE THEIR OWN HAIR!

FOR YEARS, many women have been afraid to dove their own hair. There have been many reasons—fear of dangerous dyes, fear that it is too difficult, fear that the dye will destroy your hair's natural lustre and sheen. And fear, most of all, that every one will know your hair is "dyed"!

How needless these fears! Today you can huy at your drug or department store a coloring preparation, with a money-back guarantee, that will give you beautiful results. Gradually it transforms gray, bleached or faded hair to the shade you desire... does it so perfectly that your closest friends won't guess. Pronounced harmless as a hair dye, this preparation will not interfere with waving or the natural sheen of your hair. It's easy to use—if you can comb your hair, you can't go wrong!

Although Mary T. Goldman Hair Coloring Preparation has proved itself for forty years in millions of cases, we do not ask you to take our word.

Send us a 2 inch lock of your hair, containing both the gray and natural shade, if possible. We will color it for you with a complete free test kit so that you ean make the same test yourself and compare you need not send the lock of hair to obtain the free test kit.

MARY T. GOLDMAN GRAY HAIR COLORING PREPARATION

MARY T. GOLDMAN GRAY HAIR COLORING PREPARATION

For sale at all leading drug and depart-ment stores

	and the same and t	
Mary T. Go 1666 Goldma	ldman Co. in Bldg., St. Paul, Minn.	
Please send	free test kit for color checks	d
	of hair enclosed. of hair not enclosed.	
Black Blonde	Light Brown Dark Brown Medium Brown Auburn	K.I

City ..... Prov. ......

and reproaching him, and he's trying to be nice. Trying to be patient; but you can see how he feels.

"Yes, I certainly will!" he said to that other girl. "I'll call you at noon, tomorrow . . . Well, yes, I am rather busy just now . . . Au revoir!"

He hung up the instrument and turned to Carla again.

"You'll like this new place," he said. "You'll see plenty of interesting people there."

Trying to be nice and patient to 000

That's some other girl, thought Carla. Another girl running after him, and reproaching him, and he's trying to

Trying to be nice and patient to

her, too.
"I'm sorry, Duncan," she said, "but Pete's ordered dinner sent in

He didn't like that. And while he stood there, surprised and puzzled and completely taken aback, the doorbell rang and two waiters arrived with that magnificent dinner. They bustled

"Well, I'll be seeing you, Carla,"

said Duncan.
"Yes. Ring up some day!" she said, still so airy.

It was a triumph, all right. There she sat, wearing those orchids, eating the fruit cocktail from a silver chalice set in crushed ice. Duncan had gone out, all by himself, in the rain . . .

"I suppose Duncan's pretty popular, isn't he, Pete?" she asked very offhand.

"Sure!" said Pete. "Every reason to be so."

"I suppose—" she said, "that some girls run after him?"

"I reckon they do," said Pete.

"That's about the most fatal mistake girl can make, isn't it?" she said.

"To let a man see that—she cares about him."

"Well," said Pete, "it's a mistake, if the thing is just a game."

HE GOT up and took away the fruit cocktail, he served the turtle soup from a plated tureen. Such an expensive dinner, she thought. I just feel meaner and meaner . . "This soup is—delicious, Pete. Everything's—delicious."

"I wanted the setup to be right," he said. "Flowers, music—everything wou'd like."

you'd like."

"You're awfully nice, Pete,"
"Well," he said, "I think you're the nicest girl in the world."
"I'm not, Pete."

"The first time I saw you, at that party," he said, "I thought that. I've met you three times now, and each time I liked you more. I talked to Bess about you at that party, and she thinks you're grand. That means a lot from the girl you live with. I knew I couldn't be wrong. You're just the way you look. Just sweet and lovely."

She took a long swallow of water, to steady herself.
"Pete, you don't know . . ." she said. "I've got to tell you something." He waited. It was so hard to tell

He waited. It was so hard to tell him . . . "Pete, I've done the meanest thing . ." Her lip trembled, she took another swallow of water. "Pete, I only stayed to dinner with you—to get even with Duncan," she said. "I knew that," he said. "You knew it?" "Anybody'd have known it," he said. "You knew it—and you got this "You knew it—and you got this

"You knew it-and you got this dinner and these orchids . . .



WHAT if you don't have hours of leisure to spend at the hairdresser's, or the patience to "fuss" with your hair at home? You can still keep it looking lustrous, lovely and well-groomed—simply

Apply Danderine daily!

Apply Danderine this way, and keep your scalp feeling more "alive," your hair free from ugly loose dandruff

comb or brush before you arrange your hair—or apply it with fingertips. No tiresome massage or finger-cramping rubbing-in! Thanks to its active formula, Danderine alone does the work!

Get Danderine now. Any drugstore. A

bottle costs very little; lasts many, many days.

free from ugly loose dandruff
—looking its best and holding
its wave longer. Just sprinkle
a few drops of Danderine on

# THOSE PAINS AGAIN

....just at the wrong time!

LAME yourself, Betty, for those BLAME yoursell, become functional periodic pain interfere with pleasure! Millions of modern women have banished such suffering from their calendars. By taking Midol, they find it easy to go through their dreaded days in comfort, without sacrificing even a moment of normal, active living!

Midol is made for this special purpain of the natural periodic process. It soothes the pain, lessens discomfort, lets women go on when the calendar says "stop". Unless you have some organic disorder calling for medical or surgical treatment, Midol should make your try-



pose-torelieve the unnecessary functional ing days as carefree as others-with a few Midol tablets seeing you serenely through even the worst of them!

Surely such relief from suffering is worth trying! Ask for Midol at your nearest drugstore. Ten tablets in a trim aluminum case - enough for many days of comfort.

MADE IN CANADA Relieves Functional Periodic Pain TO TRY MIDOL FREE send your name and address to General Drug Co., Dept. B-240, Windsor, Ont. Trial box will be mailed prepaid.



## It's FATIGUE ACID in your muscles!

AFTER heavy exercise, fatigue acids form in your muscles...pains and aches follow!

The thing to do is increase your circulation. Rub Absorbine Jr. over the affected parts three or four times a day. Accepted laboratory tests prove Absorbine Jr. speeds the blood through the tissues, helps drive those acids out. Swelling goes down—pain eases. Millions like ing goes down—pain eases. Millions like Absorbine Jr. because it is

1. QUICK ACTING 3. PLEASANT
2. QUICK DRYING 4. ECONOMICAL TO USE At all druggists, \$1.25 a bottle

Free sample, address: W. F. Young, yman Building, Montreal, Canada.

## ABSORBINE JR.





-or let headaches, sick-spells or "nerves" make you irritable and unattractive if

caused by constipation.

Nature's Remedy helps cleanse the system quickly and effectively poisonous waste which may be the cause of so many ills,

Ask for a box of NR Tablets at your druggist's. If you are not delighted with the result, return the box to us. We will gladly refund the purchase



The Fatal Mistake Continued from page 11

look. And an idea came into her head. "No!" she said to herself. "That's mean." But the idea was still there. "Well, thanks, Pete," she said, "but I think I'd better wait a while."

Sure. But if there's some mistake about the date and he doesn't come, then that's a lucky break for me,' Pete. He sat down and looked as if he were ready to sit there in goodhumored patience for ever and ever. He was trying to be nice; she wanted to

was trying to be nice; she wanted to say something friendly.

"Where do you come from, Pete?" she asked. "Hamilton, Ontario," he answered. "Do you like it here?" she asked. "Sure!" he said. "I like any place I'm in." "You're easy to please," she said. "Well," he said, "I'm young and healthy." "That's not everything," said Carla. "It's a lot, though," said Pete.

There was a silence. A clock struck

There was a silence. A clock struck once. Half-past seven?

once. Half-past seven?

"Like some music?" asked Pete suddenly. He's trying to be nice. He is nice. "I'd love it," she said. She thought he was going to turn on the radio, but he went out of the room and came back with an accordion. He played, with his eyes raised to the ceiling and a dreamy smile; such a dismal and melancholy tune. "How's that?" he asked. "It's wonderful, Pete," she answered, wanting to laugh. He played again, another infinitely sad tune, still with that rapt look on his face, and Carla sat rigid. I won't laugh! He's trying to be nice . . . "How's that?" he asked. "It's fine!" she said, loudly.

His mouth stretched into a wide grin that made deep curves in his weather-beaten face, and lines at the corners of his eyes. "You can certainly take it," he said. "You're certainly polite. He began to play "La Paloma," like a virtuoso, and that was really grand. "I love that, Pete," she said. "Just about saved my life once," he said. "I was broke once in Mexico and I played in a sort of cafe there, and made enough to get where

"You're an unusual sort of boy, Pete," she said. "Well," he said, "right now I'm trying to make myself seem attractive." "You're nice, Pete." A pause. "It's—what time is it, Pete?" "Eight," he said.

A COLD desolation came down upon her. She couldn't speak for a moment. Face it, she told herself. Duncan's just forgotten. Face what that means. He doesn't care any more. Remember how he used to be. Even ringing up to remind you about dates. "I was afraid you'd forgotten," he used to say. I've lost him, and it's my own fault. It's because I made—that fatal mistake. I let him see—how much I cared. I let him—feel sure of me . . .

"Well, I think I'll be going along, Pete," she said, "I must have made a mistake about my date with Duncan."
"How about coming out to dinner with me, Carla?" he asked. "Well, thanks a lot, Pete, but I'm a little bit tired." "If you're tired," he said, "I can get something sent in from the restaurant down the street."

She looked up at him quickly. Ashamed of the idea that had come



freedom. These flattering undies yield gently to every action . . , and snap back trimly into shape

Simply made and cleanly tailored, Runproofs are the choice of smartest women. In plaster white or petal pink, Runproof fabric is absolutely guaranteed against runs in either direction.

Runproof Underwear includes:

**Panties** Bloomers Slips Pyjamas Gowns



LOCKNIT RUNPROOF GIENTS UNDERWEAR

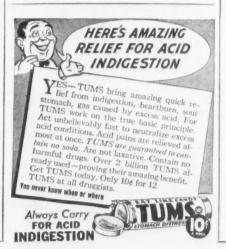
"Buy by the Label"

#### SKIN ANALYSIS FREE

tail the condition of your skin in a letter THE HISCOTT INSTITUTE LIMITED, 63



Chin Arms Legs
Happy I I had ugly hair . . . was unloved . . . discouraged. Tried many different products . . . ever
rasors. Nothing was satisfactory. Then I developed a
simple, painless, inexpensive method. It worked. I
have helped thousands win beauty, love, happiness.
My Fifth book, "How to Overcome the Superfluons
Ifair Problem" explains the method and proves actual
success, Mailed in plain envelope. Also trial offer. No
obligation. Write Mme, Annette Lanzette, 93-95
Church Street, Dept. C-12, Toronto, Canada.



into her head. It's mean, she thought, But it was such a temptation .

"It would certainly mean a lot to me," he said. "The first time I met you, at the party here, I thought that I'd never seen anybody so pretty and so dainty as you."
"Dainty," she thought. Nobody's

ever called me that before. It's rather sweet. It made her feel like that, made her feel little, and gentle and dainty. Such a temptation, to stay

"I'll just run out and get the menu," he said. "Then we'll telephone for what we want."

Pete was back in a few minutes, and he had brought her a spray of purple orchids tied with silver ribbon.

"Why, Pete! How nice!" she said.
"Never bought orchids before," he said, with a pleased look.

I WISH you hadn't, she thought. It makes me feel so mean . . . She pinned them on her dress, and she thought about the flowers Duncan had given her. In the beginning. But not lately. Not for weeks.

Not for weeks.

"Now, here's the menu," said Pete, sitting down beside her. "Pete!" she said. "It's terribly expensive!" "Well," he said, "nothing's too good for you." She studied the menu. "I think just a fruit salad, Pete," she said, "and some coffee." "All right," he said, and went to the telephone and dialled a number. He began to order fruit cocktails, green turtle soup, broiled chicken, asparagus hollandaise ... "Oh, Pete!" she protested.

When he left the telephone he went to the radio. "They're broadcasting from The Roof, now," he said. "That's nice music for dinner."

Pete straightened up and turned his head, and she did too; they both heard someone opening the door with a latchkey. Duncan came in.

HE STOPPED short, staring at her, his soit hat pulled low over his lean, dark face, his overcoat collar turned up. He looked so handsome and somehow so dramatic, like someone in a ay. "Carla!" he said.
"Hello, Duncan," she said airily.

He took off his hat, not smiling. 'Carla?" he said again. Certainly not pleased to see her, only worried. He came toward her, and Pete went off into his bedroom.

"I didn't expect to find you here,"

said Duncan. "Well," she said, "I waited and waited . . . I'd told Bess you were coming; and I didn't feel like hanging around there,"

"Our date was for Friday, Carla," he said. But that firm tone was entirely unconvincing. "You know it was for tonight," she said. "You just forgot, that's all."

"If I've made a mistake," he said, "I'm sorry, Carla. I apologize."

He looked sorry and anxious. 'Well, it's not too late," he said.

"There's a very good little place, just opened. They have a show there—"
The telephone rang. "Excuse me just a moment," he said, and went to

answer it. "Oh!" he said. "Oh, hello . . . Yes. Yes. I know, but I've just got in. No, just now. Haven't had time to get my coat off . . . Yes, I know I said I'd ring up at seven-thirty, but I couldn't . . . I'm sorry but I've just got in . . . No, I didn't forget

Choose from this

know while with about lating,

Y, 1940

d—he it. If er. 1

all his

get to ght he hand at her And lovely

I'm

l," he ening He is she

" she

best Droof a onor. thing ed to Mr. elf in very h, in

attiomewhen d no used And rove

said. dged vous able dn't

Lord sistwith with him-

usi-

sted add re-

had

NAME ..

ADDRESS.



saved His Majesty's courts an immense amount of trouble and expense. On the whole, under the circumstances and after due consideration-

He went on in well-rounded periods for some time.

Mr. Findlater nudged Biff-Janey. 'You don't happen to see Miss Elinor anywhere abouts, do you?" he

She shook her head. She hadn't dared look for her. She hadn't even looked at David. But she knew where he was sitting. She felt him as a blind man feels the warmth of a fire. Now she glanced across the court at him. He was sitting with Lady Flavia, who bore herself with a sort of inconspicuous pride and confidence. From time to time she and Hedgey had exchanged glances—little affectionate signals of reassurance. They had weathered bad times before. They would weather

"No—I don't," Biff-Janey said.
"Did you expect to see her?"

"Of course, I did. They're engaged, aren't they?"

"Sure. But she's not here. And I knew she wouldn't be. I made a bet with Ma about it—"

with Ma about it—"

"You mean—" Suddenly Biff-Janey
flared up. "Why, if she's that sort—"

"Sure, she is. And her father too.
I'll tell you something, my girl—"

"Only in west!" on where said

"Order in court!" an usher said.

And now Biff-Janey kept her eyes on David. His were fixed on a point just above her head. His arms were folded. He was defying her. But it was no good. She was too strong for him. His eyes dropped. They stared at each other bleakly. But she saw the blood rise. She knew how he hated himself for blushing. She looked generously away from him. She was half-blind anyway. For she'd seen what all this meant to him. He had lost everything. Or he thought he had. He thought he had to begin all over again-right from the very start. But it wasn't true. Nothing began today. It began way back—on the terrace of a Chinese monastery.

-an old and honored name," his

lordship was saying.

"If these two didn't turn up," Findlater hissed, "I promised Ma I'd tell you. It was her father put Lord John into this rotten business. He wanted a

ducal son-in-law, but on a good cash basis. You'll see—"
"The sentence of the court," his lordship concluded, "—is six months in the First Division."

Lord John made a bewildered ges-

"Of course—bow to your lordship's

decision. But consider the sentence—quite inadequate."

"The prisoner," his lordship remarked coldly, "is not expected to make a speech."

The profest touched Hedgew on the

The warder touched Hedgey on the arm. Lady Flavia stood up and waved a scarf at him. Suddenly all the spectators were on their feet waving and cheering. Even the sharp-faced gentle-men at counsel's table looked on amiably. The police pretended to be indignant, and Lord John disappeared hastily into the depths again. The cheering spread like wildfire to the street. But by the time Biff-Janey street. But by the time Biff-Janey found herself outside the crowd had disappeared. It had surged round to

& Continued on page 50



9 out of 10 Screen Stars use it 5

# Do they say of you... "She's 40 and looks it" or-"She's 40 and looks 25!"



Don't let your skin make you look older than you are...give it a new chance with these Milk of Mag-

nesia creams... the Milk of Magnesia acts on the excess acid accumulations.

HOW to help ward off premature age signs... how to keep skin fresh, supple, younger-looking. Women have discovered a convincing new answer to this old question.

It's Phillips' Milk of Magnesia Creams!

How they act. You know, of course, how Milk of Magnesia helps an internal condition of excess gastric acidity. In just the same way, these remarkable Milk of Magnesia Creams act on the external acid accumulations on the skin.

PHILLIPS' MILK OF MAGNESIA TEXTURE CREAM.

Does your skin seem "acid" to you? Is it losing its firmness, its smoothness? Are blemishes developing—enlarged pores, oily shine, blackheads, or dry, scaly rough-

ness? Help it resist these faults through the beneficial action of this Milk

of Magnesia cream!

In addition to Milk of Magnesia, Phillips' Texture Cream also contains cholesterol which retains moisture and so helps to keep your skin youthfully soft, supple, pliable.

A unique Because the Milk of Magfoundation. nesia prepares the skin smoothing away roughness and freeing it from oiliness, your powder and rouge go on as smooth as silk and last for hours.

PHILLIPS' MILK OF MAGNESIA CLEANSING CREAM.
This is a different kind of cleansing cream, too! The Milk of Magnesia not only removes surface dirt, but penetrates the pores, neutralizing excess fatty acid accumulations as it cleans.

developing—enlarged pores, blackheads, or dry, scaly rough-

HILLIPS' Magnesia
Cleansing Cream

On

Only 75¢ a jar

Texture Cream ·

SPECIAL TRIAL OFFER! CHAS. H. PHILLIPS, 1019 Elliott St. W., Windsor, Ont.
I enclose 10¢ for a postpaid trial jar of each of your two creams. A-240

Name

Address

City.

"Well you see," he said, "this isn't a game with me. I don't want to hold out on you. I don't want to bluff. When you feel like I do, you don't mind showing your hand. I just want you to know I love you."

She was astounded, amazed, unable to speak. And she was beginning to cry. She squeezed her eyes shut, but that didn't stop the tears.

"Pete . . . I don't know what to

say . . ."
"You don't have to say anything,"
he answered. "I just want you to

he answered. "I just want you to know, that's all. Kind of nice to know when somebody thinks a lot of you." "Pete, I'm so sorry . . ."

"Isn't a single thing to be sorry about," he said. "No strings to what I said. If you think maybe you'd like to see me again, any time, go around with me now and then, and sort of see how it works out, I'd be darn glad to take the chance. If it didn't work out, well."

She pushed back her chair and rose, went over to the window and stood there, with tears running down her face.

"Want me to take you home, Carla?" he asked.

SHE COULDN'T answer. Don't be a fool! she told herself. Pete's practically

a stranger. You don't really know him. You thought, even a little while ago, that you were in love with Duncan, and you were wrong about that. Don't be a fool!

No! Be cautious and calculating, and play the game. Pete put all his cards on the table. He just said—he loved me—with no strings to it. If that's being a fool

She turned to face him.

"I don't want to go home, Pete. I want to eat—this gorgeous dinner. I want to talk to you, Pete—and get to know you better."

He didn't try to hide the delight he felt. He was standing, with one hand on the back of his chair, looking at her as if she were a wonder, a marvel. And that made her feel like a sweet, lovely girl.

"Pete," she said, "I think I'm going to like you."

He gave a great sigh. "Well," he said, "I've certainly tried this evening to be attractive."

She laughed, and so did he. He brought her chair for her, and as she sat down, she took his big hand and gave it a squeeze.

"This is certainly cosy, Pete!" she

"It certainly is," he said, &

## Nothing Begins Today

Continued from page 16

the decorum suitable to a grave occasion. The mere people looked ashamed of themselves.

But when the Rolls-Royce drove up and disgorged Mr. and Mrs. Findlater, and then unexpectedly Biff-Janey, the crowd almost got out of hand. Several large policemen had to make way for her, saying, "Now then! Now then!" with paternal severity tempered by a vast toleration for human weakness. They knew Biff-Janey too. A sergeant who took her by the arm was an old friend of Sergeant Stokes and enquired after him and saw to it that she and Mr. and Mrs. Findlater found places in the already congested courtroom.

Lord John had just emerged from his subterranean quarters into the dock. A policeman who had come up with him offered him a chair, but he said politely he preferred to stand. He believed it was customary. The usher banged the floor with his wand and shouted an authoritative announcement, and everybody stood up. little old gentleman in a magnificent red gown and a full-bottomed wig, accompanied by the Lord Mayor in full regalia, and two other gentlemen in morning dress, came in and took their places on the dais. The bewigged, black-gowned counsel who had been fluttering about the well of the court like nervous rather irascible birds came to rest. Everybody bowed. His lordship bowed. He glanced at the prisoner in the dock, who bowed too. His lordship made a faint inclination of the head which you could interpret any way you pleased. But everybody knew that he and Lord John hunted with the same pack.

Then the court sat down. His lordship sniffed delicately at the oldfashioned bouquet which had been placed in front of him. As quite a number of Lord John's friends and neighbors had come up in their best clothes to lend him support, the proceedings took on the appearance of a rather formal gathering in his honor.

rather formal gathering in his honor. It had been a short trial. Since Lord John had pleaded guilty to everything the prosecution had been pleased to suggest, the prosecuting counsel, Mr. Aldous Avery, K.C., found himself in the unusual position of having very little to say. And even that much, in view of the jury's rather hostile attitude, had to be said more in sorrow than in anger. He had risen to something more like his normal style when dilating on men with influence and no brains allowing themselves to be used as bait to catch a guileless public. And Lord John said, "Hear! Hear!" so loudly that his lordship had to reprove

"Apologize, m' lud," Hedgey said.
"But counsel's right. Absolutely."

His own counsel was a newly fledged young barrister who, in his nervous amazement at figuring in an important case, dropped his brief under the table and stammered badly. But as he had no case worth talking about it didn't matter. The fact, however, that Lord John had refused expensive legal assistance, had made an enormous hit with the jury. As they trooped into their places they looked at the prisoner with shamefaced contrition. He held himself at attention.

"Guilty, m' lud, with strong recommendation to mercy. We feel—"

IT SEEMED that a jury had no business to feel anything. M' lud adjusted his wig and avoided the prisoner's eye. He was understood to say that he approved the verdict and had to add that much as he condemned and regretted the prisoner's incompetence and foolishness, he had behaved in a manly, forthright manner which had

## YOUR HOME

Editor: EVAN PARRY, F.R.A.I.C.

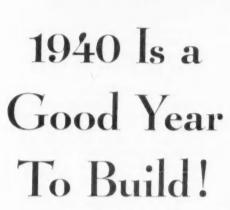


A DEPARTMENT FOR HOUSE PLANNING, DECORATING AND FURNISHING



room is built up by the clever place-ment of unit furni-ture. The inset mirror over fireplace is a clever architect-ural touch. (Allward and Gouinlock, Architects.)





By EVAN PARRY, F.R.A.I.C.

RE YOU one of those who have been deluged with suggestions for making your long-anticipated new home a really practical yet inviting place in which to live and work? If so it is small wonder that you have become confused when deciding what you want. Sifting the many ideas and plans to suit individual requirements in III are the second confused when deciding what you want. ments is, I know, a most trying experience for the best

But have you ever thought that your own personality provides the key to the whole vexing problem of build-ing a new home? Architects today are of the opinion that the home of tomorrow will mirror the personality of the owner. Why shouldn't it? The home is the only place that is definitely yours, where you may be as original as you please at all times.

Of course, good architecture alone cannot ensure successful home ownership. Well-designed houses can be jerry-built—just as well-built houses may be ugly and consequently not worth their cost.

Nevertheless you can obtain greater values and advantages—such as materials, standard of construction and modern conveniences—in houses of today than in those which were built one or two decades ago. Previously, there was no air conditioning—no insulation—very little automatic equipment. Kitchens were poorly arranged with few cabinets and small storage space. Many houses rarely had more than one bathroom and had no lavatory basin.

Whereas today the home is packed with labor-saving, comfort-giving features. Kitchens are scientifically planned to contain the most modern equipment. There

are enough bathrooms. Walls and roofs are insulated. Windows and doors are weather-stripped. Heating is automatic. Air conditioning is often included. All water pipes are of rust-resistant copper or brass. Floor space is conserved and maintenance costs have been greatly

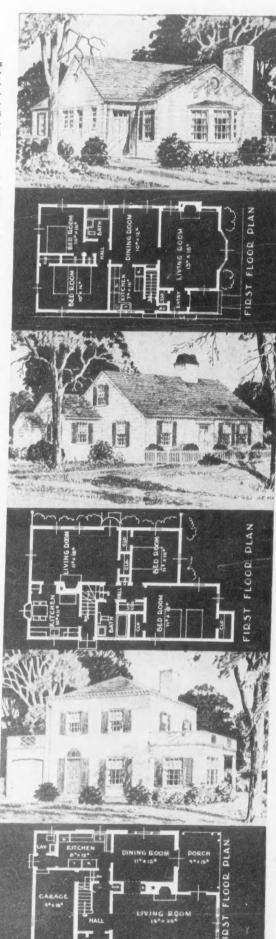
CONTRAST the old method of home financing with that of the National Housing Act which requires an original equity of only twenty to thirty per cent and guarantees 100 per cent equity within a period not

exceeding twenty years.

In the case of low-cost homes, costing \$2,500 or less, the first mortgage loan may be for an amount as high as ninety per cent of valuation, which means that those who wish to own homes of a value of \$2,500 or less can do so by providing an amount equal to ten per cent.

I know that there are many readers who are considering building a new home. Therefore, it is opportune to call attention to some vital things well worth your serious consideration. The site or lot is the first thing to consider, and no house & Continued on next page

The three houses and plans at right are excellent examples of homes designed for modern living. Architects: Miller, Martin and Lewis (top), Royal Barry Wills (centre), R. A. Gallimare (bottom). The second floor plans of the bottom





# TO SERVICE on the Economic Front

"Materials and money count for so much in this war that a resolute, loyal and enthusiastic economic front line may be the determining factor."

MINISTER OF FINANCE

To your restless question "When can I help win this war?" — the answer is NOW. The Government of the Dominion of Canada has announced the First War Loan. The purpose of this Loan is to provide money to carry on the war, not only on the battlefields, but all along the Economic Front.

Let us explain what the Economic Front means. It means a war in which the entire natural, industrial and financial resources of the country are used to defeat the enemy. It means a "total war" in which every citizen takes a part, in which his personal resources must support those of the Nation.

In such a war, one of the chief weapons is money. Where is this money to come from? There is only one answer. It must come — and come voluntarily — from the savings of our people. The difference between us and the Germans is that we, of our own free will, lend our money — it is not ruthlessly taken away.

This is your opportunity to do your part in this struggle against Hitlerism. The eyes of the world are upon you, upon Canada, one of the strongest members of the British Commonwealth. Canadians must show that their strength, their courage and their resources are all in this fight against "brute force, bad faith, injustice, aggression and persecution."

The news of the success of this Loan must go ringing round the world.

Buy War Loan Bonds. They have the proven safety and salability of Dominion of Canada obligations. Any Investment Dealer or Chartered Bank will take your subscription. The quicker the economic war is won, the greater will be the saving of human lives . . . the swifter the collapse of the enemy.

THE GOVERNMENT OF THE DOMINION OF CANADA



MAKE YOUR DOLLARS FIGHT FOR FREEDOM

Y, 1940

s in

for

and

ient

able

ther

just

hen.

and

hen

moc

ient

ing,

CIV-

vide iost

ible

ave

ble.

the

ace

are

Ьу

ds.

ace

nd

air

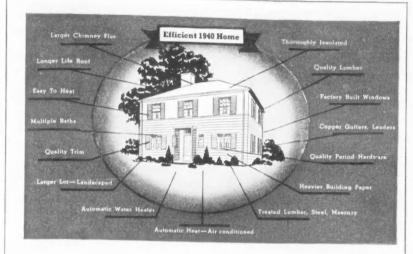
on

171-

Ils

ve

on



Provision is necessary for gas or electrically operated equipment such as illuminated house number, range, refrigerator, washing machine, ironer and electric clock. Also, for sun lamp, electric razor, radio, lighting fixtures, toaster, percolator, water and unit heaters, kitchen ventilating fan, and anything else that you may think of.

Night lighting in the baseboard of bedrooms and the strings of stairs prevents accidents.

Telephone service in rooms where needed should be provided with the necessary outlets.

Fire-resisting shingles could be of asbestos; lightweight sheet copper is also being used.

THE HEATING system should be capable of providing an inside temperature of seventy degrees Fahrenheit. The equipment can be of an oil-burning type which circulates hot water by means of a small electric pump and is

fitted with thermostatic control. Airconditioning units also could be installed. As an alternative, a gas-burning hot air furnace equipped with fan, filter and humidifying device can be used. This equipment eliminates the danger of drawing gas from the furnace in case of leakage.

Copper tubing for hot and cold water services, and copper silicon manganese alloy hot water tank and heaters, are essential for prevention of rust corrosion.

The bath should have a flat bottom to ensure non-slipping, wide outside rim to sit on, and a raised guard to prevent water seeping between wall and bath. The lavatory basin is better with a single control panel and the toilet of the quiet operating type.

For the kitchen, equipment should be streamlined—no open plumbing pipes. Cupboards and cabinets built so that they can be reached without tearing one's arm out of its socket, and good lighting and ventilation provided

## Pointers for the Home

Two coats of a quick-drying varnish, the kind made of synthetic resin, will give a durable water-resistant finish.

If you are contemplating building a closet for the storage of clothes, do not overlook the fact that the door should be fitted with metal weatherstrips.

Automatic water heaters enable you to draw a tubful of water at any temperature you wish, any time you want it.

Brown stains can be removed from baking dishes by soaking them in a strong solution of borax and water overnight.

A good vinegar rinse helps rid the chopper of fish odors.

Simplified Chippendale mirrors, in maple, pine or mahogany, are very appropriate and form harmonious backgrounds in the early colonial or Cape Cod cottage type of home.

Where there is a space between two windows, a mirror will relieve the dull



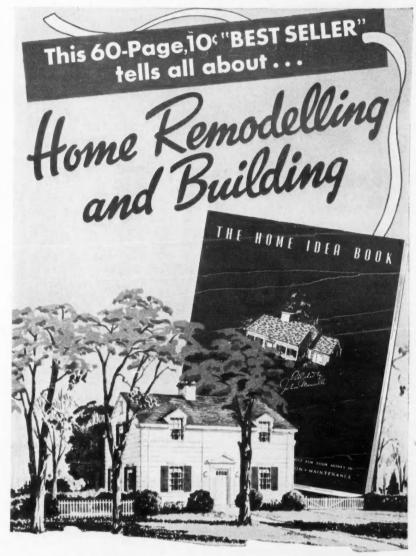
Straightforward arrangement for a living room corner. (Saunders and Ryrie, Architects).

surface and give the illusion of greater space in the room. By placing a table under the mirror, with a bowl of flowers a decorative effect can be achieved.

Paraffin, rubbed in the grooves of windows, will ease sashes that move with difficulty. When a window is badly stuck through tight fitting or warping, relit it by planing.

Many furniture manufacturers today are guaranteeing veneers not to peel. These veneers are bonded with resin plastic in hot presses. The plastics are waterproof; and are good for modern round corners where the veneer needs a secure bond.

A More pointers on page 47



## —with fireproof, wear-proof Johns-Manville Asbestos Shingles outside ... beautiful, modern J-M Insulating Board and Asbestos Wallboards inside

OVER 500,000 home-owners have sent for this 60-page Johns-Manville "Home Idea Book"! The reason is, it answers all the questions and problems that face the homeowner who is planning to remodel or build . . . tells how to protect against fire, weather and wear with J-M Asbestos Roofing and Siding Shingles . . . how to modernize the kitchen and bathroom with J-M Asbestos Flexboard and Wainscoting . . . how to "fixup" the basement and attic as attractive extra rooms with economical J-M Insulating Board products. In addition, the "Home Idea Book" explains the government-sponsored financing plans for building and remodelling; contains articles on room arrange-

ments, floor plans, color and decoration . . . and a "portfolio" of new house plans. Mail coupon for your copy today, enclosing 10¢ to cover cost of handling and postage.



THIS CHARMING ROOM was once a dingy basement. See what a difference Johns-Manville Insulating Board made when applied to walls and ceilings! The "Home Idea Book" fells how

Gives Complete Facts on Architectural Styles, Floor Plans, Interiors, Color and Decoration, Home Insulation, Modernization, and Low-Cost Government-Sponsored Financing Plans



Dept. CH-402, Canadian Johns-Manville, Toronto 6, Ontario.

Enclosed find 10 cents in stamps or coin for my copy of "The Home Idea Book." I am planning to \( \subseteq \text{build}, \subseteq \text{remodel. I am especially interested in } \subseteq \text{Home Insulation.} \( \subseteq \text{Asbestos Shingle Roof.} \subseteq \text{Asbestos Siding Shingles.} \)

JOHNS - MANVILLE MATERIALS



# It made angels out of four dirty boys!

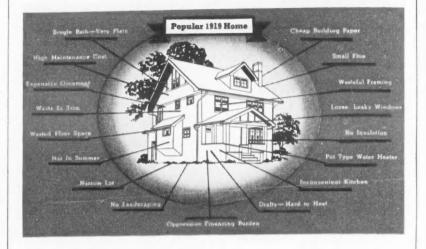


## How to make bathtub cleaning easy!

- 1. Always keep Bon Ami in the bathroom.
- 2. Show your family how quickly anyone can
- 3. Make sure it's *Bon Ami*. Because Bon Ami cleans easily—gives a bright polish—never scratches—and rinses away completely.



Bon Ami saves time...lightens work ...doesn't redden hands!



should be planned unless you have a definite lot in mind. A house that is beautiful in one setting may be uninteresting or impractical in another of different shape and character.

When you have made up your mind where you want to live, take into consideration the community and be assured that it is progressive, well maintained and reasonably restricted. A site in a settled community is generally free from future assessment for public utilities such as sewer, water, gas and electric services or other improvements. All of which means that you can study the trend of developments to avoid establishing your home in a neighborhood of depreciating character.

Transportation, local shopping, educational and recreational facilities should always be easily accessible.

PLANNING for new homes in the lower cost bracket, the regularly shaped plot and square-planned house is more economical than those of many quirks, angles and what not. Also the lay of the land should be taken into consideration, whether it is level or sloping, high and dry or low and wet, because it is costly to level and grade a sloping lot; that low wet ground usually means additional expense for waterproofing the foundation; and it costs more to excavate rocks than soft dirt.

The lot and house should be correlated, since the orientation determines not only the position of the house, but to a large extent the room arrangement as well.

When considering the plan of the house, remember that as the house



Second-floor plan for house on previous page

grows smaller in size, variations in plan become fewer. However, variations can be made by orientation of the house, placing of the bedrooms, bathrooms, stairs and hall, and the varying of relative sizes of the main rooms.

Never lose sight of the fact that the

planning of a house is more than drawing lines on paper. It consists in "living" in the house in advance of its being built. The living room is for relaxation and entertainment, and there should be space for sufficient furniture grouped in a hospitable manner. The dining space, whether it be a separate room, alcoved, or just part of the living room, should be directly accessible from the kitchen. The kitchen should be as compact and as efficient as possible and cross-ventilated to provide a change of air during cooking periods. Since the kitchen is the most highly concentrated room of the house, space and equipment should be provided for the receiving, storing, preparing, cooking and serving of food.

The upper hall should provide access to all bedrooms in the most direct manner possible. At least one bathroom should be directly accessible from the hall. Bedrooms should have cross-ventilation whenever possible. A generous amount of closet space should be provided throughout the

ECONOMIES can be effected by adopting the square, compact type of plan, with all hall and passage space-reduced to a minimum. Long halls are always undesirable. Important savings in costs can be effected by ordering framing lumber in stock lengths and by establishing room sizes accordingly.

The foundation must be waterproof, either with asphalt, sheet copper or one of many waterproof compounds. Good quality texture and color for face brick for exterior walls should be used.

Floors of rooms must be sound-deadened and floors of basement and garage waterproofed.

Built-in cupboards of plywood and white pine make a good job.

Double glazed windows eliminate the necessity of storm windows. Copper weather stripping on windows and floors will prevent heated air leakage and cold air draughts, and copper mesh insect screens fixed on outside doors and windows, are essential for fly or mosquito control. Mineral wool, gypsum and insulation board are suitable for insulating walls and roof. Moisture-resistant finish for bathrooms and kitchens will save

maintenance cost.

Paint for exterior work should be selected on the basis of protection against atmosphere and climatic conditions, and that for interior work to resist abrasive action of cleaning compounds.

RY, 1940

phalt

ch to

ghly

loors I be

riers

both with

with

reed

alty alls.



· When Sani-Flush was introduced, 28 years ago, dresses hung low, and hair was piled high. This odorless chemical compound freed women of a disagreeable task. It took all the work and muss out of cleaning toilets.

· Although many things have changed, Sani-Flush has not. It is still the easiest and best known way to keep toi-lets clean and

sanitary. Use it twice a week. Cannot injure plumbing connections. (Also effective for cleaning out automobile radiators.) See directions on the can. Sold everywhere. 15c and 30c sizes. Made in Canada. Distributed by Harold F. Ritchie & Co., Ltd., Toronto, Ont.

Sani-Flush WITHOUT SCOURING



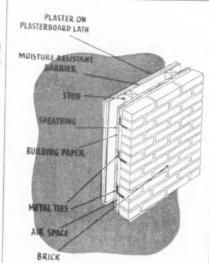
## But you must clean it with "Goddard's"

If you wish to keep the surface of your silverware perfect with the minimum of effort you must use "Goddard's" Plate Powder or Liquid Polish. It is surprising what little effort this smearless polish requires, and even more surprising the way in which "Goddard's" distinguishes between tarnish and the precious metal itself. You can use it with the utmost

Plate Powder or Liquid Polish famous for 100 years

J. Goddard & Sons, Ltd., Leicester, England

W. G. Patrick & Co. Ltd., Toronto Watson & Truesdale, Winnipeg



Detail of good construction for brick veneer.

prevent swelling and warping, which generally causes plaster cracks.

All kitchens, toilets, bathrooms and nurseries should be acoustically treated for deadening sound. If any reader wants to know how to do this, we shall be only too pleased to send a blue-print, showing full details. Inciden-tally, acoustic tile ceiling is a refinement worth while in any home.

Insulating board and gypsum lath lessen cost in labor and have many advantages over wood lath. Never apply wall paper over new plaster until it is dried out, unless the wall is first covered with cotton. Many of you have probably wondered, from time to time, why there are what is known in the trade as skin cracks in the plaster, and how they could be avoided. Cotton will do the trick.

Where structural glass, or plastic, is used for walls and fireplaces, it must be very carefully installed on mastic cement, and the base upon which it is affixed bone dry and rigid. If this is

not done, then you are in for trouble. Next month floors, trims, finishes hardware, heating will be dealt with.

## Pointers for the Home

To repair a leak in a glass fish aquarium, make a mixture of litharge with spar varnish, to the consistency of thick putty. This will become very hard, will not crumble and will not

A chimney should be examined once or twice a year, and when it shows signs of heavy deposits of soot, it is then time to clean it.

Dusty amethyst paint can be made with white, rose madder, ultramarine blue and royal umber.

Bedheads for modern beds are being

When painting new woodwork, knots and sap wood should be sealed

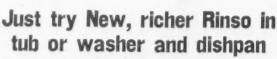
Valleys and chimney stacks should have proper flashings, the former not less than fifteen inches wirle, and wider where necessary to avoid leaks from

IT DISSOLVES IN A JIFFY BURSTS INTO A MASS OF RICH SUDS

## New Rinso Washes **Dirtiest Clothes Snowy White**



THAN EVER



SEE HOW New Rinso, with its wonderful "suds-booster", prevents the hard water scum that greys clothes, dulls colours. And remember, if you own a washing machine

Rinso is the only soap recommended by the makers of 26 leading washers — not one, not just a few — but 26. The New Rinso is kind to hands. Just try it.

RINSO COMES IN 3 SIZES. Regular\_LARGE GIANT











It isn't only the dignity of style you'll fall in love with when you see these Imperial Loyalist pieces. It is the rich glow of the Loyalist wood . . . the depth of the finish and the loveliness of the grain . . . and the perfect construction . . . that will make you want to have them . . . and keep them forever and ever! See these qualities in the new Imperial Loyalist gate-leg table and the ladder-back chairs at the better furniture stores.

## IMPERIAL LOYALIST Made in Stratford, Canada, by Imperial Rattan Co. Limited

## Consider these Advantages of Modern, Low-cost, Non-rust Plumbing

Anaconda Copper Tubes, assembled with solder fittings, cost scarcely more than piping that rusts.

Copper Tubes eliminate rust, the principal cause of plumbing trouble.

Copper Tubes last longer...they look better. They give the most economical service of any material you can use. Why not consult your plumber?









Sound Construction II.

## Roofs, Walls and Ceilings

Types of faulty workmanship to be avoided in these vital parts of your house

By EVAN PARRY, F.R.A.I.C.

LAST MONTH foundations, masonry, exterior walls of stone, brick, tile and lumber and stucco were dealt with. Now let us examine some of the essentials of sound construction for roofs, insulation and finish of walls and ceilings.

Flashings

Faulty flashings in valleys around chimneys and at eaves, have been as much the cause of depreciation as any other fault in house construction. Consequently, efficient roof protection from weather is, in a large measure, governed by flashings, as also the pitch or slope to which the roof is laid.

Flashings of copper or galvanized metal are inserted to prevent leakages at vulnerable spots of the roof. The faults generally to be found are not tucking the flashing through the full width of walls and not extending them far enough up under the roofing metains!

Slope of Roof

Unnecessary damage can be caused to the house by the pitch or slope of the roof being faulty. All roofs should be governed by four factors: appearance, climate, nature of the covering and cost.

Wood, asphalt and asbestos shingled roofs should have a pitch of at least six inches to the foot, except on sheds and porches, where it may, if necessary, be reduced to four and one half inches. For clay tile or sheet metal with unsoldered seams, four inches to the foot is the minimum.

Built-up roofs with tar or asphalt surfaced with gravel, quarry tile, or some other available composition specially designed for the purpose, can be laid to a pitch from one-half inch to two inches to the foot.

Insulation

Every house should be thoroughly insulated if you want it to be a sound investment. Roofs, walls, and floors over unheated spaces should all be insulated. Moisture-resistant barriers should be applied on the inside face of insulation, to prevent damage to inside finish of walls.

If fibre board sheets are used, both sides and edges should be scaled with asphalt. If aluminum foil is used, it is best to have at least two layers with dead air space between.

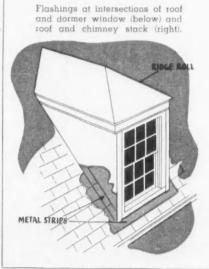
Copper weather stripping, if placed around all doors and windows, will prevent heat loss and draughty rooms.

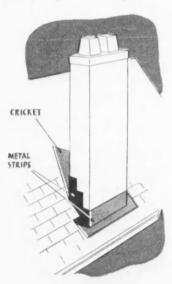
#### Base for Finish of Walls and Ceiling

Trouble is often caused by faulty base-work for the inside finish of walls.

Where metal lath is used for plastering, it should be lapped at joints and at corners. Metal beads for corners are a necessity.

If you intend having the ceiling in the hall vaulted, barrelled or curved, metal lathing is necessary. It will







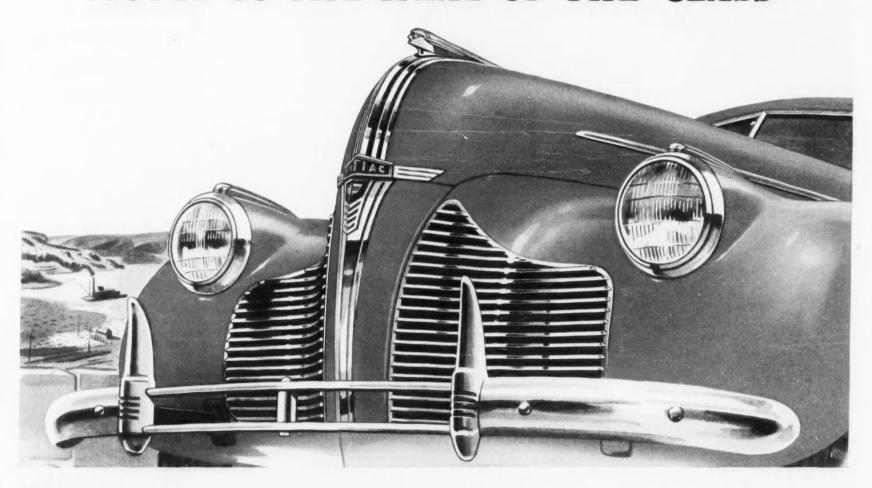
Illustrating the Special Six 4-Door Touring Sedan.



Illustrating the De Luxe Six 4-Door Touring Sedan.

# Portine

## MOVES TO THE HEAD OF THE "CLASS"



WHEN a car as good as Pontiac can be styled to match its in-built quality, it automatically moves to the head of the "class".

That is what happened to Pontiac this year. It looks as good as it is! Its impressive beauty and luxury match the excellence of Pontiac engineering and performance. Pontiac presents five great new series — 20 thrifty, new sixes — 7 brilliant new eights

that place Pontiac among the world's finest motor cars. There's a Pontiac to meet your needs and purse *exactly*.

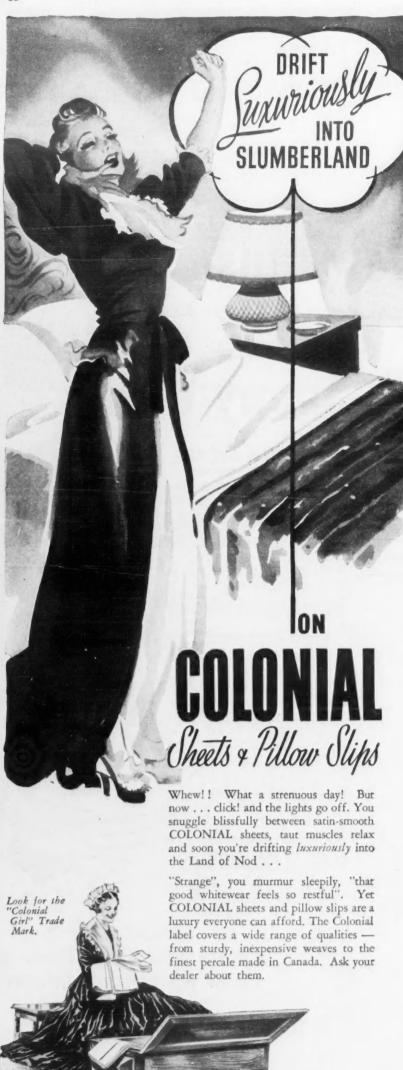
Many people don't appreciate this fact—have not discovered that Pontiac prices start with the lowest—that Pontiac value is in a class by itself. But don't you be fooled. Even if you have your mind set on the peak of luxury, you'll do well to visit a Pontiac dealer before you make your final decision.

Pontiac is the low-priced car with a fine-car name—and *one* ride behind the wheel will tell you why.

FIVE SERIES: Arrow Six; Special Six; De Luxe Six; De Luxe Eight; Torpedo Eight

Pontiac for Pride Performance

CH





Question—I have been contemplating redecorating my small kitchen, and my chief desire is to have it done to appear large. The stove being grey and white, I wondered if the lower part of cupboard should be grey and top part white. Woodwork white, walls white, inlaid linoleum grey, blue and a few other bright colors. Curtains one of the bright colors

bright colors. Curtains one of the bright colors in linoleum, with chairs the same as predominating color in curtains—blue for instance. Please criticize all this,

especially the two colors in cupboard. Would the white built-in refrigerator look wrong with the bottom part of cupboard grey? I can never get a nice arrangement for curtains on the window above and to the left of sink: it is such an odd size. Furthermore I have a small ball with polished floor matching living room. I find the floor bard to keep nice. Would it be according to Hoyle to have kitchen linoleum run to outside ball door, or would you make a better suggestion regarding mats or rugs? There is a triple window in the living room in the form of a bay window. How could I put Venetian blinds on it? Would it be all one blind or three blinds?

Answer—I cannot criticize your color scheme for kitchen because I do not think you could improve upon it, except that cupboards, both top and bottom, should be white. As to window above the sink, reglaze it with white double-roll cathedral glass and omit the curtains. This is far more acceptable than attempting to do something which obviously is out of place. Plain blue linoleum in the hall would look well without rug or mat. One Venetian blind should cover the triple window in the living room; three would be fussy and unsatisfactory.

Question — We think a Welsh in this room? a cottage, so for months I bave eagerly watched for carpet cover Chatelaine with board and n

the new ideas for the home. I have cut out the items I especially like and pasted them in a scrapbook. Could you send a plan of a cottage—something we can be proud of and that will not go out of style? The cottage is to include living

room, kitchen, breakfast nook, sunroom, two bedrooms and one bathroom; stairs to cellar and also stairs for upstairs in case we may need an extra room, one side or back door, linen and broom closets and plenty of clothes closets for bedroom. Cost \$3,000 to \$3,500. I have seen tiled back entrance; do you approve of this, also tiled sunroom? I thought of inlaid linoleum for sunroom as it will be used as playroom and real knockabout room. I wondered if electric bot-water tank could go in a closet in bathroom.

Answer—I have sent you designs selected from the Dominion Housing Act Minimum Cost House Brochure which will answer your requirements concerning the proposed cottage you have in mind. I approve of tiling for a back entrance. Use linoleum for the sunroom, which would be less dangerous for children in the case of their falling on the floor. There is no objection to an electric hot-water tank being installed in a closet off the bathroom. Your plumber would be able to advise you as regards the best way to have it installed.

202

Question — We are planning a new bome. The living room will be furnished with Loyalist pieces finished in walnut; the up-



the

yea bea Po Por thr

bolstery of the settee and one of the chairs will be rust, orange and black, while the other chair will be green and yellow. Am doubtful as to the choice of carpet and draperies; we are not buying curtains. Would you please give us some suggestions? For the dining room, we have six antique chairs in Spanish mahogany, a gate-leg table in walnut and a tea-wagon in walnut. Do you think a Welsh cupboard would be suitable in this room?

Answer—Broadloom putty color carpet covering the floor up to base-board and natural color monk's cloth drapes carried to floor would be very successful in your living room. You would not be making a mistake in placing a Welsh cupboard in the dining room. In fact it would round out the scheme, &



## HOUSEKEEPING



A DEPARTMENT OF HOME MANAGEMENT-Conducted By HELEN G. CAMPBELL.

What do You alanced
Mean by Balanced
Mean Meals

By HELEN G. CAMPBELL

IN PEACE or war, good health is one of Canada's most important resources. For only if we're strong and robust, alert and keen, can we make the greatest contribution in our country's service and welfare.

Right now the men have a job on hand—and you know how they're doing it.

So have the women. Canada calls them to serve on the home front, to stop the gaps in our dietary defenses and to guard the health of the nation. And if I know Canadian women, they can be counted

Chatelaine joins forces with the Canadian Medical Association, the Canadian Council on Nutrition and other groups, to help you work intelligently and effectively in a worthy cause. For this fight for fitness is everybody's war, from the scientists in their laboratories to mothers and housekeepers in their kitchens. We're in it together—and we're on the march.

The new knowledge of nutrition enables us to apply sound dietetic principles to our menu planning and to serve well-balanced meals which promote and maintain the health of our families.

"What do you mean by well-balanced meals?" Simply, meals that provide material for the growth and repair of our bodies, material for heat and energy to do our work, material—the minerals and vitamins—which serves in both a building and protective capacity. Meals built around the essential foods—milk, eggs, meat, vegetables, fruits. Meals consisting of these and other well-selected foods prepared and served in a way to give that enjoyment which aids digestion.

Foods are as varied in their function as they are in their flavor, so taste alone is no sure guide to their dietary value. It depends on the elements in their make-up, and as no food is perfect in all respects, you can see the importance of the combination and the wisdom of a varied diet. They're great on teamwork.



## GOOD DIET

Depends on meals planned with care to include the food essentials for health, prepared and served in a way to give that enjoyment which aids digestion. Good diet is inexpensive when planned in advance.

## POOR DIET

Is haphazard, unattractive and lacking in balance of the materials which provide for the growth and repair of our bodies. Poor diet is an expensive mistake in home management. It results in listlessness and poor health.



STOP D PUT CREAM OF WHEAT on your shopping list now . then go full speed ahead to your grocer! But be sure you get the genuine Cream of Wheat. It is made in Canada from Canadian wheat . . . comes only in the package shown here. The Cream of Wheat

"CREAM OF WHEAT" REGISTERED TRADEMARKS
"CREAM OF WHEAT" REG. U.S. PAT. OFF.

CREAM of WH A BREAKFAST CEREAL THAT'S EASY TO DIGEST

### Nothing Begins Today Continued from page 41

the prisoners' exit, whence Lord John would presently depart on his way to Maidstone Gaol. They wanted to give him a last cheer. Just like a first-night crowd, Biff-Janey thought, going round to the stage door, after a flop, just to let you know that it wasn't really your fault and they still loved you and always would whatever sort of mess you made of things.

A champion crowd.

THEN SHE saw David. He was alone. Perhaps Lady Flavia had had permission to see Hedgey for a moment, Perhaps Sam had gone off with her. You never knew what he'd be up to. Biff-Janey went up to David and took him

by the arm.
"I want to talk to you," she said. "We've nothing to talk about."

"Oh yes, we have."

"It's not your business-"

"Oh, yes, it is. You're my business."
"Does Mr. Scoffield know? You

happen to be engaged.'

"I'm not. You are. But you're not going to be. You're not going to marry that mean, heartless, gutless girl, if I have to strangle her."

'Really-

But a spark had kindled in his eye. She did not see it. She got into an expectantly waiting taxi and he had no option but to follow her. She gave the order. "Drive into the park."
"What park, miss?"

"Any park, Keep going round in it till I tell you to stop."

"Of all the outrageous, highhanded proceedings—" David began. "And I should like to know what made you show up at all."

"I don't run," she said.

"You upset me. I couldn't get you off my mind."

"If it comes to that, why should you? And you're on mine. You always will

The spark had become a fire.

"Perhaps," he said sternly, "it would

be a good idea if you told the truth now—for once."

"All right, I will. I love you. If you'd asked me that I couldn't have lied about it."

'I'm asking you now."

"I've told you."

"Say it again. I don't trust you." "All right. I love you. I love you. I love you-

"I've never loved anyone else. I told you that before.'

"I know you did."

'So you own up. It was true-"

"Of course it was. But I thought—"
"As a matter of fact," he said, "I don't care whether I'm married to you or not. I'm going to be."

She took something out of her bag. It was a little black prayer book. It fell open at the flyleaf on which a date and several names were written. Even in the stress of war, Bert Janeway had

written firmly and clearly.
"A wise woman," Biff-Janey said, "carries her marriage lines along with





I AM NEITHER NOVICE NOR EXPERT IN BAKING BUT ALL MY CAKES HAVE THAT SMOOTH VELVETY CRUMB



## FOR BETTER CAKE **USE SWANS DOWN CAKE FLOUR**

• Carefully made from the softest of selected Canadian winter wheat, which contains tender gluten, ground and re-ground, sifted and re-sifted through silk until actually it is 27 times as fine as ordinary flour. Results are sure if you follow directions.

## BUY AT TODAY'S LOW PRICE

**RECIPES FOR THE 9 MOST POPULAR** CAKES ARE ON THE PACKAGE

CARES ARE UN THE PACKAGE

147 Recipes — Hundreds of Baking Helps in
"Kate Smith's Favorite Recipes"

Today send for "Kate Smith's
Favorite Recipes"—a beautiful
48-page book. Contains 147 recipes,
87 interesting illustrations. Explains
the how and why of tender, crisp,
golden brown cake as only Kate can
do it. Use coupon below.



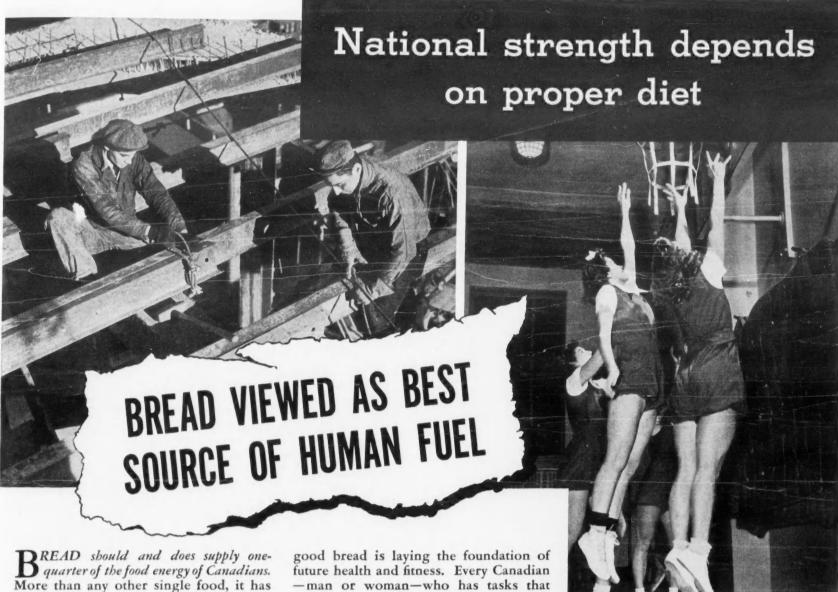
I N I and w Rig know So I on the defens if I k

Cha Associ effecti fitness Iabora kitche march The

upon.

sound to ser maint. "W Simpl and re to do -whi milk, ing of and se aids d

Foo their f dietar you ca the w teamy



More than any other single food, it has helped to give Canada a high health record among the nations of the world!

Called a nearly perfect food, bread is not only a valuable source of carbohydrates. Made with milk, as it usually is today, it is also an important source of protein, equal to meat in muscle-building and muscle repair. It actually speeds digestion.

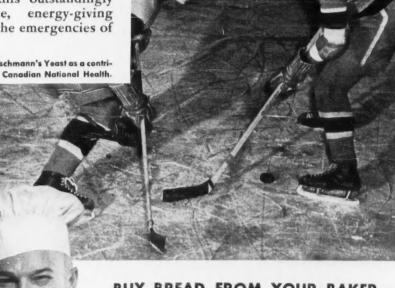
The Canadian child who eats plenty of

require quick or sustained energy, gets it most cheaply-and deliciously-from bread!

Your baker gives you today a fine loaf, skilfully made from the best ingredientsdelightful, wholesome, life-giving bread!

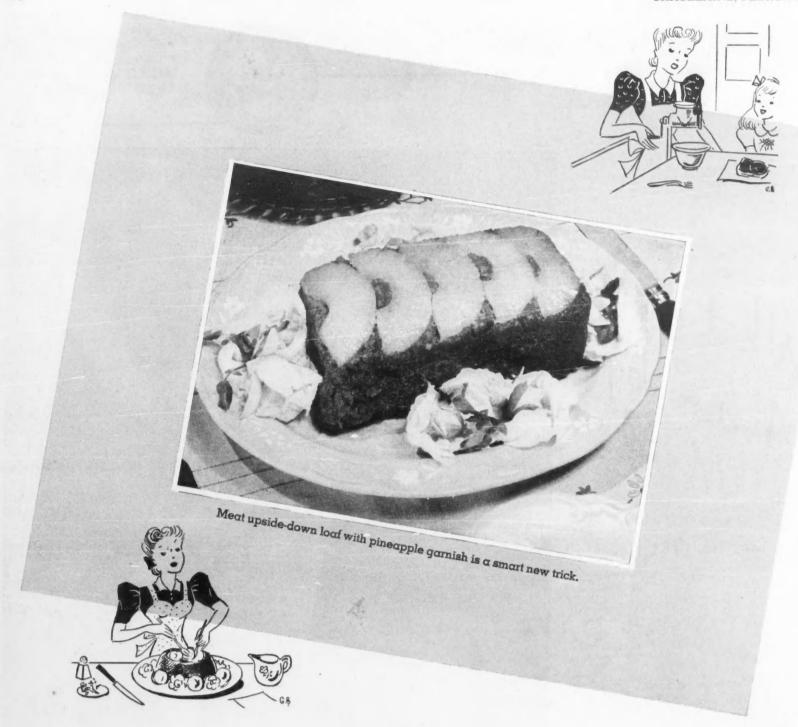
For greater vitality and increased efficiency, eat more of this outstandingly economical, digestible, energy-giving food-and keep fit for the emergencies of present-day life.

Prepared by the makers of Fleischmann's Yeast as a contribution to the advancement of Canadian National Healt



## BUY BREAD FROM YOUR BAKER

The finest bread that can be baked today is sold by your local baker. His trained skill, scientific equipment-and the very finest materials -give you a loaf that is unsurpassed in wholesomeness and delicious



# The Daily Grind

You can start with minced meat and end up with many scrumptious dishes

## By HELEN G. CAMPBELL

Meat Loaves—A never-fail proposition as they are so easy to make and so popular with the family. Delicious when served piping hot with gravy or sauce. And almost equally as good when cold with a salad or hot vegetable accompaniment or in the middle of a sandwich. They can be baked in a casserole or in a shallow baking pan. and they're capable of as many variations as a swing band. Chopped onion, parsley, ketchup, H.P., Worcestershire and other condiment sauces, diced fresh, or cooked vegetables, horseradish, mustard and different

herbs, are appropriate additions—not all in one loaf, but in whatever combination develops the flavor you're after.

One or more varieties of meat may be used—all beef, beef and pork, or beef and liver in about the proportion of "one horse, one rabbit." It may or may not include bread or biscuit crumbs, may profit by an egg to bind the mixture, and perhaps a little tomato juice or soup to moisten.

They needn't all be loaf shape, for you can do stunts to give them variety of form as well as flavor. Here is one in a ring mold, the centre filled with fluffy mashed potatoes. Or you can pat it out in an inch-deep oblong, cover with a potato and pea soup stuffing, spread and roll up like a jelly roll before cooking. Delicious and very attractive when sliced. Or use a savory bread stuffing in the centre of your meat for a new and interesting variation.

Patties—Sometimes made with meat simply seasoned with salt and pepper and patted into shape. But often supported by other ingredients and given distinctive flavor by different condiments. May be plain or wrapped in bacon to dress them up a bit. Or capped with tomato slices, then broiled, served on or under onion rings, accompanied by smooth, tangy sauces, or otherwise transformed into  $\frac{1}{2}$  Continued on page 58

IN THE beginning of its career minced meat was something in the nature of an expedient, a bit of strategy by which tough cuts were made tender and a dollar was made to go a lot farther. We ate it in the interest of economy. Until we discovered we liked it for its own sake, that it retained the fine flavor of the original meat and that it tasted equally good in any one of a dozen ways. So now we keep the butchers at their

daily grind.

Though all meats lend themselves to mincing, beef is the one most used. But as the tender cuts need no improvement on nature, only certain portions, such as the round, neck, flank, shank and trimmings, are ground into subjection to our requirements.

Here's the starting point; the rest is up to the cook. You can serve a dull dish from it, or you can have a perfectly scrumptious flavor, depending on what ingredients you put with it and what ingenuity you apply to seasoning the combination. You can work within the limit of two or three forms of service and run the danger of monotony, or you can vary the theme no end, thereby adding to the interest of your menus while subtracting from their cost.

It's a good idea to run to ground for your main course when a simple but flavorsome dish is the end in view. Try it in any of the following ways and see if you don't agree with me.

## Teach her THE FAMILY **BAKING TRADITION**

Early!

## For light, tender cakes she too will depend on MAGIC!

MOST little girls begin when ... Cakes so deliciously light very young to take an and fluffy, they "melt in your interest in cake making.

When this happens in your house, get out your tin of Magic Baking Powder, and show your child how to make a cake worthy of your family baking tradition. She should learn at the very start why you and "Grannie" always depend on MAGIC for light, tender cakes.

Three generations of Canadian housewives have preferred MAGIC for its pure, wholesome ingredients and full leavening ask for it! power. They know

they can count on it for finer flavored, finer textured cakes and fluffy, they "melt in your

Leading cookery experts use and recommend MAGIC because of its pure, wholesome ingredients and its uniformly sure results. And MAGIC'S dependability makes it the favorite baking powder of 3 out of 4 Canadian housewives. They praise its economy too-enough for an average baking costs less than 1¢! Ask for Magic Baking Powder today-and teach your child to

FREE COOK BOOK! If you bake athome use the new Magic Cook Book. Over 300 recipes. Address Gillett Products, Fraser Ave., Toronto, 2.

MADE IN CANADA



CHA



Tomato Juice Cereal Marmalade Tea Toast Coffee

Sliced Oranges
Cereal
Toasted Biscuits
Coffee
Tea
Tea

Apple Juice Cereal Toast Tea Bacon Coffee

(Sunday)
Half-Grapefruit
Waffle or Griddle Cakes
Syrup
Tea

Cereal with Dates
Jelly
Tea Toast Coffee

Sliced Bananas Cereal Toast Jam Coffee Tea

Stewed Apples (from Tuesday) Soft-cooked Eggs Toast Coffee Tea Coffee

Orange Juice Cereal Conserve Tea

Stewed Prunes French Toast Syrup Tea Coffee

Cereal Bacon Marmalade Tea 10

11(Sunday) Cranberry Juice Cereal Toast Omelet

Coffee Tea Orange Halves Cereal

Toast Jam Coffee Tea

Grapefruit Juice Grilled Smoked Fish Toast Ceffee Tea Coffee

Apple Juice Cereal Honey Tea Scones Coffee

LUNCHEON or SUPPER

Oyster Stew Crackers Apple, Banana and Nut Salad Hot Biscuits Tea Cocoa

Baked Beans Chili Sauce Brown Bread Canned Peaches Tea Cocoa

Vegetable Soup-Toasted Cheese Sandwiches Syrup Johnny Cake (from Friday) Tea Cocoa

Parsley or Mushroom Omelet Green Salad Green Salad Chocolate Layer Cake Ginger Ale or Milk Drink

Salmon Loaf with Egg Sauce Cole Slaw Canned Pineapple Cake Tea Cocoa

Curried Left-over Beef with Rice Stewed Apples Ginger Cookies Tea Cocoa

Sausages Sauerkraut Bran Muffins Honey Tea Cocoa

Scalloped Potatoes with Onions Muffins (from Wednesday) Prune and Peanut Butter Salad Tea Cocoa

Mushroom Soup Sardine Salad Sliced Bananas Cookies a Cocoa

Macaroni and Cheese Brown Bread Dill Pickles Canned Cherries Tea Cocoa

Jellied Vegetable Salad Hot Rolls Individual Hot Mince Tarts Cheese Tea

Chicken Soufflé Celery Cup Cheese Straws ea Cocoa Fruit Cup Tea

Barley Broth Potato Salad Egg Garnish Strawberry Jelly Whip Wafers Tea Cocoa

Baked Corn Pudding with Bacon Curls Hard Rolls Canned Plums Tea Cocoa

Baked Stuffed Onions
Parsley Sauce
Waldorf Salad
Sweet Rolls
Toa
Cocoa

DINNER
Hamburger Patties on Onion
Slices
Mashed Potatoes
Buttered Beets
Blanemange with Red Jelly
Coffee

Fish Pudding
Baked Potato Slices Spinach
Johnny Cake Lemon Sauce
Coffee Tea

Veal Cutlet
Parsley Potatoes Carrots
Floating Island
Coffee Tea

Roast of Beef Browned Potatoes Mashed Turnips Cranberry Tart Pie Coffee Tea

Tomato Soup Cold Roast Beef Hashed Brown Potatoes Corn Apple Tapioca Coffee Tea

Liver and Bacon Creamed Potatoes Green Beans Fruit Jelly Custard Sauce Coffee Tea

Oxtail Soup
Baked Stuffed Potatoes
with Cheese
Scalloped Tomatoes
Buttered Peas
Butterscotch Nut Pudding
Coffee Tea

Lamb Stew
Dumplings
Shredded Lettuce and Raw
Carrot
Rice and Raisin
Pudding
Coffee Tea

Fish Cakes Caper Sauce Potato Chips Shredded Cabbage Chilled Lemon Pudding Coffee Tea

Minute Steaks
Mashed Potatoes
Creamed Onions
Baked Apples
Mincemeat Stuffing
Coffee Tea

Roast Chicken
Riced Potatoes Parsnips
Ice Cream Chocolate Sauce
Coffee Tea

Baked Pork Chops Potato Cakes Brussels Sprouts Baked Indian Pudding Coffee Tea

Rolled Lamb Shoulder Browned Potatoes Creamed Celery Banana Shortcake Coffee Tea

Pea Soup Cold Sliced Lamb Savory Rice Green Beans Steamed Date Pudding Brown Sugar Sauce Coffee Tea

BREAKFAST

Tomato Juice Cereal Toasted Rolls Jelly Coffee Tea 17

Stewed Figs Pancakes Syrup Tea

18.Sunday)
Grape Juice with Lemon
Cereal
Poached Eggs
Toast
Coffee
Teal

19 Cereal with Raisins Toast Stewed Fruit Coffee Tea

Apple Sauce Bacon Toast Jelly Coffee Tea

21 Orange Juice Cereal Muffins Syrup Coffee Tea

Apricots Soft-cooked Eggs Toast

23 Apple Juice Cereal Coffee Cake Jelly Coffee Tea

Orange Halves Creamed Left-over Cod on Toast Coffee Tea

(Sunday) (Sunday) Half Grapefruit Waffles

Tomato Juice Cereal Brown Toast Jam Coffee Tea

Stewed Prunes Cereal Scrambled Eggs Toast

Sliced Bananas Cereal ist Marmalade offee Tea Toast Coffee

Orange Juice Bacon

LUNCHEON or SUPPER

Canned Chicken Haddie on Toast Lettuce Dressing Figs Cookies Tea Cocoa

Onion Soup Crackers Apple Sauce Spice Cake Tea

Ramekins of Lobster Pickles Peach Tarts Whipped Cream Tea Cocoa

Cold Dressed Tenderloin Hashed Brown Potatoes Canned Raspberries Cake Tea Cocoa

Scotch Broth
Grapefruit, Banada and
Pineapple Salad
Iced Gingerbread (from
Monday)
Tea
Cocoa

Creamed Salmon on Toast Jelly with Diced Fruits Cookies Tea Cocoa

Browned Hash with Onions Head Lettuce Dressing Canned Pears Tea Cocoa

Italian Spaghetti Brown Bread Apricots (from Thursday Cookies Tea Cocoa

Baked Beans Relish Apple Snow-Custard Sauce Tea Cocoa

Oyster Patties
Salad Bowl
Cheese Straws
Brown Bread
Fresh Jelly Roll
Ginger Ale or Hot Chocolate

Frankfurters
Sauerkraut
Rennet Custard with Almonds
Wafers
Tea Cocoa

Corn Chowder
Crackers
Baked Apples
Iced Cake
(use left-over cottage pudding
Tea

Cheese Soufflé Sliced Spanish Onions Jellied Prunes Nut Bread Tea Cocoa

Hot Pilchard Tomato Sauce Fried Noodles Canned Peaches Small Cakes Tea

DINNER

Scalloped Oysters and Noodles Harvard Beets Peas Lemon Meringue Pie Coffee Tea

Grilled Kidneys and Bacon Creamed Potatoes, Cauliflower Raisin Cup Cakes Foamy Sauce Coffee Tea

Dressed Pork Tenderioin Baked Potatoes Scalloped Tomatoes and Celery Apple Crisp Coffee Tea

Pepperpot Soup
Spinach Ring with Creamed
Eggs
Diced Potatoes
Gingerbread
Coffee

Pepperpot Soup
Hard Sauce
Tea

Boiled Brisket with Vegetables Cole Slaw Fruited Suet Pudding Brown Sugar Sauce Coffee Tea

Cold Sliced Brisket
Scalloped Potatoes Turnips
Cherry Cobbler
Coffee Tea

Shoulder Lamb Chops Mashed Potatoes Asparagus Cuttings Cocoanut Bread Pudding Coffee Tea

Steamed Codfish
Egg Sauce
Paprika Potatoes
Brussels Sprouts
Sliced Oranges and Bananas
Coffee Tea

Baked Ham Slice Browned Potato Balls Creamed Onions Lemon Rice Pudding Coffee Tea

Meat Loaf
Mushroom Sauce
Baked Potato Slices
Broccoli
Ice Cream
Butterscotch Sauce
Coffee Tea

Chicken Soup Cold Meat Loaf Scalloped Potatoes Corn Cottage Pudding Sauce Coffee Tea

Veal Pot Pie Boiled Potatoes Carrots Cranberry Tapioca Pudding Coffee Tea

Dressed Heart
Buttered Noodles
String Beans
Apole Betty
Coffee 1ea

Bounton
Cold Dressed Heart
Lyonnaise Potatoes Peas
Chocolate Nut Cornstarch
Pudding
Tea

The Meals of the Month as compiled by M. Frances Hucks are a regular feature of Chatelaine each month

## The Doctor's Party

Continued from page 7

a very poor husband, I'm afraid."
"The way it's turned out, I suppose
it's just as well," Annie had decided. "She's makin' a good match tomorrow with that rich Laurence Staples from Montreal. I'll be glad to see her married off well. She's always been so pretty and so popular-I'll never forget how I worried that time when she went around with Warren Blodgett. Of course, it didn't last long—"
"That's right," Doctor Mart had

remarked in a curiously thoughtful tone. "She did run around for a while there with young Blodgett, didn't

"She could have had anyone, Doctor Mart. You know it, yourself. Some girls are born to go far. She's got the ook of a Madonna in her eyes, that Miriam Lowry. And Jane was never much for looks. Sly—that was it. Just a sly one, Jane Lowry. Gettin' herself into trouble—and all the time engaged to Tommy Crawford, and him trustin' her those long months when he was away sailin', savin' every cent he could lay his hands on so they could be married—"

"You know, Annie," Doctor Mart had put in here, as he had a thousand times before, "you are a wise woman and a good woman and, generally speaking, I find you indispensable.

But there are times—"
"I know, I know. There are times when I talk too much. Well, I ain't intendin' to offer you any advice, but if I might say so, I think you're lettin' fate order up a queer bunch to celebrate your anniversary—and there won't no good come of it, that's sure." "We shall see," Doctor Mart had

said patiently.

And now the time had come. It was the night before Christmas Eve. And the snow that had begun to fall gently

kettles on either side of the staircasekettles polished to a dazzling brilliance and reflecting the leaping flames of the hall grate.

Always Doctor Mart had missed Meg, his wife, but Christmas seemed to intensify the old longing. She had left him no children—for their boy and girl had died in infancy—but memories of a brief and flawless happiness to sustain him through the years. His patients took the place of his lost wife and children. Their interests occupied him, their welfare-spiritually and physically-was his concern. never did a boy or girl come to him with their troubles, but his thoughts went winging to that other boy and girl who, had they lived, might be experiencing the same travail as those who sought his counsel.

YEARS ago Meg had named his favorite room The Den. Here were his few treasures: the ship models that had been in the Brady family for years, Meg's portrait, his booksamong them the priceless first edition of Sir Thomas Browne's "Religio Medici," the gift of a wealthy old summer patient, a bibliophile, whose health Doctor Mart had miraculously restored to him when more famous men of medicine had failed.

Here in the den was an old Persian jewel-toned rug; deep chairs, upholstered in worn red velvet, flanked the fireplace in company with a shabby chesterfield. This was the room to which he came now, hands behind his back, to stand smiling up at the portrait of the gracious woman of his heart.

"Do I look all right?" he asked her, fingering the black tie Annie had pressed for the occasion—he so very seldom dressed for dinner any more! and felt for the tip of the fresh white handkerchief in his breast pocket. Meg had been fussy about such details. "You used to talk of the saints, Meggie. Remember? There was one you favored-I forget his name now. He was said to manage the impossible, if you prayed hard enough. Well. then, speak to him tonight, Meggie, in my behalf-and look at him the way you used to look at me when I pleased you. And if his heart is as hard as the stone over your grave, it will melt, and the Christmas bells will have reason to ring out in our town this year!"

Christmas bells—and Meg Hayes saying yes to young Doctor Martin Brady that night of the Sailors' Supper at the church. How long ago was that now? Must be twenty-nine years, about . . . Meg Hayes in a red dress with some kind of fur trimming finishing it off, and a bit of a hat on the top of her quick young head, and laughter Meg's laughter that could never die while memory lived.

Tim had been there, too, that night. Tim O'Connor, his friend. Loving Meg Hayes deeply and wanting her for his wife. Tim, just home from his season on the Lakes, with his ship laid up snug for the winter.

Tim held no grudge, but accepted defeat like the gentleman he was. And after a year or so, he had married Lucy & Continued on page 61



## HELP For Cake Trouble

Have you bad luck with Chatelaine's Bulletin Number 2205 tells you why, gives you the rules for success and adds all kinds of recipes for cakes, icings and fillings. end fifteen cents to Service Bulletin Department, Chatelaine, 481 University Avenue, Toronto.

in late morning, swirled about now in the brisk wind, drifting along the

There was a festive air about the old house tonight. The paintings had been hung with laurel-the old ship picture above the mantel in the den, and Meg's portrait. Huckleberry greens neigh-bored with the rich red of Templar roses. Poinsettia stirred in the copper



a ...

it's "Sl

Mo

proget

Of

rer

she

M.

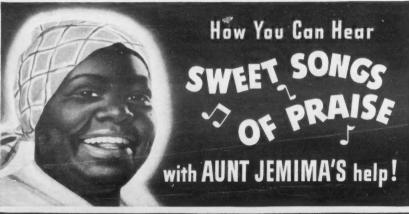
loc M

mi

Ju

hi

co









P.S. TO MOTHER: You will agree that Aunt Jemima's Pancakes are the best-tasting and easiest you ever made, or we will gladly refund your money!

AUNT JEMIMA

buckwheats, too!

GET BOFE PACKAGES

IN THE YELLOW BOX

is Aunt Jemima

Pancake Day

IN THE RED BOX

FOR PANCAKES

## What Do You Mean by Balanced Meals? Continued from page 51

Three times a day your family sits down to the table and eats to live. But there's no dietetic or other law against their enjoying themselves at the same time; in fact it's all the better for them if they do. And fortunately, food that is beneficial to health can also be fragrant, savory and delicious. So you have three chances every day to do your bit. And here are a few rules on which to base your strategy in menu planning.

Plan your menus for the whole day, or, better still, for several days at a time, in order to fit them all together and to make sure that adequate amounts of the building and regulating foods, energy producers and vitamins are used in proper proportion.

Include, at the very least, a pint to pint and a half of milk for each child and at least half a pint for each adult. Serve some of it on the breakfast cereal and distribute the rest between lunch and dinner, in soup, sauce, or dessert.

Serve meat, fish or other protein food once a day at least. Cheese, eggs, dried peas and beans are fine meat substitutes and many dishes made from them help to give variety and supply nourishment.

Include an egg a day if possible, or at least three or four times a week. It may be cooked in various ways or used as an ingredient in custard.

Go strong on vegetables-a potato every day, besides generous servings of two other varieties. Use the green ones plentifully and serve one of them raw. There are any number of vegetables for salad service and a still greater variety for cooking, so don't limit yourself as to kind or flavor.

Canned varieties are wholesome, convenient and satisfactory from the standpoint of nutritive value. Factory canned tomato juice and factory canned tomatoes put through a sieve and seasoned are inexpensive, all-season and excellent sources of vitamin C, necessary for good health. Follow the excellent rule of using

two daily servings of fruit. They may be fresh, dried or canned, for all varieties contain minerals and vitamins and are therefore both builders and regula-The best plan is to use one raw and the other cooked in any way that suits you as an appetizer, on the morning cereal, for dessert or as an addition to it. Fruit juice, which is a popular form of this good food, has endless possibilities for meal service.

See that the coarser breads, the whole grain cereals, or those especially processed to provide wheat germ are served frequently for the minerals they contain. Cereals, breads, spaghetti and other grain products, as well as the starchy vegetables, are the great energy-producing foods. These qualities entitle them to regular use in some form or other.

Use some form of fat in the day' meals for its "staying" power and as a source of heat and energy. Butter and cream are of special value for the vitamins they supply.

In winter include a little cod-liver oil or some other source of the important vitamin D.

Stress regularity of meals and see that all are wisely planned, properly prepared and attractively served.

Breakfast: A good day starts with

a good breakfast. Not one of those hit-and-miss, eat-on-the-run affairs which don't even deserve the name, but a well-balanced meal planned in advance with the principles of nutrition in mind. It should provide approximately one quarter to one third of the day's total food supply; children and adults face the world in more cheerful spirit with an adequate supply of calories under their belts. The amount of food required depends on several factors—occupation, for one thing. Farmers, who do a lot of chores before breaking their fast, need something more substantial than the office worker whose preliminary exercise is running a razor over his chin. Grandma may peck at her food, but an active school child and a busy mother should be well fortified.

Fruit is a good beginning, not only for its refreshing flavor, but for its tonic qualities. Use a fresh variety in season, occasionally substituting canned fruit juice, tomato juice or lightly sweetened cooked fruit.

Cereal in its many forms offers variety as well as sustenance. Serve it with milk and you double its value. It's wise to put the stress on wholegrain products, but if you like the refined types, there's no reason not to enjoy their flavor; you can reinforce them by a sprinkling of bran or wheat germ now and then, or you can simply ake the precaution of using coarser bread in the day's other meals. Eggs, fish, liver or meat are appropriate as a follow-up, but in making your selection, consider the main courses of the other meals and fit them all into a plan.

Lunch or supper: This has often been the neglected meal, thought up on the spur of the moment and put together from whatever happens to be on hand. But you can't do a good job that way, for eternal planning and correlation of meals is the price of the satisfactory diet. Provided it supplements the others in adequate fashion and does its fair share of supplying the day's nourishment, the menu can be varied in many ways. It might consist of a milk soup or some other hearty variety, followed up by a light dessert-fruit, jelly or an airy whip. Or it might begin with salad and end with a milk pudding. Its main course might be cheese, eggs, meat in some appetizing form, with ice cream or another simple dessert to round it out.

Dinner: This is the main meal, designed to provide from one third to one half of the daily food requirements. It's a good idea to start here in your planning and map your other menus accordingly. In selecting, group your foods with a thought to harmonizing flavor and an eye to color. Provide contrast of texture and avoid repetition of flavor in the different courses. Balance the meal dietetically but also for taste and appearance—the bland with the highly seasoned, the crisp with the soft, the light with the more substantial and the colorful with the paler shades. As a rule use clear broth and a light dessert to introduce and top off the hearty main course. Contrariwise, choose a thick soup and a nutritious pudding to round out the light meal. &

neat mixture around the stuffing. Place in a greased baking pan and bake in a moderate oven-350 deg. Fahr.for one to one and one-quarter hours.

#### Hamburg Casserole with Tomatoes

- (A Chatelaine Institute approved recipe)
  - 34 Pound of lean hamburger
  - 2 Tablespoonfuls of butter 4 Small potatoes, peeled and sliced
  - 1/2 Medium onion, peeled and sliced
  - 4 Tablespoonfuls of uncooked
  - 1 Small can of tomatoes (2 cupfuls) Salt and pepper to taste

Brown the hamburger in the butter and arrange a layer of it in the bottom of a greased baking dish. Add a layer of thinly sliced potatoes, one of thinly sliced onion and a sprinkling of washed, uncooked rice. Season with salt and pepper and repeat the layers until all the ingredients are used, seasoning each layer. Add salt and pepper to the tomatoes and pour over the mixture in the baking dish. Bake in a moderate oven—350 deg. Fahr—for one to one and one-half hours, or until the rice is cooked and the vegetables tender. Four to six servings.

#### Baked Stuffed Meat Loaf With Mushroom Sauce

- (A Chatelaine Institute approved recipe)
  - 114 Pounds of ground lean beef
  - 14 Pound of ground fresh pork
  - 1 Cupful of soft bread crumbs
  - 2 Tablespoonfuls of minced



- 1 Tablespoonful of finely chopped parsley
- 14 Teaspoonful each of powdered thyme and marioram
- 16 Cupful of tomato juice 1 Egg, slightly beaten
- 3 Cupfuls of soft bread crumbs
- 1/3 Cupful of melted butter
- 1 Teaspoonful of salt
- 1/4 Teaspoonful of pepper

Combine the ground beef and pork, add the bread crumbs, the minced onion, parsley and herbs. Mix well, add the tomato juice and the beaten egg, and when thoroughly combined, pack three quarters of the mixture into a greased mold or loaf tin, leaving a hollow in the centre for the dressing. Combine the soft bread crumbs with the melted butter and seasonings, place in the centre of the loaf and over with the remaining meat mixture. Bake in a moderate oven-350 deg.

Fahr.—for approximately one hour and serve hot with Mushroom Sauce: Empty one can of condensed mushroom soup into a saucepan, stir until very smooth and gradually add the drippings from the pan in which the meat loaf was cooked. Heat thoroughly. Six to eight servings.

### Hamburger and Cheese Goulash

- (A Chatelaine Institute appr
  - 2 Medium onions
  - 2 Tablespoonfuls of butter
  - 1 Small can of tomatoes (2 cupfuls)



- 2 Teaspoonfuls of seedless raisins
- 4 Cupful of sliced celery
- 1 Small green pepper, finely chopped
- 2 Tablespoonfuls of chopped parsley
- Salt and pepper to taste Pinch of sugar
- 1 Pound of ground round steak
- 2 to 3 Tablespoonfuls of water
  - 1/2 Pound of grated nippy
  - 2 Cupfuls of cooked macaroni
  - 1 Teaspoonful of Worcestershire sauce

Peel and thinly slice the onion and cook lightly in the butter. Add the tomatoes, raisins, celery, green pepper, parsley, seasonings and sugar, bring to boiling point and simmer for about one hour. Grind the round steak with the water to prevent lumping and add with the grated cheese to the hot tomato mixture. Add two cupfuls of cooked, broken macaroni, stir carefully until well mixed, add the Worcestershire sauce and turn into a heatproof serving dish. Bake in a moderate oven—350 deg. Fahr.—for twenty to thirty minutes. Six to eight servings.

#### Tomato Meat Loaf

- - 1 Pound of lean beef, ground
- 1/2 Pound of lean veal, ground 1/4 Pound of lean pork, ground
- 4 Tablespoonfuls of finely chopped onion
- 1/3 Cupful of quick tapioca 2 Teaspoonfuls of salt
- Teaspoonful of pepper
- 1 Can of condensed tomato soup

Combine the ground meats lightly but thoroughly, add the remaining ingredients and mix well. Pack into a greased loaf pan and bake in a hot oven—450 deg. Fahr,—for fifteen minutes. Reduce the heat to 350 deg. Fahr, and continue baking for fortyfive minutes. Eight servings, &

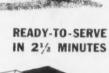


DECAUSE THIAMIN CANNOT BE STORED UP BY THE BODY, GROWING CHILDREN AND ADULTS, TOO, MUST HAVE THIAMIN EVERY DAY TO HELP BUILD STRONG MUSCLES, FIRM FLESH, STEADY NERVES, ENERGY AND HEALTH!

BUDS \_ COUNTLESS OTHER PLANTS

WINTER.

BIG AND HEALTHY EVEN IN



ATMEAL IS NATURE'S RICHEST, THRIFTY SOURCE OF THIAMIN (VITAMIN BI) SO SERVE DELICIOUS HOT QUAKER OATS BREAKFASTS EVERY MORNING. THIS NOURISHING WHOLE-GRAIN FOOD COSTS LESS THAN 1/2 CENT PER SERVING.

Not only is Quaker Oats the richest, thrifty source of Thiamin (Vitamin B1) . . . but as well it contains in a natural state the carbohydrates, minerals and proteins necessary for health and happiness.

Serve Quaker Oats every day



ALIZING BREAKFAST OF NOURISHING WHOLE-GRAIN FOOD

GET A PACKAGE FROM YOUR GROCER TODAY

FREE BOOKLET THAT THIAMIN HELPS YOU THINK, LOOK AND FEEL BETTER!

MAIL TODAY!

The Quaker Oats Company Peterborough, Ont., or Saskatoon, Sask. Please send my FREE copy of the booklet explaining the healthful benefits of "Thiamin" (vitamin B<sub>1</sub>)

Addres

CHA

a o



Cookies — a joy to behold and still better to eat. Easy to make when you use Cow Brand Baking Soda.

Lighter and tastier tea bis-cuits have been made for three generations with Cow Brand Bak-





Your pancakes will be crisp, light and golden brown, if you make them with Cow Brand Baking Scda.

You'll find many interesting cake recipes in our Cooking Booklet offered free be-





To keep teeth clean and looking their best, brush them regularly with Cow Brand Baking Soda.

When Bicarbonate of Soda is needed for medicinal purposes, use "Cow Brand" it's pure Bicarbonate of Soda.





A half teaspoonful of "Cow Brand" in half a glass of cool water gives quick relief from





Clip this coupon for FREE Cooking and Medicinal Booklets.

CHURCH & DWIGHT LTD. Dept. U-46 2715 Reading Street, Montreal.

Address

PURE BICARBONATE OF SODA



Beef ring filled with fluffy mashed potatoes.

## The Daily Grind

Continued from page 52

de luxe editions. Perhaps you like them shaped like croquettes, dusted with crumbs, cooked in the oven and served with crisp bacon.

Instead of shaping each little cake, you can form the mixture into a roll, wrap in waxed paper and store in the refrigerator until required. Then slice it about three quarters to one inch thick and broil or pan broil. Another alternative is to pat out the seasoned meat into the shape of a T-bone steak, using, for the sake of realism, slices and wedges of turnip to represent the bone. Roast or broil and garnish with vegetables.

Hash-It may not sound exciting; but it can be. Try adding a little diced onion, then cooking slowly in the frying pan until it browns lightly. Now open a can of tomato soup and put in enough to make the right consistency, then when heated serve in the centre of your platter with a border of macaroni or noodles. Or—even simpler—put your hamburger in the pan, tossing lightly as it cooks. Then add a little water, milk, or tomato juice and serve on toast.

Make a shortcake—the cooked meat mixture between two layers of fresh hot biscuit and tomato or mushroom sauce

Casserole-Combined with macaroni, noodles, spaghetti or rice, minced meat has the makings of good supper dishes. Goes well with potatoes as a scallop and with a variety of other vegetables for all manner of delicious flavors. Try lining a casserole with cooked rice, filling the "well" with hamburger hash, adding tomato soup or sauce and covering with more rice. Serve hot. Or filling a baking dish with alternate layers of hash and macaroni, adding sauce to moisten and reheating. Recipes for two other dishes are given here and are worth a try.

Stuffings-Use, with bread crumbs, with macaroni, mashed potatoes and so on, as the filling for green peppers, whole tomatoes, pepper squash, onions and other vegetables which can be stuffed. Thereby turning what is usually a mere accompaniment into the main dish of a meal. Might be used, too, in the dressing for fowl and some other meats.

## Beef Ring

(A Chatelaine Institute approved recipe) 2 Pounds of ground round steak

1/3 Pound of beef liver, ground

1 Egg or 2 yolks Grated rind of ½ lemon

1 Tablespoonful of finely chopped parsley

1/2 Teaspoonful of onion juice or grated onion 1 Teaspoonful of salt

14 Teaspoonful of pepper Dash of nutmeg 2 Tablespoonfuls of melted

butter 3 Slices of bacon

Combine the ground steak and liver thoroughly, add the slightly beaten egg or egg yolks, and the remaining ingredients except the bacon. Mix thoroughly and pack into a well-greased ring mold. Place the bacon on top of the meat and bake in a hot oven-400 deg. Fahr. for thirty to thirty-five minutes. Remove the bacon before the meat is quite done, so the surface will brown. Turn out on a heated serving dish, fill the centre with creamy mashed po-tatoes and serve with buttered carrots. Garnish with parsley. Six to eight servings.

#### Meat Roll Potato and Pea Stuffing

(A Chatelaine Institute approved recipe)

11/4 Pounds of ground round steak

1/2 Pound of ground pork (fresh)

1/4 Cupful of finely chopped onion

1 Tablespoonful of butter 11/2 Teaspoonfuls of salt

1/8 Teaspoonful of pepper 1/2 Cupful of soft bread crumbs

1 Egg

2 Cupfuls of mashed potatoes

1 Can of condensed pea soup

1 Teaspoonful of salt 1/8 Teaspoonful of pepper

1 Egg

Combine the ground round steak and the ground pork. Cook the onion lightly in the butter and add to the meat with the salt, pepper, bread crumbs and beaten egg. Combine thoroughly, turn out onto a sheet of waxed paper and pat into a rectangular sheet about fourteen by ten inches.

Combine the mashed potatoes with the soup, add the seasonings and the beaten egg and mix thoroughly. Place this stuffing on the meat and roll the

## TUNA TANGS SALAD



## MRS. KNOX'S TUNA TANGS

Serves 6

1 envelope
Knox Gelatine

4 cup cold
water

4 cup tot
water

1 tablespoonful lemon
juice or mild
vinegar

Soften gelatine in cold water. Add
hot water. Stir until dissolved. And
salt, lemon juice, paprika. Cool, and
salt, lemon juice, paprika. Cool, and
tuna fish, celery and cucumber. Mix
tuna fish, celery and cucumber. Mix
tuna fish, celery and cucumber. Mix
thoroughly, pour into molds
with Knox Non-Fattening Mayonnaise, if desired.

NOTE: Do not confuse Knox Gelatine
with factory-flavored gelatine desage.

naise, if desired.

NOTE: Do not confuse Knox Gelatine with factory-flavored gelatine desserts which are about 85% sugar. Be sure to use pure unflavored Knox Gelatine.

## AND ONLY 65 CALORIES PER SERVING!

PER SERVING!

A portion of this new fish dish averages only 65 calories. Yet it's a substantial, satisfying main a substantial, satisfying main for the secret is Knox's new recipes. The secret is Knox's new recipes of weight-watchers in the Knox for weight-watchers in the Knox for weight-watchers in the Knox of the Fit-Not Fat' booklet free to bidden foods in dishes with 1/2 to bidden foods in dishes with 1/2 less calories. Send for the "Be 1/2 less calories

## KNOX GELATINE IS PURE GELATINE-NO SUGAR!

## Wanted!

Local Representatives in every part of Canada!

You can earn a regular income from your spare time, by handling new and renewal orders for all Canadian, Ameri-can and British publications.

It is so easy to get started.
WRITE TODAY! The Fidelity Circulation Company, 210 Dundas Street West, Toronto, Ont.

## GERANIUMS



18 for 15c

special offer; 1 pkt. as above and 5 pkts. of other Choice Houseplant Seeds, all different and easily grown in house. Value \$1.25, all for 60c postpaid. Order direct from this advertisement.

FREE - OUR BIG 1940 SEED AND NURSERY BOOK - Better Than Ever DOMINION SEED HOUSE - GEORGETOWN, ONT. sandwiches with a variety of fillings. Dainty cakes with pink-tinted icing and lacy cocoanut decoration. Little cookies cut in heart shapes. Maybe a pink and white ice or a jelly molded in heart shape. Valentine candies and salted nuts.

In the evening, a hot creamed dish—lobster, chicken and pimiento or other mixture — served in heart-shaped pastry cases. Hot biscuits, bread or sandwich accompaniments cut like hearts. Or a colorful salad, such as tomato jelly hearts with a frill of cottage cheese, or a fruit mixture using colorful molds or attractive arrangements of red and light fruits. Lobster salads have the right color, or a chicken and celery salad may be decorated with pimiento hearts, beet slices or sections of tomato.

Dessert—similar to the teatime suggestions, or a big, frosted, heart-shaped cake decorated with pink icing or white icing and red candy hearts

or white icing and red candy hearts.

If the party's at mealtime—select

the menu for luncheon or dinner with an eye to color-red fruit juice or tomato juice as a beginning, tomato soup or a white soup with pimiento hearts in it. Beets or tomatoes might be used in a special dish or as a garnish. Paprika lends the right touch of color to a pale dish. Cranberries or red jellies are fine accompaniments. The dessert may be red and heart-shaped, or a dainty white confection of some kind with a ruby sauce made from cherries, strawberries or raspberries. Use food coloring to get the proper effects-but be discreet. Or here's a luscious dessert and one that's easy to serve.

Bake your favorite light cake in individual, heart-shaped tins or in a flat sheet and cut in heart shapes when cool. Hollow out the centre and fill with pink ice cream. You might serve a fluffy marshmallow sauce with this if you like, or dress it up with shaved almonds or tinted cocoanut. Serve on a lace paper doily, and there you have dessert and accompaniment all in one.



## The Doctor's Party

Continued from page 57

Hill, and the old friendship had gone on untarnished until that November day when Tim's ship had been lost in Lake Michigan just a few hours before Shiela was born. Tim's little son Dermot had been six then.

And Lucy had met her dark hour alone, bravely, without complain . . .

Well, he had done the best he could for Lucy and her children. He had seen young Dermot through that period of hard disgrace last summer, when the boy's love for Gail Chisholm—and his lack of means to cope with her fantastic standards of living—had ruined his promising legal career, and sent him to prison for three months.

And now things were not too good with his young sister Shiela, it seemed. Pretty, vivacious Shiela, getting off already on the wrong foot. Tim's

Well, the long-anticipated night was here. And all six had accepted his dinner invitation. Why?—he wondered. Through courtesy—curiosity—family pressure? He would give a lot to know what was going on in their minds at this moment.

What would the night bring?

DERMOT O'CONNOR beat the horn of the old car briefly.

of the old car briefly.
Soon Shiela came flying out of the farmhouse through the snow with

swift, arresting grace.
"Where's the fire?" She leaped in beside him.

"Want to hold up Doc's dinner? Besides, it's tough goin' in this bliz-

"You're a duck to drive me to town on a night like this. Must be that the Christmas spirit has got you."

"Christmas spirit nothin'! I'm out of cigarettes."

She turned away from that grim young profile with a pang. She would

never be able to reconcile herself to the loss of the old Dermot, the gay, comradely brother she had known before last June. This was a detached stranger, with harsh laughter on his lips and something like death in his eyes, and never a word of tenderness or friendliness any more. Not since last June, when the bottom had dropped out of his world.

She knew he had bitterly disapproved of her taking that job, at the city hotel, as cigarette girl—but what could he say? The bitterest phase of it must be the realization that he himself had precipitated this move. She had always sought his advice before, and abided by it.

This new life was like riding down-hill in a car gone out of control. You couldn't stop, and you weren't going to worry about the crash at the end. The ride was madly exciting. One thing—you certainly wouldn't forget it in a hurry.

Dermot could not reason with her now, as he once had. Last June had ended all that. And she was taking advantage of his helplessness. It wasn't too pleasant to think about. Sometimes her conscience warred with this dangerous abandon. At her work, she longed sometimes for the cosy kitchen at home on the farm, and her mother, and Steve Fallon—the man who loved her. But life's whirl held her fast, and it was available in its swiftest tempo at the Tait-La Saile.

Some of them at the Tait called her Maureen, because she rather resembled pretty Maureen O'Sullivan,

That wasn't what Steve called her; Steve Fallon who owned the farm next to her mother's, and had loved Shiela since they were children. Steve called her Sweet

Sometimes when the night was particularly gay at the Tait, and she

## It Was Worth a String of Pearls



FATHER: Hey, June-my pills! You know dang well I can't get along without 'em!



JUNE: Never mind the pills, Dad . . . we're going to use a different method. Instead of trying to "cure" your constipation, we won't give it a chance to happen. It's what we call the "ounce of prevention" way. Come along . . . I'll show you!

JUNE: It's so simple you should have thought of it yourself. We all need "bulk" in our diets. You probably don't get enough. If so, we'll get at the cause of the trouble by having KELLOGG'S ALL-BRAN for breakfast.

FATHER: That does make sense! And blamed if ALL-BRAN doesn't taste good, too.



JUNE: Oh, Dad, it's too much for a little idea about what you should eat for breakfast! FATHER: June, little ideas have changed the fate of men and nations! Why, I'm practically a new man since I joined the "regulars."

Get your "Ounce of Prevention" every day
with KELLOGG'S ALL-BRAN

Your grocer has All-Bran in two convenient size packages, or in the individual serving package at restaurants. Made by Kellogg's in Loudon, Canada.



LIQUID SILVER POLISH





## Valentine Vanities

By M. FRANCES HUCKS

Colors-

Red and white. Pink and white. Accents of gold or silver.

Motifs-

Hearts-large or small, whole or broken, simple or very elegant. Cupids and arrows. Flowers and lace and bows. Red and white candles. Romantic messages on valentine cards.



Festivity

Any kind of party-for the very young, the grandparents, the middle ages or the teens.

A luncheon, dinner or tea; bridge, sewing bee or dance; skiing party, club social, or an evening of hilarious games.

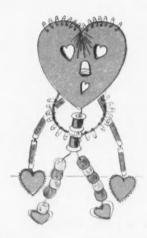
Favors-

Hearts again-candy hearts, sachet hearts, heart-shaped ash trays, lacy valentines, fluted paper cups with lace paper doily frills, filled with candy or nuts.

"Sweethearts" - the bouquet of hearts sketched is easily made. Place medium-sized, gold cardboard hearts on squares of red Cellophane. Put a spoonful of tiny valentine candies in the centre of each heart, then bring the Cellophane up over the candies and heart. Gather it at the top, fasten with a bit of fine wire and decorate with little gold bows, leaving the ends long enough to gather together. Fasten together with wire and decorate with a larger gold bow.

"Valentine Ann" (see sketch) makes a "hearty" little prize for a contest which might entertain the guests at a sewing bee or knitting party. Her face is a red cardboard heart, her hair a

row of little gold safety pins with "bangs" made of needles. A thimble, slipped into a slit, makes her nose, and valentine seals supply her with eyes and mouth. Her arms are the long spools of darning cotton you can buy at the five-and-ten, and her body is spools of cotton or silk thread. The legs are more small spools of darning cotton, with red cardboard hearts for feet. And all the parts of her anatomy are held together by wire run through the spools. Her hands-a bit red, poor girl - are two red hearts stuck back to back and bordered by the heads of common pins, stuck in around the edge. A beautiful necklace of safety pins, and she's ready for the party. "Valentine Andy," the little man sketched, is just three marshmallows, three cardboard hearts and a pipe cleaner. Cut a thin slice from the sides of two marshmallows and stick them together. These may be mounted on a cardboard base by moistening slightly and sticking down. Place another marshmallow midway between these two on the top and fasten with toothpicks. Wet the end of the pipe cleaner and push it through the top marshmallow for arms. Glue small red hearts at the ends for hands and stand a larger one on top for his face. This is glued to a small piece of pipe cleaner



which is stuck into the marshmallow as a brace. Paint his face with white ink or chalk.

Use the same color scheme and motifs for the food as for the decorations.

If it's at the tea hour, heart-shaped



CONCENTRATED BEEF GOODNESS WILL BRACE YOU UP



Gillett's Pure Flake Lye cuts right through clogging dirt. Keeps sink drains clear and running freely, and will not injure enamel or plumbing. Keep a tin on hand and use it daily for dozens of cleaning tasks.

\*Never dissolve lye in bot water. The action of the lye itself heats the water.

FREE BOOKLET - The free Gillett's Lye booklet tells how to use this powerful cleanser for dozens of tasks. Send to Standard Brands Ltd., Fraser Avenue and Liberty Street, Toronto, Ont.

san Dai and coo a pi salt mix pas san

CHAT

tag me sala and nig of t I sug sha

hea

ale

ch he

of

de m D

at home. And the day came when he picked Gail Chisholm up from the side of the road where her horse had thrown her, and held her in his arms-and knew that moment that all of life for him was centred there. And that was the beginning of the end

A madness came over Dermot. The quick white fire consumed him; and all they had worked for and bled for and sacrificed, was lost on the day he met the girl named Gail.

Work was forgotten. Plans. They were together constantly.

Shiela had seen them one day sitting in Dermot's scarred little car along the road, lost to all the world but themselves. They were not aware that she had passed, absorbed in some words together. And she carried away with her the memory of their transfigured faces, and that memory filled her with an envy that made her forget reproach.

Wild as a hawk—That's what people said about Gail Chisholm. Money to burn. No restraint. Wild as a hawk-

One of her rings represented more than the cost of his entire education. Her standards were the standards of the very rich—and he was penniless, with only a dream and ambition and his trained mind for assets. But he had to have her, for the fever of this madness gave him no peace. He was a stranger in his own home now, coming and going as a stranger might.

Vacation ended, Dermot returned to Haverhill Hammond's office.

Now Haverhill Hammond was not unaware of the private affairs of his young associates. Such circumstances as Dermot's were made to order for his

It happened at the time that a particularly disagreeable case was coming up against the North and South Bus

Company. A man, crippled for life through an accident on a bus, was suing the company for one hundred thousand dollars. Hammond had no desire to risk a negative verdict of such proportions. There was too much at

And so he began to cultivate Dermot socially. The bait was attractive. There were delightful dinners and parties which included Gail and

WHEN THE crash came, the papers blazed headlines:

#### "DERMOT O'CONNOR DISBARRED

Rising young attorney convicted of jury-fixing on North and South Bus case involving stiff damages. Sentenced to three months in County jail " County jail . . .

Dermot's picture gazing back at you from the front pages of all the papers.

They took him away the first of June to live for that summer behind the high grey walls of a prison—Dermot, who had lain in sweet clover under the summer sun; Dermot, whose heart was as clean as the white clouds in the summer sky.

The same papers announced that Miss Gail Chisholm had sailed for

Bermuda with her mother.

In September, Dermot had come

Blind men held their heads that way, Shiela thought; blind men who looked at you as Dermot looked at you now, Blind men spoke that way, without laughter, without warmth. Men who had been shut away from life

& Continued on page 66



**OVER** 500,000 COPIES SOLD

of Dr. Jackson's famous 458-page book "How to Be Always Well". Send \$3.00 for this treasure house of vital facts

IF YOU like coffee, you'll relish Kofy-Sub — so like real coffee in flavour, aroma

and appearance that you cannot tell the difference. Yet there IS a difference—a vital one. Kofy-Sub contains no caffeine or any other upsetting depressant. Made from wholesome Canadian grains, soya beans and honey, Kofy-Sub is rich in alkaline minerals, especially blood-building iron. You can drink Kofy-Sub freely and know that every cup is doing you good. And don't forget that Kofy-Sub costs less. Make exactly as you make coffee. Give it to the children. Can do good only. Delicious.

FREE! Dr. Jackson's booklet on Food and Health. Address requests to Dr. Jackson Foods Limited, 516 Vine Avenue, Toronto.

## "GLAMOUR BEGINS WITH A LONG-LASTING DEODORANT"

says Antoinette Donnelly

"A man is attracted by shimmering hair, a smooth complexion, a feminine, well-manicured hand. But neglect that first of all beauty rites—a long-lasting deodorant—and the whole glamorous effect can be ruined by one whiff of unpleasant underarm odor!

No man can be blamed for not taking you out the second time if you offend this unforgivable way.

"You are no exception. Everyone needs a true, long-lasting perspiration check . . . one that cannot wash off in a bath or be rendered ineffective by exercise, a hectic day at the office or shopping, or one or two dances.

"Everyone perspires. Especially when you're hurried, excited, under a nervous strain. The minute perspiration comes off on your dress, you may as rell kiss the thought of romance good-by. No matter how sweet you are, that dress will let you down every time you wear it!'

Feminine Grooming

Smell the armhole of the dress you are wearing when you take it off. You may be shocked. But you'll understand why Miss Donnelly advises you to keep your underarm dry!

You'll understand, too, why women of refinement and good taste use Liquid Odorono—a doctor's prescription that scientifically controls damps, odor, staining. Liquid Odorono keeps your underarm and your dress dry from 1 to 3 days.

Liquid Odorono comes in two strengths—Regular and Instant. Also in Ice form. The average person needs to use it only twice a week. How easy for the girl who has sworn never to offend! Buy a large-size bottle or jar today! The Odorono Company, Limited, Montreal, Que.

> ODO-RO-NO IN LIQUID AND ICE FORM



C727 — When you see this, you'll agree that it's one of the most exquisite of all cutwork designs — a new and original Marie Le Cerf pattern. The leaf edge is an entirely new feature that adds greatly to the beauty and distinction of the cloth. Details of the round centre of the cloth are shown in the circle. Stamped on heavy cutwork linen, in white, ivory or cream Irish linen, the 36-inch cloth with four serviettes is priced at \$2.25, and the 45-inch set at \$2.75. Cottons for working, 40 cents. The lilies may be worked in mauve, yellow or pink, or all work to match the linen. Order from Marie Le Cerf, Chatelaine, 481 University Ave., Toronto, enclosing money order or postal note. If sending cheque please add fifteen cents for bank charges.

A CHATELAINE PATTERN IN THE HANDICRAFT SERIES.



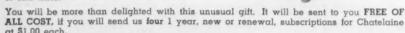
## Your Choice!

You can get one of these lovely gifts ABSOLUTELY FREE!

### A Smart Desk or Radio Lamp

A new nautical-style electric desk or radio lamp, finished in sprayed bronze with an amber cylindrical glass shade. A substantial lamp, 12" in height.

The shade is adjustable to allow the proper angle of light for desk-work, while the natural hang of the shade makes it "just perfect" for your radio



### "Wetums" Baby Doll With Layette



A very lovely set that will delight the heart of any little girl. The layette consists of organdie dress with matching undergarment, flannel jacket, extra diaper, clothes pins, nursing bottle with rubber nipple, and safety pins.
"Wetums" is 12 inches tall, is made of "hard to

break" composition material.

This complete set, all done up in a smart little travelling bag will be sent to you ABSOLUTELY FREE, if you will send us three 1 year, new or renewal, subscriptions for Chatelaine at

## · Important!

You may include your own new or renewal subscription in making up the total, but the other subscriptions MUST BE SOLD to people outside your own home, and must be paid for by the persons ordering them.

Just list the names and addresses of the sub-scribers on a plain sheet of paper. On the same sheet, tell us whether you want the Marine Lamp or the "Wetums" Doll Set, and clearly print your own name and address. Send with your remit-

SPECIAL PRIZE DIVISION CHATELAINE, 481 UNIVERSITY AVENUE, TORONTO, ONTARIO

moved up and down the aisles of tables rving her wares to handsome young fellows in black ties and white, she thought of Steve and wondered how it would seem to see him across from her at a table while the orchestra played, "Never Too Late to be Sorry," something like that.

But it was too late, For she had broken off with Steve in July, when he had demanded a showdown after she had settled in town.

She wished that crazy tune would fade away now. It had been running through her mind since last night when she was packing her bag to come home for Christmas. Tunes did that to Shiela

AT FIRST, she hadn't intended to accept Doctor Mart's invitation. Now why should he pick on her to help celebrate some anniversary or other? It probably would be plenty dull. Doctor Mart's word was law in the O'Connor house, however. No use trying to sidestep it, she had told herself at first. Later, she had shamefacedly admitted to herself that her first reaction had been pretty shabby. The O'Connors didn't have a friend in the world like Doctor Mart.

She wondered who'd be there. They'd probably think this dress was a little extreme. Maybe none of them would dress for dinner. Well, she'd give them a glimpse of how it was done at the smart night spots. This gown she wore tonight had caused a stir even at the Tait. It should. It was a copy of Schiaparelli's Polonaise skirt and long shapely tunic with gold bells against sophisticated black crepe.

He had raised an impressed eyebrow that night she first appeared in it, as he signalled her for cigarettes. "Superb!" he had said under his breath. Until then, Warren Blodgett had been only a name really, a face she saw rarely in Pine Harbor, their mutual home town. From a word and a smile it had developed into something almost

frightening.

He wasn't the marrying kind—oh, she knew that, all right! But he was gallant about it, not sordid. He had a dreadful charm, humor, and money enough to convert quite a few nebulous dreams into as many definite

She knew there had been some talk about him and Estelle Randolph in Pine Harbor, but Warren had repeatedly assured her that that was over.

She tried to convince herself that no one had a suspicion of her interest in Warren Blodgett—no one except, per-haps, Doctor Mart. He had an uncanny way of finding things out. But maybe she just imagined that he had seen her that Sunday with Warren in the heavy traffic out near the city. She had glanced away quickly in hope that she might not be discovered. But she had never been sure

She wondered, sitting here now beside Dermot, what he would say, or her mother-or the people in Pine Harbor, if they knew the truth. She wondered what they would say if they knew what she was planning

Only a few years ago, Dermot and she were children out here in these fields together. And now—A dark flush stained her cheeks, and her hands knotted together slowly.

It was not going to be easy to spend an evening under Doctor Mart's wise, kind eyes. Human beings were his specialty-particularly those whom he had brought into the world. And he knew Tim O'Connor's children like a

She wished the evening were over. She dreaded it, rather. She longed for the excitement of the city, the distraction. It would be dull enough at home until after Christmas-with Dermot lost in his heart's hell, and her mother a restless, tragic ghost with that twisted smile on her brave, sweet mouth.

She had fled from home and gone to the city last June because she had been unable to endure the dreadful sequence of endless days and nights with Dermot shut away behind bars. She had fled like a coward, leaving her mother to face the heartbreak and despair

The city had always beckoned, but there had been no opportunity. She had made Dermot's disgrace her opportunity, bent circumstance to her will.

Her trips home had been infrequent, especially following Dermot's release— hours anticipated with dread and remembered with pain. It was like a drama involving three characters who repeated lines from memory. It was not life but imitation of life.

Dismissing her secret desire for college training, Shiela had worked and sacrificed with her mother to make Dermot's education possible. Ever since childhood he had dreamed of a law career, and so it had been decided. Dermot was the man of the house. Dermot's life was mapped out for him. High school, the university, law school, then a fine practice in town.

Graduation came, admission to the bar. But there was no opening for Dermot, it seemed. And at this point, old Haverhill Hammond had come into the picture. Oh, if Dermot had never seen that man! If he had only listened to Doctor Mart!

For Doctor Mart had felt strongly that it was a mistake in the beginning for Dermot to associate himself with n attorney of questionable reputation. He had admitted that the times were not particularly happy for a young man starting out on a career. But he had insisted that no job at all was better than a job with Haverhill Hammond.

FOR SOME years, Hammond had acted as counsel for the municipal North and South Bus Company. It was significant that claims against that company for personal injuries sustained were seldom settled in the claimants' favor, especially since Hammond had an unsavory reputation for jury-fixing.

Now and then Hammond's junior associates would be ignominiously retired from the bar for some questionable legal procedure, Hammond always managed to escape prosecution.

And so when Dermot, fresh from law school and eager for his career, was approached by Haverhill Hammond regarding an opening in his law office, Dermot, having no alternative, accepted.

cepted. To Doctor Mart's grim warnings cernot had answered, "I'm old Dermot had answered, nough now to know right from wrong. I'll get a little experience, and that's what I need. You won't have to worry about me."

Almost a year passed, when Hammond gave him a brief spring vacation,

CHA

## PROTECT Your Baby with This



Doctors say that baby's delicate skin requires a soap especially blended of the very purest ingredients. Such a soap is Baby's Own
... a soap of such precious purity
that it has won the confidence of
generations of doctors and nurses . . and mothers.

Baby's Own Soap is gentle . . . soothing . . . free from any irritant. Look for the Baby's Own baby on the new package.

"The Beauty soap of precious purity"

## BABY'S OWN SOAP

## BABY'S HOT LITTLE HEAD IS A DANGER SIGNAL

WHEN your Baby's head feels hot to your hand you must do something. And do it quickly. Read what Mrs. B— of Enterprise does and what results she gets: "My baby's cheeks and hands were so hot I was frightened. I gave him a Baby's Own Tablet at noon and by after supper he was all better."

And Mrs. Francis Carroll, of Midland, has this to say: "My little girl was so feverish I was really alarmed. Then I thought of Baby's Own Tablets, so I gave her three every two hours and by night she was up and around."

Baby's Own Tablets are sweet-tasting, easy to take, absolutely safe. Analyst's certificate on every box. Quickly reduce simple fevers. Equally good for teething fevers, diarrhoea, upset stomach, colds and other minor ailments of baby. Get a box today. Sickness so often strikes in the night. 25 cents. Money back if you are not satisfied.

**ASTHMA Sufferers** sleep better tonight

Question-I have heard that the application of the flat of a knife to a bump or bruise will prevent its getting any larger. Is there any truth in this?

—Mrs. W. A. J. B., Thornhill, Ont.

Answer—Such a theory is nonsense. The swelling or bump which results from a fall or injury is due to blood escaping from torn or ruptured blood vessels into the soft tissues about the place of injury. The bleeding stops when the tension in the parts closes the torn blood vessels, or when the blood clots. The simplest method of stopping such bleeding is the application of soft gauze and a bandage, only comfortably tight.

Question—What are the sources and uses of vitamin A?—Mrs. T. J. D., Neepawa, Man.

Answer—Vitamin A is the only one which is synthesized. (activated) by animals from their plant food. It is found in the livers and yellow body fat of most animals, and can be stored up by man for many months. For adequate production and storage of this vitamin, a diet should be abundant in thin green leaves, bright yellow fruits, vegetables such as carrots, corn and sweet potatoes. Vitamin A prevents night blindness and is the most important of all vitamins for proper tooth formation in growing children and for resistance to infection. It is also vital for healthy tissue development of the sex organs.

Question-I read that sunshine and cod-liver oil are equally useful for the health of a child. Will you please ex-plain this assertion?—Mrs. N. W. G., St. Catharines, Ont.

Answer-Summer sunshine, that is from June to September, and cod-liver oil have a similar effect on the health of a child. They prevent rickets and ssist in the growth of bones and teeth. They seem to operate by activating the ergosterol in the skin, with the result that calcium and phosphorus, both necessary to bone and tooth development, are retained in the body. Cod-liver oil is used in the fall, winter and spring months when the ultraviolet rays of the sun-the effective ones-are scanty. In summer the sun takes its place.

Question-My child, ten years of age, had a mild attack of diphtheria and after three weeks he had some difficulty in swallowing and his food came back through his nose. The doctor says that it is due to the diphtheria, but I cannot believe this as it was not necessary to give antitoxin. What is your opinion?—Mrs. H. W. C., Campbellville, Ont.

Answer—I agree with your doctor. Your child probably had an attack apparently so light that it was judged unnecessary to administer antitoxin. These mild cases, as well as the severe ones, should always have antitoxin. The difficulty in swallowing is due to paralysis of the throat muscles. The important thing is that the heart is not affected. If it is the child may die while we are trying to cure the paralysis. The proper methods of treatment are household words to every doctor. Follow his advice. &



"Hot time in the old town tonight, eh? . . . milk flowing like champagne. I dunno, though-these big parties kind of get me down. The place gets hot -and confetti gets in your pants . . ."



"That's right—give 'em a blast on your horn! Maybe they'll ask us what we'll have, and we can say how about a little soft, satiny Johnson's Baby Powder ... Hoo-onk! ... Pretty sour. And look at your fingering! Terrible."



"Now watch the old maestro. Tooooooot! There, how's that? Right in the groove, I'd say. We'll have a rubdown with that downy, velvety-cool Johnson's, and then on with the dance, let joy be unconfined!"



"Where's the baby that doesn't go for Johnson's? That slippery, extra-fine talc sure helps to put the skids under prickly heat and chafes! Johnson's doesn't cost much either."

## JOHNSON'S BABY POWDER



Why endure the congestion, stuffiness, nauseating mucus and choked air passages of nasal catarrh? Get relief from these dread symptoms at once. Use Mentholatum. Quick in action. Guaranteed to bring relief or money back.

Buy It

MENTHOLATUM

Gives COMFORT Daily



MEINZ MIXED VEGETABLES. This is a nutritious blend of several vegetables, highly favoured for the diet of children. It contains potatoes, sweet potatoes, carrots, celery, green beans and onions. A special ingredient gives a delicious flavour that is entirely different from ordinary vegetable mixtures. CREAMED GREEN VEGETABLES solves the problem of how to make children like greens! It's a luscious combination of kale, green lettuce, green asparagus, peas, milk and cream.

HEINZ SPINACH. The dark green curly variety of spinach is cut into particles of such size that only a moderate amount of chewing is required.

PINEAPPLE RICE PUDDING is prepared from fancy Hawaiian pine-apple in a wholesome custard enriched with rice. Its high carbo-hydrate content makes it an energy-giving food—the eggs and mike increase its nutritive value.

CREAMED DICED VEGETABLES. Choice vegetables, milk and rice in a diced or chopped form. Addition of a yeast concentrate improves the high vitamin B and G content.

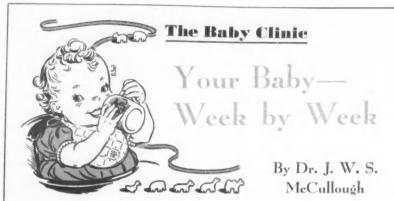
LAMB AND LIVER contains lamb meat and liver and chicken liver—making this product of value for anemia prevention and correction. Choice vegetables improve the vitamin content and flavour.

CHICKEN FARINA VEGETABLE POR-RIDGE is made from the meat and broth of selected chickens, tasty vegetables, durum farina, wheat germ and milk. Here's a savoury way to get more cereal in baby's diet! He'll really enjoy it.

HEINZ CARROTS. Sweet, mature carrots are chopped coarse enough to require chewing. The rich

PRUNE PUDDING. Choice prunes and farina are cooked with milk and eggs, producing a dish that is less laxative than plain prunes and has an excellent nutritive balance.

APPLE, FIG and DATE DESSERT. Ripe, full-flavoured apples are blended with the small-seeded variety of white figs and select dates. Lemon juice is added to enhance this combination of rich, zestful flavours with a touch of tartness.



### End of First Week

Begins to like soft, diffused light, opens eyes in shadow only and may

#### End of First Month and Early in Second

May begin to notice differences in foods by combined taste and smell. Beginnings of attention shown by pursing up mouth, wrinkling of forehead, elevation of brows, fixation of gaze, etc. Soon likes to be stroked, handled and caressed. Enjoys sunlight, fires, lamps and bright objects. Shows interest in barking of dog, ticking of watch, music and singing.

#### Six to Seventh Week

Distinct expression of feelings. First true, bright, responsive smile, cooing and chuckling.

#### Eighth Week

Begins to show concentrated attention in following slow-moving objects with eyes, in noticing faces. "Knows his mother."

#### Fourth Month

Head ceases to be wobbly, a manifestation of will power. Shows interest and joy in parents and familiar friends; is alarmed or frightened by strangers. Is "becoming shy."

### Fifth Month

Crows or laughs aloud, or as J. M. Barrie said in "Peter and Wendy," "When the first baby laughed for the first time, its laugh broke into a thousand pieces and they all went skipping about and that was the beginning of fairies."

#### Sixth Month

Weight at birth doubled.

#### Fifth to Seventh Month

Reaches for and handles toys. Carries everything to the mouth, even his own toes, which he does not yet recognize as part of himself.

#### Eighth to Ninth Month

Able to sit erect.

#### Ninth to Tenth Month

Crawls or attempts to bear weight

#### Eleventh to Twelfth Month

Walks or stands alone or with assist-

#### Twelfth Month

Weight at birth trebled. Six teeth cut. Can say single words.

#### Twelfth to Fifteenth Month

Walks alone. Discovers new delights every hour. Absorbs new experiences as a sponge absorbs water.

#### Eighteenth Month

"Soft spot" in head closes. (Consult a doctor if closure is delayed beyond

#### Eighteenth to Twenty-fourth Month

Begins to have some power of distinguishing colors—especially red and

#### Twenty-fourth Month

Puts words into sentences. Should talk well. Sixteen teeth cut.

## Your Question Box

Question-My boy, now twenty-six months old, does not talk very much. At his age all my other children could talk quite well. Can you tell me the cause and advise me what to do?-Mrs. R. H. H., Barrie, Ont.

Answer-Delay in talking may be due to deafness, tongue-tie-the least common cause of all-mental weakness, or it may be congenital. Speech is only acquired after the child has learned to interpret the sound of the spoken word. Absolute deafness will lead to absolute dumbness. If your boy can say some words and is not deaf, I should have hopes for him. Have his hearing tested by your doctor.

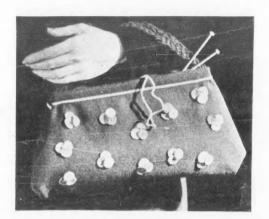
Question—What is peripheral neuritis? What is the cause? Is it dangerous?-Mrs. M. N. H., Neepawa, Man.

Answer-A disease of the motor nerves with weakness leading on to paralysis. There is usually tenderness of the muscles and nerve trunks. Except for the neuritis following diphtheria, the affection is rare in children. Some cases, notably in Japan, are due to the face powder containing lead, used by the mothers. If the cause be promptly removed, most cases improve with rest in bed. Heat, massage and electrical treatment are useful.



## A Cheery Knitting Bag

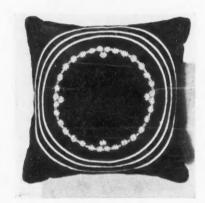
Quickly and Easily Made



C728—You're knitting, of course—so here's a gay little knitting bag, made in an hour or so from rich-toned felts, to bring the courage of color to your work. Finished size about 8 x 14 inches. Comes stamped on queen's royal or French blue art felt or on black or woodsy green feltex, with little circles of art felt in bright colors simply attached by a French knot in the centre of each. Complete materials, including lining and pliable bones for stiffening top, price 85 cents.

## In "Lazy Daisy" and "Ritzy Rope"

C730 — This cushion is charming, made from taffeta silk in black, French rose, olive green, midnight blue or old gold, with a lazy-daisy ring and outer design in ritzy-rope effect—that is three rows of chain stitch, the centre one to match the daisies, and one on each side in green. A distinctive companion for the "Starry Sky" cushion—the same size. 19 inches, and the same price, \$1.25. Cottons for working are 10 cents and a form can be supplied at 55 cents. Please state color desired in taffeta and for working daisies.





## For Your Canary

C731—This quaint little old-fashioned girl makes a delightful picture that you will enjoy working in a variety of simple stitches for a bird-cage cover. Stamped on fine English poplin in black or green, 31 inches square, complete materials, including cottons for working and binding for edges, price 75 cents.

## "Radiant Rose" for Your Linens

C729 — You'll enjoy working these pillowcases and towels in "Radiant Rose" design. In medium size cross-stitch, you will find these quick and easy to work and really lovely when finished. The roses may be worked in any suitable color—pink, medium or deep rose, or yellow—please state preference. The pillowcases are stamped on finest, circular linen-finished English cotton, size 36 x 40 inches—price \$1.25 per pair; the towels are of finest white linen huckaback, 18 x 30 inches—price \$1.10 per pair. Cottons for working either pair come to 10 cents.



These are Chatelaine Patterns, Handicraft Series. ORDER FROM Marie Le Cert, Chatelaine, 481 University Avenue, Toronto, enclosing postal note or money order. If sending cheque kindly add fifteen cents for bank exchange. Articles from previous issues can always be supplied. Full directions for working are sent. Prices include postage.



## If you have recently recovered from a prolonged illness

...or a stubborn, weakening cold...cod liver oil is an excellent tonic to take. It is rich in Vitamins A and D, those vitamins many doctors say are so important to convalescents and invalids. And now THERE IS A BETTER WAY TO TAKE COD LIVER OIL—SCOTT'S EMULSION!

**1—Scott's Emulsion** has *all* the values of cod liver oil and is four times more easily digested.

2—Easily digested—The exclusive method of emulsifying the oil permits digestion to start in the stomach, whereas digestion of plain cod liver oil does not begin until the oil passes into the intestines.

**3—Easy to take**—Scott's Emulsion has a pleasant taste. Easy to take and retain by children and adults.

**4—Economical—S**cott's Emulsion is an economical way to obtain the Vitamins A and D so necessary to strong bones and sound teeth.

## SCOTT'S EMULSION

## Happy Hobbies 35c 3 for \$1

CREATIVE HANDICRAFTS. By Mabel Reagh Hutchins. Practical information on seven fascinating handicrafts—Pottery, Weaving, Basketry, Metaleraft, Leathercraft, Bookbinding, Block Printing and the Art of Dyeing.

THE KNITTING BOOK. By Elizabeth King. What and how to knit. Contains complete instructions on how to make every kind of knitled garment.

practical handbook on the art of quilting. Fourteen full page illustrations as a guide to patterns and designs.

SKUNG FOR ALL. By Otto Schniebs. Written by the former Olympic ski coach: really tells you how to ski and is invaluable for both beginner and experienced skier. 125 illustrations by the author.

ORDER COPIES TODAY-35c,-3 for \$1.00-ASK FOR COMPLETE LIST

TRANS-CANADA NEWS CO., 208 Dundas Street West, Toronto



## EXTERNALLY CAUSED PIMPLES CLEARED

Miss Anne Chorney of Fosston, Sask., writes: "Due to some external cause, my face was covered with pimples, I used Cuticura Soap and Ointment—and my face began to improve, Finally the pimples disappeared entirely." Give your skin the beauty-benefits of Cuticura. Buy BOTH Cuticura Soap and Ointment at your druggist's today, Each 25¢.

## **WAKE UP YOUR** LIVER BILE-

And You'll Jump Out of Bed in the Morning Rarin' to Go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You get constituent of the story, and you feel sour, sunk and the world looks punk.

A mere bowel movement doesn't always get at the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liver Pills to get these two pounds of bile flowing freely, and make you feel "up and up". Harmless and gentle, they make the bile flow freely. They do the work of calome but have no calome or mercury in them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else, 250

#### THIS BOOK SHOULD BE IN EVERY HOME!

"The Universal Home Doctor is modern and quite reliable," comments Canadian medical authority who examined the

book.

This book deserves a place in every home — the latest, most reliable family medical reference—832 pages, thousands of authentic facts; hundreds of photographs, illustrations, anatomical draw-

#### UNIVERSAL HOME DOCTOR

Compiled in Harley Street, medic centre of London; edited by eminer Harley Street physician. Every one of 2,500 subjects written by an exper Handsomely bound in rich red Morocco grained cloth.

This Offer for Canada Only!

A Book Valued at Over \$5.00 for Only (Postpaid: Air Mail Extra)

HOME BOOK SERVICE

208 Dundas St. W., Toronto, Canada

# THE AWFUL PRICE YOU PAY

**Read These Important Facts!** 

Quivering nerves can make you old, haggard and cranky—can make your life a nightmare of jealousy, self pity and "the blues."
Often such nervousness is due to female functional disorders. So take reliable Lydia E. Pinkham's Vegetable Compound to help calm unstrung nerves and lessen functional "irregularities." For over 60 years Pinkham's has helped thousands of grandmothers, mothers and daughters "in time of need."
Pinkham's Compound is made especially for women from wholesome roots and herbs each with its own special work to do. One of the most effective "woman's" tonics made! Try it!

Note: Pinkham's Compound comes in liquid or handy to carry tablet form (similar formula).

## The Doctor's Party

Continued from page 63

She wondered if behind those walls he had left the ghost of his love. He had worked hard on the farm

after that, rising with the sun and going to his room with the darkness.

On her occasional visits home, the desolation of that house crept into Shiela's blood threatening to defeat her, too, as it had defeated her mother and Dermot—and sent her flying back to the glamour and distraction of the

city.
"You haven't seen Steve since you came home, have you?" Dermot was wiping the inside of the cloudy windshield with his glove.

"What chance has there been? I just

got home today."
"There's a telephone," Dermot said. She did not want to see Steve Fallon, nor hear his voice. Not any more. He had no place in this new life, nor the life that was to be; not Steve, nor the country and the sick desolation and loneliness that the farm had come to mean since June. There were other plans-plans that were like whirling eddies into which she had stepped and could not extricate herself, nor even

feel the desire to.

Dermot said, "I would like to have things straightened out between you and Steve before I go." He did not look at her as he spoke.

"Where are you going?" she asked quickly, with fear in her heart.

"I'm going to Montreal the day after Christmas. I waited until now, for mother's sake. Christmas means a lot to her." He laughed harshly He laughed harshly That is, it did mean a lot-once.

"What—are you going—to do—in Montreal?"

'A chap I studied with at 'varsity. Seems he has property there. He says I can be of some help to him. It's an out—and a chance, maybe. I'm going to take it."
"And leave mother?"

That would be the kindest thing I could do, and you know it.'

"Dermot, don't talk like that. Mother would die-thinking of you

there all alone and unhappy—"
"Mother died last June," he said.
"Does she know—this?"

"No. I want you to tell her after I've gone.

"Oh, Dermot!" She covered her face with trembling hands. "Why does it have to be like this? Wby?"

"Listen—Steve is your answer, whether you know it or not, You belong with him. He won't come crawling to you after what you've done to him. You'll have to make the first move. There's a lot at stake, Shiela. Your whole future. Don't be a fool. Steve cares for you. He'll never

'Neither will you," she said quickly. "You can't run away from your feeling for Gail. You can't lose it in Montreal-or any place on earth. Oh, Dermot-why couldn't you have loved someone else, and staved here with us right, and made it all come out as we

"I was talking about Steve and you," he said stonily, "The city is no place for you. Will you think it over? I've

never asked anything of you before." "Don't go, Dermot!" she begged, in terror at the thought; confused, unleave us. What would we do without you?" happy, frightened. "Don't go and

"You'd hold up your heads once more," he answered with brittle laugh-

ter. "Dermot, Dermot!" her heart moaned.

Now they came into the outskirts of town. Lights gleamed faintly through the snow.

"What time shall I come back for

"I'll give you a ring," she said.

THEY DREW up near the old familiar house. The windows seemed friendly and inviting back through the trees.

With heavy steps, she made her way toward the house. At the porch, she discovered the loss of her gold sequin evening bag, and remembered distinctly having tucked it under her arm as she started along in the blinding snow. She must have dropped it-

Hurriedly she retraced her steps before the snow should conceal the purse where it had fallen.

Not until she was almost upon them did she see the couple standing close to a parked car in a brief but stormy embrace. She turned away quickly, but the sound of the man's voice now arrested her steps-a low, intimate, enamored voice; a voice that she knew only too well. Its nuances and overtones were engraved on her conscious-

He was kissing a woman here in the snow before Doctor Mart's house, confident that the snowy curtain and the darkness were his allies. Warren Blodgett! Was it possible that he was going to Doctor Mart's party tonight? And who was the woman? Who could

She stepped back into the shadows. Shortly, she followed them into the ouse. The woman, she discovered, was Estelle Randolph . .

THE JEWEL case deserved its fantastic local reputation.

Gail Chisholm fingered a string of matched pearls idly. She had chosen black velvet to wear tonight to Doctor Mart's affair; an off-the-shoulder dinner dress with a bertha of Venetian lace, demure and effective. She would have enjoyed scandalizing the natives with one of her more bizarre costumes. But somewhere in the emotional confusion of her heart, there lingered a reluctant tenderness for the doctor who had brought her into the world. He was, she knew, impressed neither by her paganism nor by her moods of angelic sweetness. She couldn't fool him. He was impervious to her irreproachable technique, and she resented Yet there were times when she wished she might have had such a man for a father.

Her own father, now past eightyfour, doddered through senility. valuable stamp collection constituted his interest in life. From a gesture of affectionate generosity, he would swing to one of unreasoning contempt. at such times, life in the Chisholm household became unbearable.

Her mother had married for money, but at an enormous price. Watching them together sometimes, Gail wondered that either had survived the wretched mockery of their marriage, with the discrepancy of forty years in their ages an unclean ghost in the house.

No one had urged her to accept Doctor Mart's invitation. She respected him more, probably, than anyone she knew. It would not have occurred to her to decline. His substantial presence in a mad world gave her an illusion of

She fingered the pearls indecisively, poked farther into the case. Then she came across a trifle that had no place in so elegant a setting; a bobby pin around which had been knotted some withered sprigs of clover.

She looked into the mirror, smiled woodenly at the face she saw therethe slim young oval face with its frame of chestnut hair, and the spoiled, restless eyes that were neither blue nor green but a little of both. And she thought of the young count she had met on the steamer going to Bermuda last June-and what he had said of that face. And she thought of the movie idol who had made love to her at Banff.

No use. You couldn't shut it out. Ever. Ever . . . The absurd bit of steel seemed to burn her fingers. Swiftly and with a hushed cry she turned away from the mirror to cross the room and drop to the window seat, her white face pressed hard against the snow-driven pane.

The day came back, as the old days will. And it was not winter, but a summer day when she and Dermot O'Connor had sat on a clovered hill above the river, and all the world was new and strange and beautiful-with familiar things no longer familiar in their own casual way, but glamorous, touched with the magic of a heart's awakening. Dermot beside her there the two of them blinded by the beauty into which they had stumbled.

There had been cleanness in his eyes. There had been ambition and strong self-confidence. Youth. Not the jaded youth of rich men's sons, but a youngness geared to ambition and courage. She had known an indescribable present, and the dream of a sweeter future. She had found an honest man who

loved her truly. Wild as a hawk—That was what they said of Gail Chisholm. Nor would one of them have believed the true longings of her heart. Always she had been a pawn between her parents-each of them playing her against the other with never a thought for her self or her soul or her good, but only for their ignoble, selfish whims.

At nineteen she had found Dermot and love. He had not restored illusion but created it; a thing more dear than any of her possessions. And then without warning, he had walked off with her tender faith, to be shut behind prison walls to serve a sentence for a dishonorable act of which she had considered him incapable.

The soft whisper of snow against the pane, in one of the storm's gentler moments, reminded her that time was passing and that she must hurry. It would not be fair to delay Doctor Mart's dinner.

\* To be Continued

## The Enchanted Castle

Continued from page 18

"We're going on a rescue expedition," said Peter. "The Weather Man chief cook blew his whistle. is preparing the ship Good Will . . . "We're coming along splendidly, and we're to prepare enough food to take to the Africans to save their

"Cake!" added Robert, pulling his

finger out of his mouth.

"Hurrah!" shouted the cooks, and began jumping off the table, drying their eyes and putting their hats on straight. "To your posts everyone!" shouted the chief cook. "We must

When everyone was standing at attention, the cook called out, "What shall we take?" Everyone thought hard. "Cake!" said Robert again. "Birthday cake!" shouted one of the cooks, "I make it so it looks like a wedding cake. The Africans will love it!"

"Okay," said the chief cook. "What

All the cooks started shouting their favorite dishes. Pies. Tartlets. Ham sandwiches, Biscuits. Plum jam. Homemade bread, Apple salad. "Okay," cried the chief cook. "To

the salad department first!'

As they put the little ladders against the table on which the salad machine stood, Mary asked, "Why do you have everything so large? Why aren't your tables and machines little, like you?"

All the cooks stopped and stared at each other. Obviously, it had never occurred to them. Then the chief cook said, briefly, "I guess we prefer it that way. Otherwise it wouldn't be that

Mary was just going to argue when Peter told her to keep quiet. "We've got to get the food ready," he whis-pered. "Let's watch!"

MAKING THE salad was fun. Peter and Mary helped with chopping up the fruit and vegetables, while Robert was allowed to sit on the mixing machine and pedal hard. If you look in the picture you will see that when he pedalled, the mixing wheel went round and round, and so made the salad smooth. Three cooks took turns in sitting on the bulb that sent the whipped cream flowing into the salad bowl. Another cook kept pulling a lever which sent down special nuts and other goodies into the big bowl. They all worked very hard, until suddenly the chief cook blew a whistle. "That's enough salad," said he. "Now we'll move into the sandwich depart-

Robert jumped quickly down off the salad mixer and, racing to the table, picked up one end of a long crosscut saw. "Me!" he said emphatically. Peter and Mary thought it was quite all right for him to help, because, after all, he had been the cause of the whole trouble. So Mary began to mix the mustard and fill the pots, and Peter lifted the huge loaves of bread onto the

There was a tricky little crane which lifted the slices of bread one by one and lowered them carefully on top of the ham. Then Peter leaned forward, untied the rope, and cut the sand-wiches into four, while the little cooks busily hauled down another slice of bread for the next sandwich. They worked until all the bread was finished,

"We're coming along splendidly, my men," he said. "I see by the magic mirror that the Weather Man is getting ready for us. Now we'll move to the cake table."

The children were so fascinated by the way the little men made the cake and decorated it with icing that they stared in wonder. They didn't offer to help, because everything was being handled so cleverly that they were afraid of spoiling it. When one cook stood on the bellows which sent the icing in a long thin tube out of a nozzle, he didn't seem heavy enough. So two cooks hung onto the rope at the other end of a lever and jiggled themselves up and down, until their arms were tired. Then they jumped down, and two others edged their way carefully out along the lever and slid down the rope to make an extra weight. If look at the picture, you can tell that the two cooks who are hanging on have grown very tired and are just about ready to drop off. But do you see the other cook working his way along the lever, ready to take their place?

The wide doors at the end of the kitchens flew open suddenly, and there was Mr. Ruditoot, the castle bugler. He was tooting away on his horn as loudly as he could. "Oh dear, oh dear!" fussed the chief cook. "That means the Weather Man is ready for us. Pick up the food, folks, and let's go!"

The chief cook grabbed a large spoon and took his place at the head of the procession. Mary picked up a large tray of jam tarts. Robert lifted an apple pie and held it carefully on his head. Peter took up a bowl of nuts and fruits. The birthday-wedding cake had been put carefully on a flat carrier, and as they started away, winding through the immense halls of the Enchanted Castle, the cooks fell in behind, all carrying some kind of

food.
"They'll be glad they had a tor-

"They'll be glad they had a tornado," said Mary. "With all this food."
"Hungwy," said Robert.
The chief cook heard him, and turned his head slightly. "Just wait a few moments, children," he said. "As soon as we get the food packed you can eat as much as you want. We've got

to get it on the airplane first."
"Airplane!" gasped the children.
"Why, yes," said the chief cook. "We've got to take an airplane trip first, and then a journey on board the ship Goodwill."

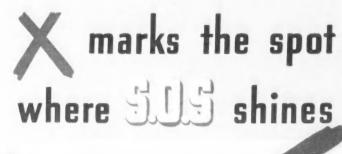
"With all this food?" said Peter in

"With all this food?" said Peter in dismay. "You can't load down an airplane with all this!"

"Wait and see, lad," said the chief cook quietly. "It's going to be a wonderful adventure all right, all right!"

"Well, we're ready for it!" said Peter eagerly, and Mary added, "And I guess all the boys and girls who are reading about our adventures will reading about our adventures will want to come too!"

(Do you want to go with the children on their astonishing airplane ride? Next month's Chatelaine will tell all about it with more W. Heath Robinson pictures.)





THE SCENE :

Your Kitchen Sink

THE VILLAIN . Messy pots and pans THE HEROINE . . . . . . . You THE HERO . . . . . . . S.O.S.

THE PLOT: Up to your elbows in scrubbing and scraping, you come on a villainous pan, black as the ace of spades.

S.O.S. to the rescue. Dip, rub, rinse. Off with stains and scorches—away with grease and crusted food. Madam, here is your pan shining bright as new.

How come? S.O.S. cleans, scours, polishes in one simple operation. And the new oval shape, patented distribution of soap, special interwoven construction—all make S.O.S. a truly magic cleanser for your pots and pans.



S.O.S. keeps

shining like new



No. 2. VOL. 13.

# as an Editor Sees it —

by BYRNE HOPE SANDERS



Mary Lowrey Ross interprets Ross for you the new idea in teaching your child the three R's.

Barr Donald Donald Barr Chidsey likes to write stories of people in un-usual situations. Thus the setting for his "Mr. and Mrs. Elegant."

AS THE final pages of this February issue go to press, the excitement from our January article on the potential market for handicrafts is mounting steadily. There have been hundreds of letters from women, from teachers and heads of women's organizations; from Members of Parliament and department store executives. Newspapers throughout Canada have shown a vigorous echo of the main theme of our article—that awaiting Canadian initiative and interest is an opportunity to create a new industry. It's not the sort of thing that happens overnight . . . but we'll have more news for you in early issues. Let me know, please, of any interesting . but we'll have more news for you in developments in your own community.

COULD YOU, even to yourself, give solid proof that your life has been worth the opportunities you've been given? Doctor Mart when he sent special invitations to six of his "babies" now grown to maturity, to come to his home, had a special plan in mind—a plan which Mary Frances Doner makes vitally dramatic in her new serial "The Doctor's Party." This novel—to be published in book form this Autumn-will come to you in three parts. Mrs. Doner has written over two hundred short stories for publication and ten serials. Her last novel went into its third edition. She's another star writer of the day and we're mighty proud to have her novel following that of I. A. R. Wylie's. I doubt if we shall ever have a heroine I liked quite so well as

CONSIDER THIS paragraph a big bass drum calling your special attention to the story by Mary Lowrey Ross on what's happening to our

schools. If you have a youngster at school, you'll probably have read it by now. So the drum beats for those of you who might pass it over, feeling that, as you have no children at school, the feature is not for you. Don't miss it! Mrs. Ross, who is one of Canada's most brilliant and thoughtful writers, has captured the whole spirit of the new educational movement, and tells it to you with a penetrating understanding. For the sake of the school pupil you once were—see what's happening to the children today. You'll be glad you gave heed to the drum
. . . Next month Chatelaine brings you the hilariously funny story of a household-with a baby, and a new maid. It too, is by Mary Lowrey Ross. She calls it "Life Isn't Like the Movies," It will warrant a whole fanfare!

THE DUTY of this paragraph is to make joyful amends and give many apologies for the error I made in saying that W. Heath Robinson, the famous illustrator of "The Enchanted Castle" was the "late" Mr. Robinson. How I made the error is a long story-and unimportant, since the main fact is that Mr. Heath Robinson is working at full speed in England making more of his illustrations. His interpretation of humorous aspects of the war, is today, as it did in 1914, bringing him fresh honors. From every side I'm hearing of the popularity of his pictures in *Chatelaine*. This month's series is pictures in Chatelaine. This month's series is particularly attractive. One child proved again the theory that all children like minute pictures best, by saying in delight "Oh look, the little tip-top they're putting on the cake, is there on the cake in the procession!"

THE MACLEAN PUBLISHING COMPANY LIMITED 481 UNIVERSITY AVENUE, TORONTO, 2, CANADA JOHN BAYNE MACLEAN, Founder and Chairman HORACE T. HUNTER, President H.V. TYRRELL, Vice-President and Managing Director BRANCH OFFICES: Dominion Square Bidg., Montreal; 522 Fifth Avenue, New York; 919 North Michigan Ave., Chicago; England, The MacLean Company of Great Britain, Limited, Sun of Canada Bidg., 2 Cockspur Street, London S.W.1. Telephone Whitehall 6642; Telegraph, Atabek, Lesquare, London YEARLY SUBSCRIPTION PRICE—In Canada \$1.00; Canadian points served by air only, \$1.50; all other parts of the British Empire \$1.50 per year. United States and Possessions, Mexico, Central and South America, France and Spain, \$2.00 per year, all other countries \$3.00 per year. Single copies 10c. Copies on sale at bookstalls of leading London, Eng. hotels, 9d. Copyright, 1940, by The MacLean Publishing Company, Limited. Registered in Canadian Patent and Copyright Office. Registered in United States Patent Office.

Copyright Office. Registered in United States Patent Office.
The characters and names in fiction stories appearing in Chatelaine are imaginary and have no reference to living persons.
Manuscripts submitted to Chatelaine must be accompanied by addressed envelopes and sufficient postage for their return. The Publisher will exercise every care in handling material submitted, but will not be responsible for the loss of any manuscript, drawing or photograph. Contributors should retain copies of material submitted.
Chatelaine is fully protected by copyright and its contents may not be reprinted without permission. Use of its articles, in whole or in part, for advertising purposes or in stock selling or promotion, is never sanctioned.

H. NAPIER MOORE, Editorial Director. H. NAPIER MOORE, Editorial Director,
BYRNE HOPE SANDERS, Editor,
WALLACE M. REYBURN, Assistant Editor,
HELEN G. CAMPBELL, Director, Chatelaine Institute
EVAN PARRY, Editor "Your Home" Department,
N. ROY PERRY, Business Manager,
J. R. THOMPSON, Advertising Manager.

### CONTENTS FOR FEBRUARY

#### FICTION

The Fatal Mistake...Elisabeth Sanxay Holding 10 The Enchanted Castle....W. Heath Robinson 17

#### GENERAL ARTICLES

New Schools for Old......Mary Lowrey Ross 14

#### BEAUTY CULTURE

Put Your Personality Over....Carolyn Damon 25 Don't Throw It Out!...........Carolyn Damon 27 First Flight Into Dressmaking (pattern) ...... 34 

#### "YOUR HOME"

1940 Is A Good Year to Build!.... ..... Evan Parry, F.R.A.I.C. 43 House Clinic ...... 48

HOUSEKEEPING

"What Do You Mean By Balanced Meals? The Daily Grind...... Helen G. Campbell 52 Meals of the Month......M. Frances Hucks 54 Valentine Vanities......M. Frances Hucks 60

## REGULAR FEATURES

The Baby Clinic.....Dr. J. W. S. McCullough 64 New Handicrafts......Marie Le Cerf 67 As An Editor Sees It..... Byrne Hope Sanders 68

